

Yours Is the Day, Lord, Yours
Is the Night

Yours Is the Day, Lord, Yours Is the Night

A Morning and Evening Prayer Book

Jeanie Gushee and David P. Gushee, Editors

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Lord! Who hath praise enough?

—George Herbert

Oh Lord, how shining and festive is your

gift to us, if we only look, and see!

—Mary Oliver

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Introduction

This book offers a collection of morning and evening prayers, a different one for every day and

night of the year, drawn from the ecumenical treasury of Christian prayer through the ages. We have organized them to reflect the seasons, the holidays, and the liturgical calendar of the Western Christian Church. Drawing copiously from Catholic, Protestant, and Eastern Orthodox Christianity, it includes prayers from the Old Testament period to the first century AD to 2012, and from every habitable continent in the world. It could well be the most ecumenical and comprehensive Christian prayer book to date. As such, we hope this prayer book will not only inspire personal Christian devotion but help build a stronger sense of connectedness to Christian tradition and the universal church. We are reminded of Christ's prayer in John 17:11–12: "Holy Father, keep through thine own name those whom thou hast given me, that they may be one, as we are" (kjv).

Yours Is the Day, Lord, Yours Is the Night is suitable for use by individuals, couples, families, prayer groups, and churches. However, we primarily designed it with individuals in mind, to assist Christians in their daily prayer times with God. Our book is not meant to serve as a substitute for spontaneous Christian prayers, but as a springboard for them. We hope that others will use these morning prayers as we do—as a way to greet the new day with God, be inspired by the noble aspirations of some of the heroes of the faith, and talk with God about the feelings in our own hearts. Worth mentioning is that reading a prayer is not the same thing as praying one. These words must echo the intentions of our own hearts to be prayers to God. That may require reading them more than once. The prayers vary in length, but the majority of them are fairly short. We have abbreviated some for easier use.

The evening prayers close the day, asking for God's blessing as we drift off to sleep, thanking God for good aspects of the day just concluded. It is our hope that this book will assist Christians in their daily prayers for a lifetime.

The Christian liturgical calendar includes a few holy days that vary from year to year as to the date on which they fall. (Ash Wednesday, for example, begins the Lenten Season some years in February, other years in March. Advent, also, arrives sometimes in late November, other years in December.) In whatever year you are praying through this daybook we suggest that on Ash Wednesday, the days of Pentecost and Trinity Sundays, Holy Week, and the Season of Advent, you flip over to the prayers selected for those days. The next day, return to the prayer in the book appropriate for the calendar day.

The apostle Paul instructed followers to “pray without ceasing” (1 Thess. 5:17 [kjv](#)). It is our prayer for this book that its readers will use it to honor God and seek Him in prayer each morning and night of the year, each year of their lives.

Blessings!

Jeanie and David Gushee, February 2012

January 1

New Year's Day

Morning

Since, oh sweet Jesus Lord, you are the present portion of your people, favour us this year with such a sense of your preciousness, that from its first to its last day we may be glad and rejoice in you! Let January open with joy in the Lord, and December close with gladness in Jesus.

—Charles Spurgeon

Evening

Our Father and our God, as we stand at the beginning of this new year we confess our need of Your presence and Your guidance as we face the future.

. . . You alone know what it holds for us, and only You can give us the strength and the wisdom we will need to meet its challenges. So help us to humbly put our hands into Your hand, and to trust You and to seek Your will for our lives during this coming year. . . .

As we look back over the past year we thank You for Your goodness to us—far beyond what we have deserved. . . .

And so, our Father, we thank You for the promise and hope of this new year, and we look forward to it with expectancy and faith. This I ask in the name of our Lord and Savior, who by His death and resurrection has given us hope, both for this world and the world to come.

Amen.

—Billy Graham

January 2

Morning

O God who changest not with changing years, we, creatures of time, look back along the road we have come. We thank thee for all thy loving kindness and tender mercies along the way. When the road has been dark thou hast not failed us, though I have often failed thee. . . I look forward, knowing not what may befall in the year that has just begun. . . O thou who art both guide and goal, whose companionship is our stay and strength, go with us, we pray thee, into the New Year and bring us at last to our journey's end in peace. Through Jesus Christ our Lord.

—Leslie D. Weatherhead

Evening

Grant, O Lord, that as the year changes, I may find rest in Your eternal changelessness. May I meet this new year bravely, secure in the faith that, while we come and go, and life changes around us, You are always the same, guiding us with Your wisdom, and protecting us with Your love.

—William Temple

January 3

Morning

Almighty God, who alone art without variableness or shadow of turning, and hast safely brought me through the changes of time to the beginning of another year; We beseech thee to pardon the sins we have committed in the year which is past, and give us grace that we may spend the remainder of our days to thy honour and glory; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer of the Church of Ireland*

Evening

I thank you, O God, for your care and protection this day, keeping me from physical harm and spiritual corruption. I now place the work of the day into your hands, trusting that you will redeem my errors, and turn my achievements to your glory. And now I ask you to work within me, trusting that you will use the hours of rest to create in me a new soul. Let me rest tonight in your arms, and so may the dreams that pass through my mind be holy. And let me awake tomorrow, strong and eager to serve you.

—Jacob Boehme

January 4

Morning

Lo, fainter now lie spread the shades of night,
And upward spread the trembling gleams of morn;
Suppliant we bend before the Lord of light,
And pray at early dawn,
That his sweet charity may all our sin
Forgive, and make our miseries to cease;
May grant us health, grant us the gift divine
Of everlasting peace.

Father Supreme! this grace on us confer,
And thou, O Son, by an eternal birth!
With Thee, coequal Spirit comforter!
Whose glory fills the earth.

—Saint Gregory the Great

Evening

That this evening be holy, good and peaceful:
We pray to you, O Lord.
That your holy angels may lead us in the paths of peace and
goodwill:
We pray to you, O Lord.
That we may be pardoned and forgiven for any sins and

offenses committed this day,

We pray to you, O Lord. . .

That we may be bound together by your Holy Spirit, in
communion with all your saints, entrusting one another and all our
life to Christ:

We pray to you, O Lord.

—Unknown

January 5

Morning

Faithful Guide,

you sit at the gate of my life,

inviting me to eagerly enter

the newness stretching before me.

As I attend to the old burdens

that have weighed me down with worry,

I look ahead with hopeful expectation

to what my heart most needs. . .

I seek to let go of what keeps me unloving.

I long to contribute to peace, in this world.

Attune me daily to the beauty in all of creation.

Embrace me with your serenity and tender mercy.

I give you my love as I walk into this new beginning.

—Joyce Rupp

Evening

My God, I love You with all my heart. I thank You for having kept me safe this day. Pardon me the evil I have done, and accept the good I have done. Take care of me while I sleep and deliver me from all danger. May Your grace be always with me and with all my loved ones. Amen.

—Unknown

January 6

Epiphany

Morning

O God, who by the leading of a star didst manifest thy only-begotten Son to the Gentiles;
Mercifully grant that we, who know thee now by faith, may after this life have the fruition of thy
glorious Godhead; through the same thy Son Jesus Christ our Lord. Amen.

—Thomas Attwood

Evening

Lord Jesus,
may your light shine upon our way,
as once it guided the steps of the magi:
that we too may be led into your presence
and worship you,
the Child of Mary,
the Word of the Father,
the King of the Nations,
the Saviour of mankind;
to whom be glory forever.

—Frank Colquhoun

January 7

Morning

Strong Son of God, immortal Love,

Whom we, that have not seen thy face,

By faith, and faith alone, embrace,

Believing where we cannot prove. . . .

Thou wilt not leave us in the dust:

Thou madest man, he knows not why,

He thinks he was not made to die;

And thou hast made him: thou art just.

Thou seemest human and divine,

The highest, holiest manhood, thou:

Our wills are ours, we know not how;

Our wills are ours, to make them thine. . . .

We have but faith: we cannot know;

For our knowledge is of things we see;

And yet we trust it comes from thee,

A beam in darkness: let it grow.

—Alfred, Lord Tennyson

Evening

Christ with me sleeping,

Christ with me awakening,

Christ with me watching,
each day and night. . . .
God with me protecting,
the Lord with me directing,
the Spirit with me strengthening
forever and for evermore.
Amen.

—Northumbria Community

January 8

Morning

Almighty and ever-present Father,
your watchful care reaches from end to end.
and orders all things in such power
that even the tensions and tragedies of sin
cannot frustrate your loving plans.
Help us to embrace your will,
give us the strength to follow your call,
so that your truth may live in our hearts
and reflect peace to those who believe in your love.
We ask this in the name of Jesus the Lord. Amen.

—William G. Storey

Evening

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels
charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying,
soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake.

—Augustine of Hippo

January 9

Morning

Deliver me, O God, from a slothful mind, from all lukewarmness, and all dejection of spirit. I know these cannot but deaden my love to you; mercifully free my heart from them, and give me a lively, zealous, active, and cheerful spirit, that I may vigorously perform whatever you command, thankfully suffer whatever you choose for me, and be ever ardent to obey in all things your holy love.

—John Wesley

Evening

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. Amen.

—*The Book of Common Prayer*

January 10

Morning

Glory be to Thee, O Lord, glory to Thee,

glory to Thee Who gavest me sleep

to recruit weakness,

and to remit the labours of this toilful flesh.

To this day and all days,

a perfect, holy, peaceful, healthy, sinless course.

[[THIS SHOULD BE SL4]]vouchsafe, O Lord.

The angel of peace, a faithful guide,

guardian of souls and bodies,

to encamp round about me,

and ever to prompt what is salvation,

[[THIS SHOULD BE SL4]]vouchsafe, O Lord.

Pardon and remission

of all sins and of all offences

[[THIS SHOULD BE SL4]]vouchsafe, O Lord.

To our souls what is good and profitable,

and to the world peace.

[[THIS SHOULD BE SL4]]vouchsafe, O Lord.

—Lancelot Andrewes

Evening

We give you thanks, O God, for revealing your Son Jesus Christ to us by the light of his resurrection: Grant that as we sing your glory at the close of this day, our joy may abound in the morning . . . through Jesus Christ our Lord. Amen.

—An Order for Compline

January 11

Morning

O my God, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all love. I love my neighbor as myself for love of you. I forgive all who have injured me, and I ask pardon of all whom I have injured.

—*Catholic Prayer Book*

Evening

Most High, Glorious God,
enlighten the darkness of our minds.
Give us a right faith,
a firm hope
and a perfect charity,
so that we may always
and in all things
act according to Your Holy Will.

—Francis of Assisi

January 12

Morning

All this day, O Lord,
let me touch as many lives as possible for thee;
and every life I touch, do thou with thy Spirit quicken,
whether through the word I speak,
the prayer I breathe, or the life I live.

—Mary Sumner

Evening

Abide with me! fast falls the even-tide!
The darkness deepens; Lord, with me abide!
When other helpers fail, and comforts flee,
Help of the helpless, oh, abide with me!

—Henry Francis Lyte

January 13

Morning

Make me to remember, O God, that every day is thy gift, and ought to be used according to thy command . . . through Jesus Christ. Amen.

—Samuel Johnson

Evening

Jesus Christ, the Love that gives love,
You are higher than the highest star;
You are deeper than the deepest sea;
You cherish us as your own family;
You embrace us as your own spouse;
You rule over us as your own subjects;
You welcome us as your own dearest friend.
Let all the world worship you.

—Hildegard of Bingen

January 14

Morning

Lord, help me to use honestly and well this day all the talents which You have given me, that the gain may not be mine only, but Yours and Your kingdom's; through Jesus Christ our Lord.

Amen.

—*Daily Prayer*

Evening

Visit this place, O God, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always. . .

Look down, O God, from your heavenly throne, and illumine this night with your celestial brightness.

—Unknown

January 15

Morning

O God who hast folded back the mantle of the night to clothe us in the golden glory of the day, chase from our hearts all gloomy thoughts, and make me glad with the brightness of hope, that we may effectively aspire to unwon virtues, through Jesus Christ, our Lord. Amen.

—Unknown

Evening

Lord God,

send peaceful sleep to refresh our tired bodies.

May Your help always renew us

and keep us strong in your service.

We ask this through Christ our Lord. Amen.

—Archbishop William Laud

January 16

Morning

Here, Lord is my life. I place it on the altar today. Use it as you will.

—Albert Schweitzer

Evening

As my head rests on my pillow,

let my soul rest in Your mercy.

As my limbs relax on my mattress,

let my soul relax in Your peace.

As my body finds warmth beneath blankets,

let my soul find warmth in Your love.

As my mind is filled with dreams,

let my soul be filled with visions of Your Heaven.

Amen.

—Johann Freylinghausen

January 17

Morning

May I accept this day at Your Hand, O Lord, as a gift to be treasured, a life to be enjoyed, a trust to be kept, and a hope to be fulfilled; and all for Your glory.

—Stanley Pritchard

Evening

O Lord, support us all the day long of this troublous life, until the shadows lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in Thy mercy grant us a safe lodging, and a holy rest, and peace at the last; through Jesus Christ our Lord. Amen.

—Cardinal John Henry Newman

January 18

Morning

Into Thy hands, O God, we commend ourselves this day. Let thy presence be with us even to its close. . . . Strengthen us to remember that, in whatsoever good work we do, we are serving thee. Give us a diligent and watchful spirit, that we may seek in all things to know thy will, and knowing it, gladly to perform it, to the honor of thy name.

—Gelasian Sacramentary

Evening

Almighty God,

from whom all thoughts of truth and peace proceed: kindle, we pray, in the hearts of all, the true love of peace . . . that in tranquillity [sic] your kingdom may go forward, till the earth is filled with the knowledge of your love; through Jesus Christ your Son our Lord.

—*The Book of Common Prayer*

January 19

Morning

I give thee hearty thanks, O God, for the rest of the past night and for the gift of a new day with its opportunities of pleasing thee. Grant that I so pass its hours in the perfect freedom of thy service, that at eventide I may again give thanks unto thee; through Jesus Christ our Lord. Amen.

—Daybreak Office of the Eastern Church

Evening

Most Holy Trinity, I commit my life, as I do this day now drawing to a close, to Your infinite mercy and love. May this night's repose refresh my body and soul so that tomorrow's dawn may find me more ready to give glory to the Father, Son and Holy Spirit.

—Michael Buckley

January 20

Morning

This new day You give to me

From Your great eternity.

This new day now unfold

Me in Your loving hold.

You are the star of the morn,

You are the day newly born . . .

God be in me this day,

God ever with me stay . . .

God be in my heart;

God abide, never depart.

—David Adam

Evening

O merciful God, eternal light, shining in the darkness . . . since thou has appointed the night for rest, and the day for labour; we beseech thee, grant that our bodies may rest in peace and quietness that after this they may be able to endure the labor they must bear. . . . Defend us against all assaults of the devil, and take us into thy holy protection.

—Unknown

January 21

Morning

Blessed art Thou, O Lord

our God . . .

Grant me to be a child of the light, and of the day . . .

Defend this day against my evil,

against the evils of this day Thou defend me. . . .

Day unto day uttereth speech:

to-day some knowledge, or deed, unto yesterday.

—Lancelot Andrewes

Evening

Grant us, Lord God, that while our bodies rest from the labours of the day and our souls are released from worldly thoughts, we may stand in your presence with tranquility at this time of evening and that we may offer you ceaseless praise and uninterrupted thanksgiving . . . now and always and forever. Amin [sic].

—*The Book of Common Prayer of the Syrian Church*

January 22

Morning

O Thou Good omnipotent, who so carest for every one of us, as if Thou caredst for him only . . .

Blessed whoso loveth Thee, and his friend in Thee, and his enemy for Thee. For he alone loses none dear to him, to whom all are dear in Him who cannot be lost. And who is this but our God, the God that made heaven and earth, and filleth them . . . And Thy law is truth, and truth Thou.

I behold how some things pass away, that others may replace them.

Thou madest us for Thyself, and our heart is restless, until it repose in Thee.

—Augustine of Hippo

Evening

Save us, O Lord, while waking,

And guard us while sleeping,

That when we are awake we may watch and work with

Christ,

And when we sleep, we may rest in peace.

—Unknown

January 23

Morning

O Lord our God, as Thou hast in mercy preserved me to the beginning of another day, enable me by Thy grace to live to Thee . . . Set my affections on things above, not on things upon the earth. Pour into my mind the light of Thy truth, and cause me to rejoice in Thy word. Shed abroad Thy love in my heart, and bestow upon me abundantly the peace and comfort of Thy Holy Spirit; for the sake of Jesus Christ our Lord.

—Isaac Ashe

Evening

Abide with us, Lord, for it is toward the evening and the day is far spent: abide with us, and with your whole church. Abide with us in the evening of the day, in the evening of life, and in the evening of the world. . . . Abide with us and with all your faithful ones, O Lord, in time and in eternity.

—David Adam

January 24

Morning

O God our Father,

help us all through this day so to live that we may bring
help to others,

credit to ourselves and to the name we bear,

and joy to those that love us, and to thee.

Help us to be cheerful when things go wrong;

persevering when things are difficult;

serene when things are irritating.

—William Barclay

Evening

We ask, Holy Father, that we may spend this coming night—which You have ordered for our rest—and all the remainder of our lives under Your divine protection and shield. For the powers of darkness and the evil, cunning tempter continually stalk us day and night, seeking to destroy our souls. O Holy Father, mercifully protect and defend us from treachery and temptation, and cover us with the wings of Your compassion.

—*Prayer Book for Earnest Christians*

January 25

Morning

May your Spirit guide my mind,

which is so often dull and empty.

Let my thoughts always be on you,

and let me see you in all things.

May your Spirit quicken my soul,

which is so often listless and lethargic.

Let my soul be awake to your presence,

and let me know you in all things.

—Johann Freylinghausen

Evening

O Holy Spirit,

I thank You for being with me this day,

for all the happiness Your will has brought,

and even for all the toil and hardships

I have had to accept.

Forgive me for the times I have forgotten You,

or forgotten to accept any sufferings

in the same Spirit as Christ.

Help me to rest in peace this night,

that I may wake truly refreshed

and willing to spend a new day in Your service.
Guard me this night as the Good Shepherd guards his flock.
Grant that, in Your mercy and love,
when I close my eyes on this world for the last time,
I may wake in the joy of Your presence
to a new everlasting day.
Amen.

—Harold Winstone

January 26

Morning

Creator Spirit, who broodest everlastingly over the lands and waters of earth, enduing them with forms and colours which no human skill can copy, give me to-day, I beseech Thee, the mind and heart to rejoice in Thy creation . . .

—John Baillie

Evening

You are holy, Lord, the only God, and Your deeds are wonderful. . . .

You are Good, all Good, supreme Good, Lord God, living and true.

You are love,

You are wisdom.

You are humility,

You are endurance.

You are rest,

You are peace.

You are joy and gladness,

You are justice and moderation.

You are all our riches, and you suffice for us.

—Francis of Assisi

January 27

Morning

Lord of the world, I thank thee for the joys
Which thou in mercy hast vouchsafed to me.

—Byrhtnoth

Evening

Soothe me with a lullaby of promise;
Rock me, singing certainties of rest:
guarded with a strong and valiant angel,
cradled in Your love and sweetly blessed,
pillowed in a beam of Heaven's light,
covered by soft mercy through the night.

—Gail McCoig Blanton

January 28

Morning

Almighty God in Trinity

From all my heart be thanks to Thee

For Thy good deed, that Thou me wrought,

And with Thy precious blood me bought,

And for all good Thou lendst to me,

O Lord God, blessed may Thou be!

All honor, joy and all loving

Be to Thy name without ending.

—Richard Rolle

Evening

Blessed art Thou, O Lord, our God, the God of our Fathers,

Who hast created the changes of days and nights,

Who givest songs in the night,

Who hast delivered us from the evil of this day . . .

Glory be to Thee, O Lord, glory be to Thee . . .

for all Thy divine perfections in them;

for Thine incomprehensible and unimaginable goodness,

and Thy mercy towards sinners and unworthy men,

and towards me of all sinners far the most unworthy.

Yea, O Lord, . . . glory to Thee,

and praise, and blessing, and thanksgiving,
with the voices and concert of voices
of Angels and of men,
of all Thy saints in heaven,
and all Thy creatures in heaven or earth.

—Lancelot Andrewes

January 29

Morning

O King of Glory and Lord of valors, our warrior and our peace, who hast said “Be of good cheer, I have overcome the world,” be thou victorious in us thy servants. Grant Thy compassion to go before us, thy compassion to come behind us: before us in our undertaking, behind us in our ending. And what shall I now say, unless thy will be done, who dost will that all should be saved? Thy will is our salvation, our glory and our joy.

—Alcuin of York

Evening

O God, with whom there is no darkness, but the night shineth as the day: Keep and defend us and all thy children, we beseech thee, throughout the coming night. Renew our hearts with thy forgiveness, and our bodies with untroubled sleep, that we may wake to use more faithfully thy gift of life; through Jesus Christ our Lord.

—Unknown

January 30

Morning

Lord God Almighty, shaper and ruler of all creatures, I pray thee for thy great mercy, . . . that thou guide me, better than I have done towards thee. And guide me to thy will, to the need of my soul better than I can myself. And stedfast my mind towards thy will and to my soul's need. And strengthen me against the temptations of the devil, and put far from me foul lust and every unrighteousness. And shield me against my foes, seen and unseen. And teach me to do thy will, that I may inwardly love thee before all things with a clean mind and clean body. For Thou art my maker and my redeemer, my help, my comfort, my trust, and my hope. Praise and glory be to thee now, ever and ever, world without end. Amen.

—King Alfred

Evening

O Lord, calm the waves of this heart; calm its tempests! Calm thyself, O my soul, . . . so that God is able to repose in thee, so that His peace may cover thee! Yes, . . . Thou are able to give peace; let us know the truth of Thy promise: that the whole world may not be able take away Thy peace.

—Søren Kierkegaard

January 31

Morning

Thou who art over us,

Thou who art one of us,

Thou who art—

Also within us,

May all see Thee—in me also,

May I prepare the way for Thee,

May I thank Thee for all that shall fall to my lot,

May I also not forget the needs of others,

Keep me in Thy love

As Thou wouldst that all should be kept in mine.

May everything in this my being be directed to Thy glory,

And may I never despair

For I am under Thy hand,

And in Thee is all power and goodness.

—Dag Hammarskjöld

Evening

Great and most high God, You alone possess immortality and dwell in unapproachable light.

You made all creation with wisdom, dividing light from darkness, establishing the sun to rule the day and the moon and stars to rule the night. You have allowed me, a sinner, to approach Your presence with thanksgiving in this present hour and to offer You every praise. O Lord, Lover of

us all, make my prayer ascend to You like incense, and accept it as a sweet fragrance. Grant that I may spend the present evening and the coming night in peace; clothe me with the armor of light. Deliver me from the fears of the night and from everything that lurks about in darkness. . .

—Eastern Rite Catholic Church

February 1

Morning

Grant me, I beseech Thee, my God, in the name of Jesus Christ Thy Son, the charity which never fails, that my light may shine, warming my own heart and enlightening others.

—Columbanus

Evening

All praise to Thee, my God, this night,

For all the blessings of the light.

Keep me, O keep me, King of kings,

Beneath thy own Almighty wings.

Forgive me, Lord, for Thy dear Son,

The ill that I this day have done;

That with the world, myself, and thee,

I ere I sleep at peace may be.

Teach me to live, that I may dread

The grave as little as my bed;

To die, that this vile body may

Rise glorious at the awful day. . . .

Praise God from whom all blessings flow,

Praise him all creatures here below,

Praise him above ye heavenly host,

Praise Father, Son, and Holy Ghost.

—Thomas Ken

February 2

Candlemas Day

Morning

Lord Jesus Christ,

You are the true Light

enlightening every soul born into this world.

Today we celebrate the feast of Candlemas. . .

Help us to realize,

this day and every day,

that our own humdrum daily work,

if it is done for love of You. . .

will be a supernatural work,

and will shine brightly before You for all eternity. . .

Help us to live in the Light,

to make it our own,

and to kindle it in the souls of others,

increasing the area of light

and lessening the darkness on the world.

This, dear Lord, help us do. . .

Then we, too, working for You,

shall be light-bearers who will help to spread Your

kingdom on earth,

and increase the number of those who dwell in heaven,
the city of eternal light.

Amen.

—Unknown

Evening

Lord, now lettest thou thy servant depart in peace:
according to thy word.

For mine eyes have seen: thy salvation,

Which thou hast prepared: before the face of all
people;

To be a light to enlighten the Gentiles: and to be the
glory of thy people Israel.

—Song of Simeon

February 3

Morning

Eternal God, the light of the minds that know you, the joy of the hearts that love you and the strength of the wills that serve you; grant us so to know you, that we may truly love you, so to love you that we may fully serve you, whom to serve is perfect freedom.

—Augustine of Hippo

Evening

Thou, O Lord hast made us glad by Thy works; in the works of Thy hands shall we rejoice. . . .
Thou hast put joy in my heart. With the fruit of wheat, wine and oil have we been satisfied. In peace I will both lie down and sleep; for Thou alone, O Lord, makest me to dwell in hope . . .
Amen.

—Eastern Orthodox Christian prayer

February 4

Morning

O God our Father, we thank thee for our home and family; for love and forbearance, for friends and foes, for laughter enjoyed and sorrow shared, for the daily bread of thy bounty, in good times and bad. Help us to be mindful of thy gifts and glad to show forth thy praise; through Jesus Christ our Lord.

—Unknown

Evening

O God of peace, who hast taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of thy Spirit lift us, we pray thee, to thy presence, where we may be still and know that thou art God; through Jesus Christ our Lord.
Amen.

—*The Book of Common Prayer*

February 5

Morning

O God, our Father . . .

Enable us to be helpful to those in difficulties;

kind to those in need;

sympathetic to those whose hearts are sore and sad.

Grant that nothing may make us lose our tempers;

nothing may take away our joy;

nothing may ruffle our peace.

—William Barclay

Evening

Dear Father,

Bless those who breathe

In the stardust

Of night.

Bless us as we rise

At the breaking

Of light.

Let us shine.

Let us shine.

Let us shine.

—Peter Markus

February 6

Morning

O God, by whom the world is governed and preserved, we, thine unworthy creatures, under a thankful sense of thy providential care, draw nigh unto thee to offer our morning sacrifice of prayer and praise. . .

Make us to remember, that every day is thy gift, and to be used in thy service. . .

Enable us to the temptations of the world, the flesh, and the devil; and dispose us to follow, in all things, the motions of thy good Spirit, not trusting to our own strength or wisdom, but looking to thee for grace to establish us in every good word and work.

—Charles James Blomfield

Evening

O Lord Jesus Christ, our watchman and our keeper, take us to Thy care: and grant that, our bodies sleeping, our minds may watch in Thee, and be made merry by some sight of that celestial and heavenly life, wherein Thou art the King and Prince, together with the Father and the Holy Spirit, where Thy angels and holy souls be most happy citizens. O purify our souls, keep clean our bodies, that in both we may please Thee, sleeping and waking, forever.

—Unknown Elizabethan Prayer

February 7

Morning

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

—*The Book of Common Prayer of England*

Evening

O Merciful God, . . . Defend us against all assaults of the devil, and take us into thy holy protection. And although we have not passed this day, without having greatly sinned against thee, we beseech thee to hide our sins with thy mercy, as thou hidest all things on earth with the darkness of night, that we therefore may not be cast from Thy presence.

—Calvinist Hymn

February 8

Morning

O Holy Spirit of God, come into my heart and fill me:

I open the windows of my soul to let Thee in.

I surrender my whole life to Thee.

Come and possess me, fill me with light and truth.

I offer to Thee the one thing I really possess,

My capacity for being filled by Thee.

Of myself I am an unprofitable servant, an empty vessel.

Fill me so that I may live the life of the Spirit,

The life of Truth and Goodness,

The life of Beauty and Love,

The life of Wisdom and Strength.

—W. J. Carey

Evening

Almighty and eternal God, I believe all You have revealed to your holy Church; I hope in Your infinite goodness and mercy, and I love You with all my heart. I thank You for all the favors which You have bestowed upon me this day: food and drink, my health, all my powers of body and soul; for Your holy enlightenment and inspirations, Your care and protection, and for all those other graces which I do not now recall, or which I have not yet grown to value as I ought. I thank You for them all, Heavenly Father, through Jesus Christ Your Son. Amen.

—Francis of Assisi

February 9

Morning

Having risen from sleep, we worship You, blessed God.

We sing to You, mighty Lord, the angelic hymn:

Holy, holy, holy are You, Lord God! . . .

Enlighten our minds and hearts.

Open our lips to praise You:

Holy, holy, holy are You, O God,

both now and forever and to the ages of ages.

Amen.

—Eastern Orthodox Prayer

Evening

As I turn off the light and prepare for the night

I thank You, Lord, for the gift of today

For the comfortable bed on which I lay.

I thank You, Lord, for the strength to be

Open to those who have needed me.

In peaceful slumber I have no fear,

For I know You, Savior, are always near.

—Beatrice O'Brien

February 10

Morning

O Thou most holy and ever-loving God, we thank thee once more for the quiet rest of the night that has gone by; for the new promise that has come with this fresh morning, and for the hope of this day. . . . Amen.

—Robert Collyer

Evening

O Lord God Almighty, as you have taught us to call the evening, the morning, and the noonday one day; and have made the sun to know it's going down: dispel the darkness of our hearts, that by your brightness we may know that you to be the true God and eternal light, living and reigning for ever and ever, amen.

—*The Book of Common Prayer*

February 11

Morning

God of light, eternal and bright-shining,
do not allow the noises and shadows of this fleeting world
to confuse us.

Do not allow the deceptions of the world to muddle us.

Give us strength to face and bear willingly the trials we
encounter;

and do not allow Your provident goodness to puff us up.

The faith that You promised us, God,

please faithfully render it, and we will strive to repay You.

Amen.

—Clare of Assisi

Evening

Dear God in Heaven,

All day I wrestle,

struggle with constant noise,

barraged from all extremes.

But now I nestle,

curled within night silence

that lets me hear You

whispering in my dreams.

—Gail McCoig Blanton

February 12

Morning

You big, bright, beautiful God,
this is my day for flying!
I reach out to the bigness of You.
I touch the brightness of You,
and I feel the beauty of You
in the centre of my living.
Today You bear me up, up,
past my doubts about both of us,
to certainty of Your love.

—Joy Cowley

Evening

Dear God,

We give thanks for the darkness of the night where lies the world of dreams. Guide us closer to our dreams so that we may be nourished by them. Give us good dreams and memory of them so that we may carry their poetry and mystery into our daily lives. Grant us deep and restful sleep that we may wake refreshed with strength enough to renew a world grown tired.

We give thanks for the inspiration of the stars, the dignity of the moon, and the lullabies of crickets and frogs. Let us restore the night and reclaim it as a sanctuary of peace, where silence shall be music to our hearts and darkness shall throw light upon our souls.

Good night. Sweet dreams. Amen.

—Michael Leunig

Lent

Ash Wednesday each year begins the church season of Lent, the six-week period ending at Easter. On Ash Wednesday we go to church where a minister places ashes on our foreheads in the sign of the cross. Ideally we wear these the rest of the day, and they serve a three-fold gospel purpose: First, these ashes remind us that “for dust [we] are, and to dust [we shall] return” (Genesis 3:19 **nkjv**). The destiny of our earthly bodies is “ashes to ashes, dust to dust,” so we are reminded to develop our souls, which will not die.

Second, wearing the sign of the cross on our foreheads lets us show those who see us on Ash Wednesday that we are followers of Jesus and His Way. We are like the faithful mentioned in Revelation 7:3 (**nkjv**): “sealed . . . on their foreheads.” This is a wordless testimony to a godless world. It also often leads to conversations where we can “always be ready to give a defense to everyone who asks [us] a reason from the hope that is in [us]” (1 Peter 3:15 **nkjv**).

Third, wearing ashes has been a sign of remorse and sorrow since Old Testament times. And penitence is primarily what Lent is about. It is true we have a great hope of life in heaven with God when we die, and of a New Heaven and a New Earth which God will unveil at the end of time. But in the meantime this world is saturated with sin, with plentiful injustice and hurt. We are right to feel serious, to feel sad when we consider the wounds of the world, and especially how our own sins and selfishness contribute to them. Jesus died for the love of us sinners, and we sinners love Him, too, and need to reflect on how our sins helped to slay Him.

So during Lent each year, we take six weeks and reflect on our lives; we seek to uproot the sin there. We reflect on the transience of our bodily lives, and we seek to develop our souls. Sometimes we abstain from foods and other things that cater to the body's appetites, and sometimes these abstentions are noticed, giving us opportunities to share our faith with others.

Above all Lent reminds us to seek God the Father in prayer. We show Jesus that we adore Him and that we remember His sacrifice for us. And we try to discern and honor the Holy Spirit's will for us so we can live in this world as servants of our God.

February 13

Ash Wednesday

Morning

Gracious and Loving God, The seasons of Christmas and Epiphany have passed, and here a new Lent has begun. I thank You for Your active presence in my busy life; for the opportunities given, and the blessings received. As I embrace this new season of reflection, breathe freely through me and renew my spirit with fresh resolve and purpose. Give me grace to be a good steward of all that You have entrusted to me. Give me grace to serve You with a generous, compassionate and loving heart. Bless these Lenten days ahead. Give me the courage to be faithful, and show me how to proclaim the Good News of Your Son.

Amen.

—Source Unknown

Evening

God, Heavenly Father,

look upon me and hear my prayer

during this holy season of Lent.

By the self-denial and good works You inspire in me,

help me to discipline my body and my will.

Let me be renewed in Spirit.

Without You I can do very little.

By Your Spirit help me to know what is right and to do it.

Teach me to find new life through penance.

Keep me from sin and help me live by Your commandment
of love.

Amen.

—Lawrence Lovasik

February 14

Valentine's Day and Lent

Morning

What wondrous love is this,—

O my soul! O my soul!

What wondrous love is this,—

O my soul!

What wondrous love is this?

That caused the Lord of bliss

To bear the dreadful curse

For my soul, for my soul?

To bear the dreadful curse

For my soul?

When I was sinking down,

Sinking down, sinking down,

When I was sinking down,

Sinking down!

When I was sinking down

Beneath God's righteous frown,

Christ laid aside His crown

For my soul. . . .

To God and to the Lamb

I will sing! I will sing!
To God and to the Lamb
I will sing!
To God and to the Lamb,
And to the great I Am,
While millions join the psalm,
I will sing, I will sing;
While millions join the psalm,
I will sing!
—Alexander Means

Evening

Good night! Good night!
Far flies the light;
But still God's love
Shall flame above,
Making all bright.
Good night! Good night!
—Victor Hugo

February 15

Lent

Morning

Give me, O Lord, patience and sense of purpose in each of the things which you send to beset me. . . . Please protect me through the dangers and confusion of my transient life on earth, ensuring that in all things I strive for eternal life in heaven. I know that I am very slow to make amends for my sins, despite the many favors you grant me. Fix my trust, my timid hopes, upon yourself, so that I may stand on a secure foundation. Lift up my thoughts with Your wisdom.

—*The Exeter Book*

Evening

Before I go to rest would I commit myself to God's care, through Christ, beseeching Him to forgive me for all my sins of this day past, and to keep alive His grace in my heart, and to cleanse me from all indolence, pride, harshness, and selfishness, and to give me the spirit of meekness, humility, firmness, and love. O Lord, keep Thyself present to me ever, and perfect Thy strength in my weakness. Take me and mine under Thy blessed care, this night and evermore, through Jesus Christ.

—Thomas Arnold

February 16

Lent

Morning

O Lord,

This great season of grace

is Your gift to Your family to renew us in spirit.

Give me strength to purify my heart,

to control my desires,

and so to live and serve You in freedom.

Teach me how to live in this passing world

with my heart set on that world that will never end.

Amen.

—Lawrence Lovasik

Evening

Lord Jesus, make us good and fertile soil, for the reception of the seed of your grace, and make it yield worthy fruits of penance, so that with your help we may merit to live eternally in your glory, who are blessed throughout all ages.

—Anthony of Padua

February 17

Lent

Morning

We beseech You, O Lord, that as our bodies grow weaker for lack of food during the season of fasting, so our souls may grow stronger. May we learn to fight more valiantly against evil, and strive more earnestly for righteousness. Thus, through abstaining from the fruits of the earth, may we bear more abundantly the fruits of Your Spirit. Amen.

—Gelasian Sacrementary

Evening

O Heart all lovable and all loving of my Savior, be the Heart of my heart, the soul of my soul, the spirit of my spirit, the life of my life, and the sole principle of all my thoughts, words and actions, of all the faculties of my soul, and of all my senses, both interior and exterior. Amen.

—Saint John Eudes

February 18

Lent

Morning

Let me hold fast to You, beautiful Lord,
Whom the angels themselves yearn to look upon.
Wherever You go, I will follow you . . .
You carry my griefs, because You grieve for my sake.
You passed through the narrow doorway
from death to life,
to make it wide enough for all to follow.
Nothing can ever now separate me from Your love,
Amen.

—Bernard of Clairvaux

Evening

Lord Jesus Christ,
only begotten Son of the eternal Father,
Thou hast said that without Thee we can do nothing.
O Lord, I embrace with faith and with my whole heart and
soul
what Thou hast said.
Help me, a sinner,

to finish that work I have undertaken for Thee;
in the name of the Father, and of the Son, and of the Holy
Spirit.

Amen.

—Eastern Orthodox Prayer

February 19

Lent

Morning

O Jesus, keep me under the standard of your cross. Let me not just look at you crucified, but have you living in my heart.

—Saint Bernadette

Evening

O Lord, forgive what I have been, sanctify what I am; and order what I shall be.

—Thomas Wilson

February 20

Lent

Morning

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.

—Charles Henry Brent

Evening

Keep me O Lord, while I tarry on this earth, in a serious seeking after you, and in an affectionate walking with you, every day of my life; that when you come, I may be found not hiding my talent, nor serving the flesh, nor yet asleep with my lamp unfurnished, but waiting and longing for you.

—Richard Baxter

February 21

Lent

Morning

Almighty, eternal, just and merciful God, grant us in our misery that we may do for your sake alone what we know you want us to do, and always want what pleases you; so that, cleansed and enlightened interiorly and fired with the ardour of the Holy Spirit, we may be able to follow in the footsteps of your Son, our Lord Jesus Christ, and so make our way to you.

—Francis of Assisi

Evening

My God, I pray that I may so know you and love you that I may rejoice in you. And if I may not do so fully in this life, let me go steadily on to the day when I come to that in fullness. Let the knowledge of you increase in me here, and there let it come to its fullness. Let your love grow in me here, and there let it be fulfilled, so that here my joy may be in a great hope, and there in full reality.

—Anselm

February 22

Lent

Morning

Lord, for our sake you fought and overcame the temptations in the wilderness. We pray that we may have the strength to fight against our enemy the devil. Be with us today in our thoughts and plans . . . through Jesus Christ our Lord.

—Anglican Church of Papua New Guinea

Evening

O Lord,

You are our merciful Father.

You are also the Potter and we are but clay.

Mold us to make us match more closely Your eternal plan
for us.

Amen.

—Catholic prayer

February 23

Lent

Morning

Spirit of truth Who are present everywhere and filling all things, treasury of good things, and giver of life; come and dwell within us, and cleanse us from all stain, and save, O Good One, our souls.

—Unknown

Evening

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

—*The Book of Common Prayer*

February 24

Lent

Morning

Lord God almighty,
grant me grace to withstand the deceits of the world,
the flesh, and the devil, Good Lord, deliver us.
. . . and with a pure heart and mind to follow you,
the only God,
through Jesus Christ our Lord. Amen.

—Anglican Litany

Evening

Lord Jesus, you are my light
In the darkness,
You are my warmth
In the cold,
You are my happiness
In sorrow.

—Unknown

February 25

Lent

Morning

Joy, with peace,
amendment of life,
time for true repentance,
the grace and comfort of the Holy Spirit,
and perseverance in good works,
grant us, O almighty and merciful Lord.
Amen.

—Unknown

Evening

Almighty, ever-living God,
you have given the human race Jesus Christ our Savior
as a model of humility.
He fulfilled your will by becoming man
and giving his life on the cross.
Help us to bear witness to you
by following his example of suffering
and make me worthy to share in his resurrection.
We ask this through our Lord Jesus Christ, Your Son,

who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.

—Unknown

February 26

Lent

Morning

Grant, we beseech thee, O Lord, that by the observance of this Lent we may advance in the knowledge of the mystery of Christ, and show forth his mind in conduct worthy of our calling; through Jesus Christ our Lord.

—Gelasian Sacramentary

Evening

O God, who for our redemption gave Your only-begotten Son to the death of the cross, and by his glorious resurrection delivered us from the power of our enemy: Grant us so to die daily to sin, that we may evermore live with him in the joy of his resurrection; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.
Amen.

—*The Book of Common Prayer*

February 27

Lent

Morning

You, Lord Jesus, knew great power,

to heal, to transform,

to proclaim the reign of God.

So you met great temptations.

The wrong way, glittering and possible, was open;

you could rule if you chose,

in majesty and wonder,

more victorious than Alexander,

more imperial than Caesar.

But you said No,

simply, decisively, forever, for us . . .

Holy Spirit of God, enable me to respond to temptation

with the strength of your word within us,

so that we may hold firm to my calling

and take your better way in faithfulness.

—Bernard Thorogood

Evening

My Father in Heaven,

I ask for Your grace to master my sinfulness.
And I ask for Your grace to conquer my pride.
I want to show to others Your goodness to me
by being kind to all.
Through my observance of Lent
help me to correct my faults,
and raise my mind to You.
Thus let me grow in sanctity.
At the end of life
may I receive Your reward of everlasting life.
Amen.

—Lawrence Lovasik

February 28

Lent

Morning

Merciful Father of us all,
through Isaiah the Prophet You promised
that “though our sins are like scarlet,
they shall be as white as snow;
though they are red like crimson,
they shall become like wool.”
As we remember our sins and failings
give us trusting and persistent hearts.
We trust in Your unbroken promises of forgiveness.
By the precious blood of Jesus shed on Golgotha
wash us clean of all our offenses.
Make us Your loving and obedient children,
now and forever.
Amen.

—William G. Storey

Evening

O God, we belong to You utterly.
You are such a Father

that You take our sins from us
and throw them behind Your back.
You clean our souls,
as Your Son also washed our feet.
We hold up our hearts to You:
make them what they must be.

—Adapted from a passage in *Malcolm* by George MacDonald

February 29

Leap Day and Lent

Morning

Make me cheerful under every cross, for love of your Cross. Take from me all that displeases you or hinders your love in me, that I may deeply love you. Melt me with your love, that I may be all love, and with my whole being love you.

—Edward Bouverie Pusey

Evening

Make Thou my spirit pure and clear

As are the frosty skies,

Or this first snowdrop of the year

That in my bosom lies.

—Alfred, Lord Tennyson

March 1

Lent

Morning

God, I would put my house in order;
Clear out the dry gray cobwebs
Of stale custom that hang thick upon
Window and wall, that choke
Garrett and cellar, and let in the sun
Of fearless thought.
I would, remorseless, sweep
Old broken dreams that clutter
Dusty corners, that supinely sleep
Beneath dark recessed eaves, to make
Place for new dreams, staunch, purposeful.
I would wipe out old moldering grief and take
For it clean, golden memories; scour with sand
Of true repentance stains of old sin;
Then fling my door wide, God, and bid You look within.

—Edith Mirick

Evening

O thou . . . who art a fire consuming the unworthy;

Consume me not, O my Creator,
But rather enter into my limbs, my joints, my heart,
And burn the tares of my transgressions.
Cleanse thou my soul, and sanctify my thoughts.
Strengthen my limbs, together with my bones.
Enlighten my five senses. Stablish [sic] me wholly in thy
fear.

—Simeon Metaphrastes

March 2

Lent

Morning

Lord, for Thy mercies' sake, lay not our sins to our charge; but forgive that is past, and give us grace to amend our sinful lives, to decline from sin and incline to virtue, that we may walk, (*that we*) *that we may walk* with a perfect heart, *that we may walk with a perfect heart* before Thee now and evermore . . .

—Richard Farrant

Evening

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.

—Catholic Act of Contrition

March 3

Lent

Morning

Heavenly Father,

Each year You purify Your church
during Lent.

Help us in our preparation for Easter.

Wash me clean from all my sins,

and show me how to combine

self-denial and good deeds.

I pray this through Jesus Christ our Lord.

Amen.

—William G. Storey

Evening

O God our Father, we would thank you for all the bright things of life. Help us to see them, and to count them, and to remember them, that our lives may flow in ceaseless praise; for the sake of Jesus Christ our Lord.

—J. H. Jowett

March 4

Lent

Morning

Source of Transformation,

my heart begs Your entrance even as it fights and holds
You off.

One hand of mine reaches out to You,
but the other hides behind my back,
shunning Your will and Your way for me.

Your coming is not always gentle;
sometimes it sears with painful truth.

While I cry out for You to come, another part of me
whispers,

“But not so near as to change me.”

When will I freely embrace You?

When will I let go of my old ways? . . .

When will I be vulnerable?

When will I acknowledge my need of You?

When will I learn to give You my all?

Enter and rest in my shadows until they finally give up
their dark.

Come, fill my being with Your love,

until Your transforming radiance is the only lasting thing.

Amen.

—Joyce Rupp

Evening

God of love, bring me back to You. Send Your Spirit to make me strong in faith and active in good works. . .

Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace. Prepare me for the glory of Your Kingdom.

I ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, One God, forever. Amen.

—Unknown

March 5

Lent

Morning

Lord Jesus, you are my righteousness, I am Your sin. You took on you what was mine; you set on me what was yours. You became what You were not, that I might become what I was not.

—Martin Luther

Evening

Most holy and merciful Father:

We confess to you and to one another,

and to the whole communion of saints

in heaven and on earth,

that we have sinned by our own fault

in thought, word, and deed;

by what we have done, and by what we have left undone.

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

—*The Book of Common Prayer*

March 6

Lent

Morning

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

—Ignatius of Antioch

Evening

Lord Jesus,

During this Lenten Season

nourish me with Your Word of life.

And make me one with Your heart in love and prayer.

Fill my heart with Your love,

and keep me faithful to the Gospel.

Give me the grace to rise above my human weakness.

Amen.

—Lawrence Lovasik

March 7

Lent

Morning

O Lord, forgive, we pray thee, what we have been; sanctify what we are; and order what we shall be. What we know not, teach us; what we have not, give us; what we are not, make us; for Jesus Christ's sake.

—Unknown

Evening

Good Jesus, too late have I loved Thee,
nor ever have I wholly followed Thee;
make me now at last wholly to love Thee,
and out of the fullness of Thine infinite love
give me all the love that I might have had, had I always
loved Thee. . .

O dearest Lord, who art Love,
give me of Thine own love
that therewith I may wholly love Thee.

—Edward Bouverie Pusey

March 8

Lent

Morning

Almighty God, Thou seest that we have no power of ourselves to help ourselves; Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

Evening

Two things I recognize in myself, Lord:

I am made in your image;

I have defaced that likeness.

I admit to my fault,

But remember Lord,

by myself I cannot do much about it.

Take from me what I have spoiled

leave in me what you have made.

—Lancelot Andrewes

March 9

Lent

Morning

Dear Lord, we are now in the holy season of Lent. We begin to realize anew that these are the days of salvation, these are the acceptable days. We know that we are all sinners. We know that in many things we have offended Your infinite majesty. We know that sin destroys Your life within us as drought withers the leaves and chokes the life from the land, leaving an arid, dusty desert. Help us now, Lord, in our feeble attempts to make up for past sin. Bless our efforts with the rich blessing of Your grace. . . . Help us to realized that You are never outdone in generosity, and that the least thing we do for You will be rewarded, full measure, pressed down, shaken together, and flowing over. Then we shall see, in our own souls, how the desert can blossom, and the dry and wasted land can bring forth the rich, useful fruit which was expected of it from the beginning. Amen.

—Unknown

Evening

Lead me from death to life,
from falsehood to truth;
Lead me from despair to hope,
from fear to trust;
Lead me from hate to love,
from war to peace;

Let peace fill our hearts, our world, our universe.

—Adapted from the *Upanishads* by Satish Kumar

March 10

Lent

Morning

O Lord God, Lamb of God, Son of the Father,

that takest away the sins of the world,

have mercy upon us.

Thou that takest away the sins of the world,

receive our prayer.

Thou that sittest at the right hand of God the Father,

have mercy upon us.

—*The Book of Common Prayer*

Evening

Lord,

You are to be blessed and praised;

all good things come from You:

You are in our words and in our thoughts,

and in all that we do that is good.

Amen.

—Teresa of Avila

March 11

Lent

Morning

Lord, hear; Lord, forgive; Lord, do; hear what I speak not, forgive what I speak amiss, do what I leave undone; that, not according to my word or my deed, but according to Thy mercy and truth, all may issue to Thy glory and the good of Thy kingdom—Amen.

—Maria Hare

Evening

We most earnestly beseech Thee, O Thou Lover of mankind, to bless all Thy people, the flocks of Thy fold. Send down into our hearts the peace of heaven, and grant us also the peace of this life. . . . let no deadly sin prevail against us, or any of Thy people. Deliver all who are in trouble, for Thou are our God, who settest captives free; who givest hope to the hopeless, and help to the helpless; who liftest up the fallen; and who art the Haven of the shipwrecked.

—Mark the Evangelist

March 12

Lent

Morning

Grant me, O Lord, to know what I ought to know, to love what I ought to love, to praise what delights Thee most, to value what is precious in Thy sight, to hate what is offensive to Thee.

Do not suffer me to judge according to the sight of my eyes, nor to pass sentence according to the hearing of the ears of ignorant men; but to discern with a true judgment between things visible and spiritual, and above all things always to inquire what is the good pleasure of Thy will.

—Thomas à Kempis

Evening

Blessed Father God,

May we show ourselves to be faithful.

Our efforts here are brief,

the rewards are eternal.

May the excitements of the world

vanish like a shadow,

and not disturb us.

Help us, rather, do Thy will.

—Clare of Assisi

March 13

Lent

Morning

How shall I repay Your generosity,

O Lover of my soul?

How shall I repay You for all You

have done for me and given me?

If I had died a thousand times for

Your sake, it would be as nothing . . .

How shall I thank You, who suffered

dishonor, insult, mockery, scourging, and

death for our sakes?

The only thing I can return to You is

my prayers, that time I devote each day

to speaking and listening to You.

Receive my prayer as a tiny token of

my enormous gratitude.

Amen.

—Tychon of Zadonsk

Evening

Father, our source of life, I reach out with joy to grasp Your hand; let me walk more readily in

Your ways. Guide me in Your gentle mercy, for left to myself I cannot do Your will.

Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace. Prepare me for the glory of Your kingdom. I ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, forever. Amen.

—Lawrence Lovasik

March 14

Lent

Morning

As the days lengthen, and the earth spends longer in the
light of day,

may we spend longer in the light of your presence, O
Lord.

May the seeds of Your Word which has been long buried
within us grow like everything around us, into love for you, and
love for others,

a visible declaration of your Lordship in our lives.

—Dick Williams

Evening

O Lord, do Thou vouchsafe me Thy quickening Spirit; without Thee I can do nothing. Mortify in
me all . . . worldiness, pride, selfishness, and aversion from God, and fill me with love, peace,
and all the fruits of the Spirit.

—William Wilberforce

March 15

Lent

Morning

O Lord of grace,

Lead me and guide me from a life of self-centeredness

and satisfaction for what I am and what I do

to a life of dependence on You.

Inspire my heart that I may rise beyond the daily trifles of
my existence

and join with You in love and concern of the whole
creation,

that I may always remind myself that I am the disciple

of One who did not help Himself, but was a Man for others.

Amen.

—Church of Bangladesh

Evening

Most holy and merciful Father:

We confess to you, Lord, all our past unfaithfulness: the pride . . . and impatience of our
lives . . . Our self-indulgent appetites and ways. . . . Our anger at our own frustration, and our
envy of those more fortunate than ourselves. We confess to you, Lord.

—*The Book of Common Prayer*

March 16

Lent

Morning

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

Evening

Lord Jesus, light of the world,
you taught us how to be happy
in this life and in the next,
by walking in your blessed footsteps:
Make us humble, pure and merciful;
help us to make peace and pursue holiness,
and to rejoice when we are persecuted,
slandered, and insulted for your sake.
Illumine our hearts with your sacred teaching,
O Savior of the world,
and form us as your devout disciples
and the children of God your Father,
to the glory of your holy Name.

Amen.

—William G. Storey

March 17

Saint Patrick's Day and Lent

Morning

May the strength of God pilot us.

May the power of God preserve us.

May the wisdom of God instruct us.

May the hand of God protect us.

And the way of God direct us.

May the shield of God defend us.

May the host of God guard us

Against the snares of the Evil One,

And the temptations of the world.

May Christ be with us,

Christ before us,

Christ in us,

Christ over us,

May thy salvation, O Lord, be always ours,

This day and forevermore. Amen.

—Saint Patrick

Evening

Guard for me my eyes,

Jesus, Son of Mary,
lest seeing others' wealth make me covetous.
Guard for me my ears,
lest they harken to slander,
or listen to folly in this sinful world.
Guard for me my heart,
O Christ, in Thy love,
lest I ponder wretchedly the desire of any iniquity.
Guard for me my hands,
that they be not stretched out in quarreling,
nor practice shameful idleness.
Guard for me my feet upon the gentle earth,
lest they be bent on profitless errands,
Amen.

—Ancient Irish prayer

March 18

Lent

Morning

Lord Jesus Christ,

You love us and delivered Yourself

up for us as a worthy sacrifice,

agreeable to God.

Rescue me from spiritual darkness,

and teach me to live as a

child of the Light,

in all goodness, kindness and truth.

You live and reign forever!

Amen.

—William G. Storey

Evening

O Thou great Chief of the world, light a candle in my heart that I may see what is therein and sweep the rubbish from my dwelling place.

—Unknown

March 19

Lent

Morning

Father,

All-powerful and ever-living God,

during the Holy Season of Lent You call

us to a closer union with Yourself.

Help me to prepare to celebrate

the Paschal Mystery with my mind

and my heart renewed. Give me a

spirit of loving reverence for You, O

Father, and a spirit of willing service

to my neighbor.

Amen.

—Lawrence Lovasik

Evening

Show me, O Lord, your mercy, and delight my heart with it. . . . I am the sheep who wandered into the wilderness—seek after me, and bring me home again to your fold. Do with me what you will, that I may stay by you all the days of my life, and praise you with all those who are in heaven for all of eternity.

—Jerome

March 20

Lent

Morning

God our Liberator,

free us from the chains of selfishness

and the false idol of materialism. Move us

to show regard for the lowly, and rescue victims

from their oppressors. Open our hearts and minds

to Your gospel message to love our neighbor.

Awaken our desires with the gifts of Your

Spirit, so Your justice may be fulfilled.

Amen.

—William Purcell

Evening

Behold me, O sweet Lord, behold me!

For I hope that in Your loving kindness,

O Most Merciful One,

You will behold me either as

a loving physician to heal,

a kind teacher to connect,

or an indulgent father to pardon . . .

Confident in Your sweet, powerful mercy
and most merciful power,
I ask in virtue of Your sweet name
and of the mystery of Your sacred humanity
that you forgive me my sins and heal the languors of my
soul.

—Aelred of Rievaulx

March 21

Lent

Morning

Be gracious to me, O God, in thy true love;
in the fullness of thy mercy blot out all my misdeeds.

Wash away all my guilt
and cleanse me from my sin.

For well I know my misdeeds,
and my sins confront me all the day long. . . .

Create a pure heart in me, O God,
and give me a new and steadfast spirit . . .

revive in me the joy of thy deliverance
and grant me a willing spirit to uphold me.

—Psalm 51

Evening

God of love,

Bring me back to You.

Send Your Holy Spirit to make me strong in faith
and active in good works.

May my acts of penance open my heart to Your love, purify
me,

and prepare me for the coming feast of the Resurrection of
Jesus.

Amen.

—Lawrence Lovasik

March 22

Lent

Morning

Stand by me, Lord, and hold me upright when the gales of sin blow round me. And when the dark stormy night of wickedness closes in on me, guide my steps. My soul is already battered by the temptations to which I have submitted. . .

The trees around me flourish and spread their branches. But I am hemmed in by the guilt which surrounds me. . . Ah Lord, you are the only remedy. I accept that while I remain on earth I must endure hardships . . .

. . . Let my suffering bring me true contrition, that I may receive your forgiveness, and so be made fit for the everlasting joy of heaven.

—*The Exeter Book*

Evening

Come, Holy Spirit, into my soul and help me know my sins, feel sorry for them, and confess them humbly, that I may be able to enjoy the Father's forgiveness. By your light illumine the darkness of my mind, by your fire warm my cold heart, by your grace fill me with your love and power. May I realize the wrong that I did and the good that I failed to do. Help me feel truly sorry for all my sins, strengthen my determination to avoid them in the future, and to live in your love, your peace and your joy. Amen.

—Unknown

March 23

Lent

Morning

Almighty and everlasting God,
Out of Thy tender mercy
towards mankind, Thou hast sent
us Thy Son, to take upon Himself
our flesh, and to suffer death upon
the cross. Mercifully grant, Jesus,
that we may follow the
example of Thy patience and
great humility. And grant
that we may also partake of
Thy resurrection.
Through the merits of Thee, O Lord.
Amen.

—William Paley

Evening

Look down upon me,
good and gentle Jesus,
while I kneel before Your face,

and with a burning soul beseech You
to fix deep in my heart lively sentiments of faith,
hope and charity.

I am sorry for my sins,
and I intend to do better.

I contemplate Your five wounds,
wounded for me and for others
so that sins could be forgiven.

I feel great love and pity for Your sufferings, tender Jesus.

I call to mind the word which the psalmist David
prophesied of You:

“They have pierced my hands and my feet.”

Amen.

—Traditional Catholic prayer

March 24

Palm Sunday

Morning

Ride on! ride on in majesty!

Hark! all the tribes Hosanna cry!

Thine humble beast pursues his road,

With palms and scatter'd garments strow'd!

Ride on! ride on in majesty!

In lowly pomp ride on to die!

Oh Christ, Thy triumphs now begin

O'er captive death and conquer'd Sin!

Ride on! ride on in majesty!

The winged squadrons of the sky

Look down with sad and wondering eyes,

To see the approaching sacrifice!

—Henry Milman

Evening

Let the mountains and all the hills

Break out into great rejoicing at the mercy of God,

And let the trees of the forest clap their hands.

Give praise to Christ, all nations,

Magnify Him, all peoples, crying:

Glory to thy power, O Lord.

Seated in heaven upon thy throne

And on earth upon a foal, O Christ our God,

Thou hast accepted the praise of the angels

And the songs of the children who cried out to thee:

Blessed art Thou that comest to call back Adam.

—Unknown

March 25

Monday of Holy Week

Morning

O Christ, the King of glory,
Who didst enter the holy city in meekness,
to be made perfect through the suffering of death:
give me grace, I beseech Thee, in all
my life here to take up my cross daily
and follow Thee,
that henceforth I may rejoice with Thee
in Thy heavenly kingdom;
who livest and reignest with the Father and the Holy Spirit,
One God, world without end. Amen.

—Church of South India

Evening

O Lord, help me. Strengthen my faith and trust in you. In you I have sealed all the treasures I have. I am poor; you are rich and came to be merciful to the poor. I am a sinner; you are upright. With me there is an abundance of sin; in you is the fullness of righteousness. Therefore, I will remain with you, from whom I can receive, but to whom I may not give. Amen.

—Martin Luther

March 26

Tuesday of Holy Week

Morning

You taught us, Lord, that the greatest love a man can show is to lay down his life for his friends. But your love was greater still, because you laid down your life for your enemies. It was while we were still enemies that you reconciled us to yourself by your death. What other love has ever been, or could ever be, like yours? You suffered unjustly for the sake of the unjust. You died at the hands of sinners for the sake of the sinful. You became a slave to tyrants, to set the oppressed free.

—Bernard of Clairvaux

Evening

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds hide me.

Never permit me to be separated from you.

From the wicked enemy defend me.

In the hour of my death call me

And bid me come to you

That with your saints, I may praise you

For ever and ever. Amen.

—Pope John XXII

March 27

Wednesday of Holy Week

Morning

Father God,

The days of the life-giving

Death and glorious Resurrection of

Jesus Christ Your Son are

approaching. This is the occasion

when He triumphed over Satan's pride.

This is the time when we celebrate

the great event of our Redemption.

The Suffering and Death of Your

Son brought life to the whole world.

I am moved to praise Your glory!

Father, through Christ's love for

us, and through His Suffering, Death

and Resurrection may I gain eternal

life with You in Heaven.

Amen.

—Lawrence Lovasik

Evening

On your last days on earth

you promised

to leave us the Holy Spirit

as our present comforter.

We also know that your Holy Spirit blows over this earth.

But we do not understand him.

Many think

he is only a wind or a feeling.

Let your Holy Spirit

break into our lives.

Let Him come like blood in our veins,

so that we will be driven

entirely by your will.

Let your Spirit

blow over wealthy Europe and America,

so that men there will be humble.

Let him blow over the poor parts of the world,

so that men there need suffer no more.

Let him blow over Africa,

so that men here may understand

what true freedom is.

There are a thousand voices and spirits

in this world,

but we want to hear only your voice,
and be open only to your Spirit.

—Prayer from Ghana

March 28

Maundy Thursday

Morning

Servant Jesus,

what love You showed to Your disciples

and what humility in Your service!

You are the Lord of life, Son of God,

yet You stooped down

to take off the grimy sandals

and to wash their dusty feet.

With loving care You dried them with the towel,

making them fresh and cool.

Since You, our Lord and Savior,

did such lowly service for us,

ought we not humbly to serve others, also? . . .

Help us to find our constant inspiration in You

that the lamp may be kept burning

as we witness by Your grace.

Amen.

—John Johansen-Berg

Evening

Lord Christ, Our Servant and Savior,
on earth You washed the feet of Your disciples,
and now, through Your cross and resurrection,
You always live to make intercession for us:
give me grace to be Your faithful disciple
and servant to my life's end;
for Your name's sake.
Amen.

—Stephen S. Smalley

March 29

Good Friday

Morning

Walking alone, Lord, You go to Your sacrifice,
victim of death, and our death's mighty conqueror.
What can we say to You, knowing our poverty,
You, Who have freed us from sin and from slavery?
Ours are the sins, Lord, and we are the guilty ones;
You in Your innocence, take on our punishment.
Grant that our spirits may share in Your suffering,
may our compassion respond to Your pardoning.
Three sacred days are the time of our sorrowing,
as we endure now the night of our heaviness,
until the morning restores to us joyfulness;
Christ, newly risen, brings gladness for tearfulness.
Grant us, O Lord, to take part in Your suffering,
that we may share in Your heavenly victory;
through these sad days living humbly and patiently,
may we at Eastertide see You smile graciously.
Amen.

—Peter Abelard

Evening

Thou art my God, sole object of my love;
Not for the hope of endless joys above;
Not for the fear of endless pains below,
Which they who love thee must not undergo.
For me, and such as me, thou deign'st to bear
An ignominious cross, the nails, the spear:
A thorny cross transpierc'd thy sacred brow,
While bloody sweats from ev'ry member flow.
For me in tortures thou resign'd'st thy breath,
Embrac'd me on the cross, and sav'd me by thy death.
And can these sufferings fail my heart to move?
What but thyself can now deserve my love?
Such as then was, and is, thy love to me,
Such is, and shall be still, my love to thee—
To thee, Redeemer! mercy's sacred spring!
My God, my Father, Maker, and my King!

—Francis Xavier

March 30

Holy Saturday

Morning

By Your wounded hands:

teach us diligence and generosity.

By Your wounded feet:

teach us steadfastness and perseverance.

By Your wounded and insulted head:

teach us patience, charity and self-mastery.

By Your wounded heart:

teach us love, teach us love, teach us love,

O Master and Saviour.

—Daphne Fraser

Evening

I adore, I venerate, I glory in the holy cross,

and in our merciful Lord, and what He has done for us.

By You, hell is spoiled;

its mouth is closed to the redeemed.

By You, demons are afraid, restrained and defeated.

By You, the whole world is renewed and made beautiful.

Amen.

—Anselm

March 31

Easter Sunday

Morning

Christ the Lord is risen today, Alleluia!

Sons of men and angels say, Alleluia!

Raise your joys and triumphs high, Alleluia!

Sing, ye heavens, and earth reply, Alleluia!

Lives again our glorious king, Alleluia!

Where, O death, is now thy sting? Alleluia!

Once He died, our souls to save, Alleluia!

Where's thy victory, boasting grave? Alleluia!

Love's redeeming work is done, Alleluia!

Fought the fight, the battle won, Alleluia!

Death in vain forbids Him rise, Alleluia!

Christ hath opened paradise, Alleluia!

Soar we now where Christ hath led, Alleluia!

Following our exalted Head, Alleluia!

Made like Him, like Him we rise, Alleluia!

Ours the cross, the grave, the skies, Alleluia!

—Charles Wesley

Evening

The moment we have longed for has come; the day of our desires is here. What greater occupation could there be than for us to proclaim the power of your resurrection! This was the night when you shattered the gates of hell, and you took up the victory banner of heaven. This was the night when you set us among the stars.

. . . The blood which flowed from your side has washed away our sins. Your body rising from the tomb has promised us eternal life. Eternal are the blessings which in your love you have poured upon us.

—Gelasian Sacramentary

April 1

Monday of Easter Week

Morning

Christ is risen:

the world below lies desolate.

Christ is risen:

the spirits of evil are fallen.

Christ is risen:

the angels of God are rejoicing.

Christ is risen:

the tombs of the dead are empty.

Christ is risen indeed from the dead,

the first of the sleepers.

Glory and power are his for ever and ever.

—Hippolytus of Rome

Evening

It is truly right and good, always and everywhere, with our whole heart and mind and voice, to praise you, the invisible, almighty and eternal God, and your only-begotten Son, Jesus Christ our Lord; for he is the true Paschal Lamb, who at the feast of the Passover paid for us the debt of Adam's sin, and by his blood delivered your faithful people. . . .

This is the night, when all who believe in Christ are delivered from the gloom of sin, and

are restored to grace and holiness of life.

This is the night when Christ broke the bonds of death and hell, and rose victorious from the grave.

How wonderful and beyond our knowing, O God, is your mercy and loving-kindness to us, that to redeem a slave, you gave a Son.

How holy is this night, when wickedness is put to flight, and sin is washed away. It restores innocence to the fallen, and joy to those who mourn. It casts out pride and hatred, and brings peace and concord.

How blessed is this night, when earth and heaven are joined and man is reconciled to God.

—*The Book of Common Prayer*

April 2

Tuesday of Easter Week

Morning

Lord, you have passed over into new life, and you now invite us to pass over also. In these past days we have grieved at your suffering and mourned at your death. We have given ourselves over to repentance and prayer, to abstinence and gravity. Now at Easter you tell us that we have died to sin. Yet, if this be true, how can we remain on earth? How can we pass over to your risen life, while we are still in this world? Will we not be just as meddlesome, just as lazy, just as selfish as before? Will we not still be bad-tempered and stubborn, enmeshed in all the vices of the past? I pray that as we pass over to you, our faces will never look back. Instead, let us, like you, make heaven on earth.

—Bernard of Clairvaux

Evening

Rejoice, heavenly powers! Sing, choirs of angels!

O Universe, dance around God's throne!

Jesus Christ, our King, is risen!

Sound the victorious trumpet of salvation!

Rejoice, O earth, in glory, revealing the splendor of your
creation,

radiant in the brightness of your triumphant King!

Christ has conquered! Now his life and glory fill you!

Darkness vanishes forever!

—The Exsultet

April 3

Wednesday of Easter Week

Morning

You have protected us, Jesus, from endless disaster.

You spread Your hands over us like wings.

You poured Your blood over the earth,

because You loved us.

The anger which we deserved You turned away from us,

and restored us to friendship with God.

The Heavens may have Your spirit, Paradise Your soul,

but the earth has Your blood.

We celebrate the coming of Your Spirit always:

the Spirit leads the mystic dance throughout the year.

But Easter comes and goes.

Power came from Heaven to raise You from death,

so that we and all creatures could see You.

All living things gather round You at Easter.

There is joy, honour, celebration, and delight!

—Hippolytus of Rome

Evening

O Death, where is thy sting? O Hell, where is thy victory? Christ is risen, and thou art

overthrown. Christ is risen, and the demons are fallen. Christ is risen, and the Angels rejoice. Christ is risen, and the life reigneth. . . . For Christ, being risen from the dead, is become the first-fruits of those who have fallen asleep. To him be glory and dominion unto ages of ages. Amen.

—John Chrysostom

April 4

Thursday of Easter Week

Morning

Having beheld the resurrection of Christ,

let us venerate the holy Lord Jesus,

the only sinless one.

We venerate your Cross, O Christ,

and we praise and glorify your holy resurrection;

for you are our God

and we know no other than thee;

we call on your name.

Come, O faithful, let us venerate Christ's holy resurrection.

For, behold, through the Cross joy has come into all the world.

Let us ever bless the Lord,

praising his resurrection,

for by enduring the Cross for us,

he has destroyed death by death.

—John Chrysostom

Evening

Rejoice now, heavenly hosts and choirs of angels,

and let your trumpets shout Salvation

for the victory of our mighty King.

Rejoice and sing now, all the round earth,

bright with a glorious splendor,

for darkness has been vanquished by our eternal King.

Rejoice and be glad now, Mother Church,

and let your holy courts, in radiant light,

resound with the praises of Your people.

—*The Book of Common Prayer*

April 5

Friday of Easter Week

Morning

God Almighty, we praise your holy name in this joyful Eastertide. We thank you, Lord, because through your death and resurrection we have won the victory and your redeeming grace and love. Loving Father God, fill us with new life so that we may love one another and do what you want us to do in sharing your love with those who don't know you. In Jesus' name we pray.

—Mothers' Union

Evening

I see flames of orange, yellow, and red

Shooting upwards to the sky,

Piercing the whole clouds.

I see the clouds themselves

Chasing the flames upwards,

And I feel the air itself

Reaching for the Heavens.

Down below I see great, grey rocks

Beating against the earth,

As if they were pushing their way

Down to hell.

At Your resurrection that which is light and good

Rises up with You,

And that which is heavy and evil is pushed downwards.

At Your resurrection goodness breaks from evil,

Life breaks free from death.

—Adapted from Adam of Saint Victor

April 6

Saturday of Easter Week

Morning

Maker of the morning

as the blazing sun glories the eastern horizon,

I arise and greet this new day.

My spirit bows with gratitude,

rejoicing in hope for what this day promises. . . .

As people of the sleepy earth stretch and stir,

awaken in them an eagerness for your wisdom. . . .

May this day be a day of peace for all of creation,

with your touch of compassion extended to each one.

I commit all that awakens in my heart

into the gracious hands of your care.

I dedicate all I am and all I do this day to you,

the Radiant One of the morning.

I entrust my entire being into the protective arms of your
love.

—Joyce Rupp

Evening

At the Lamb's high feast we sing

Praise to our victorious King,
Who hath washed us in the tide
Flowing from His piercèd side . . .
Mighty Victim from the sky,
Hell's fierce powers beneath Thee lie;
Thou hast conquered in the fight,
Thou hast brought us life and light;
Now no more can death appall,
Now no more the grave enthrall;
Thou hast opened paradise,
And in Thee Thy saints shall rise.
Easter triumph, Easter joy,
Sin alone can this destroy:
From sin's power do Thou set free,
Souls new-born, O Lord, in Thee.
Hymns of glory and of praise,
Risen Lord, to Thee we raise;
Holy Father, praise to Thee
With the Spirit ever be.

—Moravian hymn, translated by Robert Campbell

April 7

Morning

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and forever.

Amen.

—Anglican “Daily Office”

Evening

Glory to you, O God, Creator and Father,
for the universe in which we live,
and for men made in your own image.
Glory to, you, O Christ,
who took a human body and redeemed our fallen nature.
Glory to you, O Holy Spirit,
Who made our bodies the temple of your presence.
Glory to Father Son, and Holy Spirit,
Whose will it is that we should be
made whole in body, mind and spirit.
Glory to God to all eternity.

—George Appleton

April 8

Morning

May Your merciful eyes be on us day and night, O Lord. Cover us with your divine protection and shield. Judge, rule, and bless all of our undertakings for your glory. Amen.

—Amish prayer

Evening

Dear Heart of Jesus! Tender treasure, You

In whom, alone, my joy and hopes reside:

You charmed me in my youth (*that*, tender too!)—

Stay, up to my last evening by my side.

O Heart of Jesus, giv'n to You alone,

My life belongs to Goodness Infinite . . .

You know—all my desires to You are known—

My wish is that I *lose myself in It*.

—Thérèse of Lisieux

April 9

Morning

O Lord our God,
bless my coming in and my going out,
my thoughts, words and works,
and let me begin this day with the
praise of the unspeakable sweetness of Thy mercy.
Hallowed be Thy name!
Thy kingdom come;
through Jesus Christ our Lord.
Amen.

—Greek Liturgy

Evening

Now I lay me down to sleep,
I pray the Lord my soul to keep.
If I should die before I wake,
I pray the Lord my soul to take.
—Clara Crocker Russell

April 10

Morning

The prayers I make will then be sweet indeed,
If Thou the spirit give by which I pray:
My unassisted heart is barren clay,
That of its native self can nothing feed.
Of good and pious works thou art the seed,
That quickens only where thou sayest it may;
Unless thou show to us thine own true way,
No man can find it: Father! thou must lead!
[Do Thou, then, breathe those thoughts into my mind
By which such virtue may in me be bred,
That in thy holy footsteps I may tread;
The fetters of my tongue do thou unbind,
That I may have the power to sing of thee,
And sound thy praises everlastingly.

—Michelangelo Buonarotti, translated and amended by William Wordsworth

Evening

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils
and dangers of this night . . .

Lord Christ, your saints have been the lights of the world in every generation; Grant that
we who follow in their footsteps may be made worthy to enter with them into that heavenly

country where you live and reign for ever and ever. Amen.

—*The Book of Common Prayer*

April 11

Morning

O Lord, prepare me for all the events of the day;
for I know not what a day may bring forth.
Give me grace to deny myself,
to take up my cross daily,
and to follow in the steps of my Lord and Master.
Amen.

—Matthew Henry

Evening

O heavenly Father, preserve me from all cold and speculative views of thy blessed Gospel; and while with regular constancy I kneel down daily before thee, do not fail to light up the fire of heavenly love in my bosom, and to draw my heart heavenward with earnest longings [to thyself].

—Henry Kirke White

April 12

Morning

I beseech you, Lord, to direct all my actions with your inspiration, to carry them on by your gracious help, that every prayer and work of mine may always begin from you and through you be happily ended.

—Ignatius of Antioch

Evening

Hear us, Lord, holy Father, almighty and eternal God, and graciously send your holy angel from heaven to watch over, to cherish, to protect, to abide with, and to defend all who dwell in this house. Through Jesus Christ our Lord. Amen.

—Unknown

April 13

Morning

Eternal God, who committest to us the swift and solemn trust of life; since we know not what a day may bring forth, but only that the hour for serving thee is always present, may we wake to the instant claims of thy holy will; not waiting for to-morrow, but yielding to-day. . . In all things draw us to the mind of Christ, that . . . thou mayest own us as at one with him and thee.

—James Martineau

Evening

Let me think upon thy Name in the night season,
and keep thy law:
let the evening prayer go up unto Thee,
and thy pity come down unto us,
o Thou which givest songs in the night,
which makes the outgoings of the morning and
evening to praise Thee,
which givest thy beloved wholesome sleep.

—Lancelot Andrewes

April 14

Morning

O sweet and loving God,
When I stay asleep too long,
Oblivious to all your many blessings,
Then, please, wake me up,
And sing to me your joyful song.
It is a song without noise or notes.
It is a song of love beyond words,
Of faith beyond the power of human telling,
I can hear it in my soul,
When you awaken me to your presence.
Amen.

—Mechtild of Magdeburg

Evening

O Lord my God,
night reminds me that though You do not sleep
I must.
Night reminds me that You are most certainly God
and I most certainly am not.
The world will carry on without me while I rest—
but without Your sustaining love every moment

all would be lost.

I have sought to serve You this day.

Where I have failed,

please call it to mind

for my honest confession

and your kind forgiveness.

May sleep come easily to me tonight.

Amen.

—David P. Gushee

April 15

Morning

O my God, make me happy this day in Thy service. . . . Let me do nothing, say nothing, desire nothing, which is contrary to Thy will. Give me a thankful spirit. O for a heart to praise Thee for all that Thou hast given me, and for all Thou hast withheld from me. Amen.

—Ashton Oxenden

Evening

O Lord our God, however I have sinned this day in word, deed or thought, forgive me, for Thou art gracious and loves mankind. Grant me peaceful and undisturbed sleep. Send me Thy guardian angel to shield me and protect me from every evil; for Thou art the Guardian of our souls and bodies, and unto Thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

—Catholic prayer

April 16

Morning

Let thy word live abundantly among us—thy word, the true, the deep. Thy word, the tender, the loving. Let it resound; let it ring, now in speech, now in song in every house that is called by thy name. . . . Holy Spirit, be our guest. Blow through our souls as when the mild winds of spring kiss the earth. Light up our spirits as when the rosy dawn breaks through the gloom and darkness of the night. Let every dry and withered heart be refreshed by the dew thou sendest from heaven, thou, our Father.

Lord. Hear our Prayer. Amen.

—Ian Macfarlane

Evening

Daylight departs, darkness descends.

Sound surrenders, silence surrounds.

Chatter concludes, whispers widen.

Discord departs, accord arrives.

Conflict ceases, peace progresses.

Struggle slackens, assent abides.

Details dissolve, evening prayers.

—Susan J. Erickson

April 17

Morning

Teach me, O Father, how to ask Thee each moment, silently, for Thy help. . . . If I am disquieted, enable me, by Thy grace, quickly to turn to Thee. May nothing this day come between me and Thee. May I will, do, and say, just what Thou, my loving and tender Father, willest me to will, do, and say. . . . Amen.

—Edward Bouverie Pusey

Evening

O gracious Light,
pure brightness of the everlasting Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified throughout all the worlds.

—*Phos hilaron*

April 18

Morning

Fairest Lord Jesus!

Ruler of all nature!

O Thou of God and man the Son!

Thee will I cherish,

Thee will I honor,

Thee, my soul's glory, joy, and crown.

Fair are the meadows,

Fairer still the woodlands,

Robed in the blooming garb of spring:

Jesus is fairer,

Jesus is purer,

Who makes the woeful heart to sing.

Fair is the sunshine,

Fairer still the moonlight,

And all the twinkling starry host:

Jesus shines brighter,

Jesus shines purer

Than all the angels heaven can boast.

—Unknown German hymnist

Evening

Lord Jesus Christ, I offer You this night's repose
in union with the eternal repose You have in the bosom of
the Father.

I offer You every breath which I shall draw this night,
and every motion of my heart as so many acts of love,
praise, adoration, joy, thanksgiving and homage
which will be paid to You in Heaven.

I unite myself with Your blessed mother Mary,
and all the angels and saints who will love and glorify You
during this night and for all eternity.

Amen.

—Loreto Manual

April 19

Morning

Today, my Father,

let me be like “a tree planted by the river,

bringing forth fruit in its season”.

Let the sap of Your Holy Spirit rise within me.

Let me not become dry and barren,

but rich in abundance and fertility.

May many weary ones find refreshment

in the shadow of my branches.

Amen.

—Brother Ramon

Evening

After the turbulence of the day,

Thank you for sending the peacefulness of the night.

How blessed the peace of night,

So still

That the very tones

Of mountain and skyscraper

Lost their jutting, harsh aspect

And bathe in thrilling stillness!

Let us not ruminate upon

The disagreeable scenes of the day.

Let us not rehearse

Injustices,

Bitter, hard words,

Coarse actions.

Mindful, Father,

Of your infinite patience with us,

Your infinite goodness,

We ask you to help us

Never to harbour a single drop

Of hate, or resentments,

Or bitterness

Against anyone.

Fill us

With your limitless mercy.

—Helder Camara

April 20

Morning

My life is but an instant, an mere passing hour,

My life escapes and flies away, this single day, no other.

You know, O Lord: To love you on this earth,

I have this day, no other!

—Thérèse of Lisieux

Evening

I adore You, my God, and I love You with all my heart. I thank You for having created me, for having made me a Christian, and for having preserved me this day. Pardon me for the evil I have done today. If I have done anything good, be pleased and accept it. Protect me while I take my rest and deliver me from all dangers. May Your grace be always with me. Amen.

—Unknown

April 21

Morning

I thank You God for most this amazing
day: for the leaping greenly spirits of trees
and a blue true dream of sky; and for everything
which is natural which is infinite which is yes
(I who have died am alive again today,
and this is the sun's birthday; this is the birth
day of life and of love and wings; and of the gay
great happening illimitably earth)
how should tasting touching hearing seeing
breathing any—lifted from the no
of all nothing—human merely being
doubt unimaginable You?
(now the ears of my ears awake and
now the eyes of my eyes are opened)

—E. E. Cummings

Evening

Instill in me a growing faith in You, O Lord,
and the strength to resist temptation in a world
which so widely rejects You.

Look upon me with compassion and forgive me

my sins. Fill my heart with kindness and understanding, especially for children, the aged, and those who I dislike or who dislike me.

O Jesus, who so loved children that You admonished us, “Unless you become like little children, you will not enter the kingdom of heaven,” grant me a childlike faith and purity of heart.

Amen.

—Franciscan prayer

April 22

Morning

Stand by us, Lord,

Give us peace,

courage and bright hopes,

This day and all our days.

—Angela Tilby

Evening

Almighty God, we give you thanks for surrounding us, as daylight fades, with the brightness of the vesper light; and we implore you of your great mercy that, as you enfold us with the radiance of this light, so you would shine into our hearts the brightness of your Holy Spirit; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

April 23

Morning

My soul has longed for you all night, O Eternal Wisdom! And in the early morning I turn to you from the depths of my heart. May your holy presence remove all dangers from my soul and body. May your many graces fill the inmost recesses of my heart, and inflame it with your divine love.

—Henry Suso

Evening

Heavenly Father,

at this hour which marks the end of the day,

I come before You again in thankfulness to glorify Your
name.

You have watched over me through the day,

and now I seek Your protection throughout the night.

Send me calm rest to restore my body and soul,

and strengthen my faith in You.

When I arise in the morning,

render me worthy to pray again to You and glorify Your
Holy name.

Amen.

—Michael Buckley

April 24

Morning

O Lord, in Confidence of thy great Mercy and Goodness . . . I most humbly implore the Grace and Assistance of thy Holy Spirit to enable me to become every day better . . . Grant me the wisdom and understanding to know my duty, and the heart and the will to do it. . . . Endue me, O Lord, with the true Fear and Love of thee, and with a prudent Zeal for thy Glory. Encrease in me more and more the Graces of Charity and Meekness, of Truth, and Justice, and Fidelity; give me Humility and Patience, and a firmness of Spirit to bear every condition with constancy and equality of mind. . . . Amen.

—William III of England

Evening

O Lord God, the Life of mortals, the Light of the faithful, the Strength of those who labor, the Repose of the dead, grant us a tranquil night, free from all disturbances; that, after an interval of quiet sleep, we may, by Thy bounty, at the return of the light be endued with activity from the Holy Spirit, and enabled in security to render thanks to Thee; through Jesus Christ our Lord. Amen.

—Mozarabic prayer

April 25

Morning

The sacred Three be over me:

With my working hands this day,

With the people on my way . . .

With the tools that I take,

With the things that I make,

With the thoughts of my mind,

With the sharing with mankind,

With the love of my heart,

With each one who plays a part;

The sacred Three be over me

The blessing of the Trinity.

Amen.

—David Adam

Evening

O God, who is everywhere present,

bless this our home,

and help us to remember that Christ is always our unseen
guest,

and so help us never to do or say anything which we would
be unhappy for Him to see.

Keep us this night in the dark hours,
and grant us kindly sleep,
and let us feel around us the clasp of the everlasting arms,
which will never let us go.

Amen.

—William Barclay

April 26

Morning

This day, O Lord—

give me courtesy:

give me meekness of bearing, with decision of

character:

give me longsuffering:

give me charity:

give me chastity:

give me sincerity of speech:

give me diligence in my allotted task.

—John Baillie

Evening

Grant me your evening blessing.

Rock my spirit into peacefulness.

Ease my cares away from me. . .

As I gaze back upon the day

that I have just traveled with you,

accept my gratitude for the joys

and my sorrow for the failings.

Abiding Peace, bestow upon me,

and upon all who dwell on earth:

your protective shelter in our sleep,
your guarding presence from all harm,
your perceptive spirit in our dreams.

First Star of the Evening,

be the strong light in my heart.

Shine brightly while I slumber.

Abide with me in tender vigilance

so that I will arise in the morning

with my soul awakened in your love.

—Joyce Rupp

April 27

Morning

O God, from whom we have received life and all earthly blessings, vouchsafe to give us each day what we need; give unto all of us strength to perform faithfully our appointed tasks; bless the work of our hands and of our minds. . . . sanctify our joys and our trials; and give us grace to seek first Thy kingdom and its righteousness, in the sure and certain faith that all else shall be added unto us. Amen.

—Eugene Bersier

Evening

Lord, behold our family here assembled. We thank Thee for this place in which we dwell; for the love that unites us; for the peace accorded us this day; for the hope with which we expect the morrow; for the health, the work, the food, and the bright skies, that make our lives delightful; for our friends in all parts of the earth.

—Robert Louis Stevenson

April 28

Morning

O my God, since Thou art with me, and I must now, in obedience to Thy commands, apply my mind to these outward things, I beseech Thee to grant me the grace to continue in Thy presence; and to this end do Thou prosper me with Thy assistance, receive all my works, and possess all my affections.

—Brother Lawrence

Evening

I will lay me down in peace, and take my rest, for it is Thou, Lord, only makest me dwell in safety.

—Thomas Ken

April 29

Morning

That which I give my energy to;

which I love

hate

find challenging

demanding

frustrating

rewarding:

This is my work—

that which I must do

on a daily basis

in order to live

and to prove

that I am fully alive.

Lord, thank You that as we work in the world

engaging our best energies

in that which is before us,

you work within us

through that same struggle,

the fabric of our redemption.

—Kathy Keay

Evening

Now that the day has ended, I thank you, Lord, and I ask that the evening and the night be sinless. Grant this to me, O Savior, and save me.

—Greek Orthodox prayer

April 30

Morning

May God kindle in us
the fire of love
to bring us alive
and give warmth to the world.
Lead me from death to life,
from falsehood to truth;
lead me from despair to hope,
from fear to trust;
lead me from hate to love,
from war to peace.
Let peace fill my heart,
our world, our universe.

—Anglican prayer of New Zealand and Polynesia

Evening

Be you a bright flame before me.
Be you a smooth way below me.
Be you a guiding star above me.
Be you a watchful eye behind me,
This day, this night, forever.

—Columba of Ireland

May 1

Morning

God guide me with Thy wisdom,

God chastise me with Thy justice,

God help me with Thy mercy,

God protect me with Thy strength.

God fill me with Thy fullness,

God shield me with Thy shade;

God fill me with Thy grace,

For the sake of Thine Anointed Son.

—Ancient Scottish prayer

Evening

O God, our Father, we thank You for this day which is
passing from us now.

For any glimpse of beauty we have seen;

For any echo of Your truth that we have heard;

For any kindness that we have received;

For any good that we have been enabled to do . . .

We thank You, O God.

—William Barclay

May 2

Morning

O God, Who art the unsearchable abyss of peace, the ineffable sea of love, the fountain of blessings, and the bestower of affection, Who sendest peace to those that receive it; open to us this day the sea of Thy love, and water us with plenteous streams from the riches of Thy grace, and from the most sweet springs of Thy benignity. Make us children of quietness, and heirs of peace. Enkindle in us the fire of Thy love; sow in us Thy fear; strengthen our weakness by Thy power; bind us closely to Thee and to each other in one firm and indissoluble bond of unity.

—Syrian Clementine Liturgy

Evening

Jesus, tender Shepherd, hear me:

Bless Thy little lamb tonight;

Through the darkness be Thou near me,

Keep me safe till morning light.

Through this day Thy hand hath led me,

And I thank Thee for Thy care;

Thou hast warmed, and clothed, and fed me,

Listen to my evening prayer.

Let my sins be all forgiven,

Bless the friends I love so well;

Take me, when I die to heaven,

Happy, there, with Thee to dwell.

—Mary L. Duncan

May 3

Morning

Give us, O Lord, we pray,

firm faith,

unwavering hope,

a passion for justice.

Pour into our hearts

the Spirit of Wisdom and Understanding,

the Spirit of Counsel and Spiritual Strength,

the Spirit of Knowledge and True Compassion

the Spirit of Wonder in all Your Works.

Light Eternal,

shine in our hearts:

Power Eternal,

deliver us from evil:

Wisdom Eternal,

scatter the darkness of my ignorance:

Might Eternal,

have mercy on us.

—Alcuin of York

Evening

God with me lying down,

God be with me rising up,
God with me in each ray of light,
Nor I a ray of joy without Him,

Nor one without Him.

Christ with me sleeping,
Christ with me waking,
Christ with me watching,
Every day and night,

Each day and night.

God with me protecting,
The Lord with me directing,
The Spirit with me strengthening,
Forever and for evermore,

Ever and evermore.

—Mary Macrae

May 4

Morning

Into your hands, O Lord,
and into the hands of your holy angels,
I commit and entrust this day my soul,
my relations, my benefactors, my friends and my enemies,
and all your people.
Keep us, O Lord, through this day.

—Edmund of Abingdon

Evening

O God, from whom to be turned is to fall,
to whom to be turned is to rise,
and in whom to stand is to abide forever:
grant us in all our duties your help,
in all our perplexities your guidance . . .
through Jesus Christ our Lord.

—Augustine of Hippo

May 5

Morning

Help me, O God, to put off all pretences and to find my true self. Help me, O God, to discard all false pictures of You, whatever the cost to my comfort. Help me, O God, to let go all my problems, and fix my mind on You. Help me, O God, to see my own sins, never to judge my neighbor, and may the glory be all Yours.

—Anthony Bloom

Evening

Lord God, our Father,
if during this day I have sinned in word, deed, or thought
forgive me in Your goodness and love.
Grant me peaceful sleep;
protect me from all evil,
and awaken me in the morning that I may glorify You,
Your Son, and Your Holy Spirit,
now and forever and ever.
Amen.

—Eastern Orthodox prayer

May 6

Morning

O merciful, gracious God, Father of eternal light and comfort, whose goodness and faithfulness are fresh again each morning, we give you praise, honor, and thanks for the lovely daylight, and also for graciously protecting us during the night and granting us gentle sleep and rest. May we now arise in your grace and love, and under your care and protection, make gainful, joyful use of the daylight. Amen.

—Amish prayer

Evening

Stay with me, Lord, for it is necessary
to have You present so that I do not
forget You. You know how easily I
abandon You.

Stay with me, Lord, because I am weak
and I need your strength, that I
may not fall so often.

Stay with me, Lord, for You are my
life, and without You, I am without
meaning and hope.

Stay with me, Lord, for You are my
light, and without You, I am in
darkness . . .

Stay with me, Jesus, because in the
darkness of this life, with all its
dangers, I need You.

Amen.

—Pio of Pietrelcina

May 7

Morning

Let me do, some work

for which Thou wilt remember me, Lord, for good,

and spare me according to the greatness of Thy

mercy. . . .

Preserve my going out and my coming in

from this time forth and even for evermore.

Prosper, I pray Thee, Thy servant this day,

and, grant him mercy

in the sight of those who meet him.

—Lancelot Andrewes

Evening

Blessed are you, O Lord, the God of Christians throughout the ages, creator of the changes of day and night, giving rest to the weary, renewing the strength of those who are spent, bestowing upon us occasions of song in the evening. As you have protected us in the day that is past, so be with us in the coming night; keep us from every sin, every evil, and every fear; for you are our light and salvation, and the strength of our life.

—*The Book of Common Prayer*

May 8

Morning

May I have peace within today.

May I trust God that I am exactly where I am meant to be.

May I not forget the infinite possibilities that are born of faith.

May I use those gifts that I have received, and pass on the love that has been given.

May I be content knowing that I am a child of God.

May I let His Presence settle into my bones, and allow my soul the freedom to sing, dance, praise and love.

—Adapted from instructions written by Saint Teresa of Avila

Evening

O my God,

I thank You for all the benefits which I have ever received from You,

and especially for the blessings of this day.

Give me light to see what sins I have committed today.

And grant me the grace to be truly sorry for them.

Amen.

—*Catholic Book of Prayers*

May 9

Feast of the Ascension of Christ

Morning

You are not only risen and alive, you are Lord.

This is your ascension, your ascendancy over the whole universe.

You stand over and above all that is best in life as its source.

You stand above all that is worst as ultimate victor.

You stand above all powers and authorities as judge. . . .

You alone are worthy of total allegiance, total commitment.

You are Lord,

‘My Lord and my God.’

—Rex Chapman

Evening

O God, we give thanks that your Son Jesus Christ, who has shared our earthly life, has now ascended to prepare our heavenly life. Grant that, through coming to know him by faith on earth, we may come to know him by sight in heaven.

—Gelasian Sacramentary

May 10

Morning

Give me a good digestion, Lord,

And also something to digest;

Give me a healthy body, Lord,

With sense to keep it at its best.

Give me a healthy mind, Good Lord,

To keep the good and pure in sight,

Which, seeing sin, is not appalled

But finds a way to set it right.

Give me a mind that is not bored,

That does not whimper, whine or sigh;

Don't let me worry over much

About the fussy thing called "I".

Give me a sense of humor, Lord,

Give me the grace to see a joke,

To get some pleasure out of life

And pass it on to other folk.

—Chester Cathedral Refectory

Evening

Good shepherd of your sheep,

your own defending,

in love your children keep

to life unending.

You are yourself the Way:

lead us then day by day

in your own steps we pray,

O Lord most holy.

—Clement of Alexandria

May 11

Morning

Accept, O Lord, my thanks and praise for all that you have done for me. I thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love. Above all, I thank you for your Son Jesus Christ; for the truth of His Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for His dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom. Amen.

—Unknown

Evening

O Sacred Trinity,

You save,

You shield.

Surround my hearth, my home,

this night and every night.

Amen.

—The Northumbria Community

May 12

Morning

O most sweet Jesus! turn thy face towards me, for this morning with all the power of my soul I fly to thee and salute thee, beseeching thee that the thousand times a thousand angels who minister to thee may praise thee for me, and that the thousand times ten thousand blessed spirits who surround thy throne may glorify thee for me today. May all that is beautiful and amiable in creatures praise thee for me, and may all creation bless thy holy name, our consoling Protection in time and in eternity.

—Henry Suso

Evening

Jesus, a look from you can embrace us with peaceful sleep, and ensure that our dreams are pure and holy. Sin shudders and falters at your glance, and guilt dissolves into tears of repentance. Bring peace, Lord, to our weary minds, and give rest to our tired limbs. May we leave sin behind us, and may our last reflections before sleep be prayers.

—Ambrose of Milan

May 13

Morning

Grant, O God,
That I may speak so boldly
And so lovingly
That the greatness of Christ
May shine out clearly in my person,
Through the indwelling of your Holy Spirit.

—Donald Coggan

Evening

Lord, Thou knowest how I live,
All I've done amiss forgive:
All of good I've tried to do,
Strengthen, bless, and carry through:
All I love in safety keep,
Whilst in Thee I fall asleep.

—Henry van Dyke

May 14

Morning

Holy Spirit, the life that gives life.

You are the cause of all movement;

You are the breath of all creatures;

You are the salve that purifies our souls;

You are the ointment that heals our wounds;

You are the fire that warms our hearts;

You are the light that guides our feet.

Let all the world praise You.

—Hildegard of Bingen

Evening

O God,

Please accept my prayers.

Keep and prosper us.

Bless our home, and ease our pace.

Keep away from us the wrongdoing of the wicked.

Send us the Angel of Peace,

to do Your godly will and to win,

with Your contentment, the happy ending.

Amen.

—Eastern Orthodox prayer

May 15

Morning

Give us courage, O Lord, to stand up and be counted, to stand up for others who cannot stand up for themselves, to stand up for ourselves when it is needful for us to do so. Let us fear nothing more than we fear Thee. Let us love nothing more than we love Thee, for then

we shall fear nothing also.

Let me have no other god before Thee . . .

Let me see no other peace but the peace which is Thine,
and make me its instrument,

opening my eyes and my ears and my heart,

so that I shall know always what work of peace

I should do for Thee.

Amen.

—Alan Paton

Evening

O God, our Father,

I thank Thee that You did keep us this day
in our going out and in our coming in.

I thank You that You enabled us to do our work,
and kept us in safety in the busy streets.

I thank You for pleasant things to do,
for friends to meet,

and for all wholesome pleasures to enjoy.

I thank You for clothes to wear, for food to eat,

for a home from which we go out

and to which at evening we return,

and for our loved ones who ever care for us.

Grant that we may never take for granted all these things

which come to us so regularly each day,

but to remember You, the Giver.

I lay myself down tonight in gratitude.

Grant me on the morrow to wake in resolution to serve You

well for all Your love to us.

Amen.

—William Barclay

May 16

Morning

Lord God, almighty and everlasting Father, you have brought us in safety to this new day:
Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity;
and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

Evening

Lord Jesus,
You are Light from eternal Light.
You have dissolved all spiritual darkness,
and my soul is filled with Your brightness.
Your light makes all things beautiful.
You ordered night and day to follow each other peacefully.
At night You give rest to our bodies.
As I lay down on my bed at night,
may Your fingers draw down my eyelids.
Lay Your hand of blessing on my head,
that righteous sleep may descend upon me.
Amen.

—Gregory of Nazianzus

May 17

Morning

O God, our Father, help us to a deeper trust in the life everlasting. May we feel that this love which is now, ever shall be; . . . this work of life is the work Thou hast given us to do, and, when it is done, Thou wilt give us more; this love, that makes all our life so glad, flows from Thee, for Thou art Love, and we shall love forever. Help us to feel how, day by day, we see some dim shadow of the eternal day that will break upon us at the last. . . . Amen.

—Robert Collyer

Evening

The day Thou gavest, Lord is ended,

The darkness falls at thy behest.

To thee our morning hymns ascended,

Thy praise shall hallow now our rest.

—John Ellerton

May 18

Morning

Lord! . . . teach me to be more alert, humble, expectant, than I have been in the past: ever ready to encounter You in quiet, homely ways: In every appeal to my compassion, . . . may I recognize You: still walking through the world. Give me that grace of simplicity which alone can receive Your mystery.

Come and abide with me!

Meet me, walk with me!

Enlighten my mind!

And then, Come in! Enter my humble life with its poverty and its limitations as You entered the stable of Bethlehem, the workshop of Nazareth, the cottage of Emmaus. Bless and consecrate the material of this small and ordinary life. Feed and possess my soul.

—Evelyn Underhill

Evening

Lord, when I am asleep let me not be afraid; but let my sleep be sweet, that I may be enabled to serve Thee.

—William Laud

May 19

Pentecost Sunday

Morning

O Holy Ghost, O faithful Paraclete,

Love of the Father and the Son.

In whom Begetter and Begotten meet . . .

Bond that holdeth God to man.

Power that welds in one

Humanity and Deity,

God making all that is

Before our day,

God guiding all that's made

Throughout our day,

Gift that abides through an eternity

Of giving, and is made no less!

Thy going forth preceded Time,

Thy pouring forth took place in Time.

The one, the well-spring of power and the river of grace,

The other, the flowing, the giving, the light on our face.

Thou comest forth from Thy transcendent day,

To make for us this shining feasting day.

Thou who alone

Art worthily adored
With Father and with Son,
To Thee in heart and word
Be honor, worship, grace,
Here and in every place,
World without end.

—Hildebert of Lavardin

Evening

May the Holy Spirit the Spirit of Pentecost, help you to clarify what is ambiguous, to give warmth to what is indifferent, to enlighten what is obscure, and to be before the world a true and generous witness of Christ's love, for no one can live without love.

—Pope John Paul II

Ordinary Time

There are two periods of time celebrated in the Western Christian Church that are called *Ordinary Time*. A fairly brief one follows shortly after Epiphany and lasts until Ash Wednesday, when the season of Lent is ushered in. The second, much longer period of Ordinary Time begins after Pentecost Sunday and lasts until it concludes with the Feast of Christ the King in late November. The following Sunday is the beginning of the season of Advent. All in all, the church spends about half of its time each year in Ordinary Time.

Ordinary Time takes its name from ordinal numbers, a way of counting the passage of different Sundays through the year. It was not intended to connote that these weeks of the church year are prosaic or uninteresting. Yet, just as a plain dark suit sets off the brilliance and color of a patterned tie, these stretches of Ordinary Time cause Lent and Advent to sparkle—Lent with somber magnificence and Advent with starlit wonder.

May 20

Morning

Empower me

to be a bold participant,

rather than a timid saint in waiting,

[[THIS SHOULD BE SL4]]in the difficult

ordinariness of now;

to exercise the authority of honesty,

rather than to defer to power,

[[THIS SHOULD BE SL4]]or deceive to get it;

to influence someone for justice,

rather than impress anyone for gain;

and, by grace, to find treasures

of joy, of friendship, of peace

[[THIS SHOULD BE SL4]]hidden in the fields

of the daily

[[THIS SHOULD BE SL5]]you give me to plow.

—Ted Loder

Evening

Lord Jesus Christ, you are the gentle moon and the joyful stars, that watch over the darkest night.

You are the source of all peace, reconciling the whole universe to the Father. You are the source

of all rest, calming troubled hearts, and bringing sleep to weary bodies. You are the sweetness

that fills our minds with quiet joy, and can turn the worst nightmares into dreams of heaven. May I dream of your sweetness, rest in your arms, be at one with your Father, and be comforted in the knowledge that you always watch over me.

—Erasmus of Rotterdam

May 21

Morning

Creator Spirit, by whose aid
The world's foundations first were laid,
Come, visit every pious mind;
Come, pour thy joys on human kind;
From sin and sorrow set us free,
And make thy temples worthy thee.
Oh, source of uncreated light,
The Father's promised Paraclete! . . .
Plenteous of grace, descend from high,
Rich in thy sevenfold energy!
Thou strength of his Almighty hand,
Whose power does heaven and earth command.
Proceeding Spirit, our defense,
Who dost the gift of tongues dispense,
And crown'st thy gift with eloquence . . .
Make us eternal truths receive,
And practise all that we believe:
Give us thyself, that we may see
The Father and the Son by thee.
Immortal honour, endless fame,
Attend the Almighty Father's name:

The Saviour Son be glorified,
Who for lost man's redemption died:
And equal adoration be,
Eternal Paraclete, to Thee!

—Charlemagne

Evening

Holy Spirit,
As the day ends we thank You for Your presence
which throughout the day sanctified our lives,
and took our fleeting moments into the bosom of the
Father.
We ask pardon for those lapses when, through sloth or
willfulness,
We forgot to live by Your Spirit.
We ask You this night for a quiet rest,
and at the end Your eternal peace,
which surpasses all understanding.
Amen.

—Michael Buckley

May 22

Morning

Spirit of truth and love,

Life-giving, holy Dove,

Speed forth Thy flight:

Move o'er the waters' face,

Bearing the lamp of grace,

And in earth's darkest place

“Let there be light!”

—John Marriott

Evening

O Lord Jesus Christ,

Who received the children who came to You,

receive also from me, Your child, this evening prayer.

Shelter me under the shadow of Your wings,

that in peace I may lie down and sleep;

and waken me in due time,

that I may glorify You,

for You alone are righteous and merciful.

—Eastern Orthodox prayer

May 23

Morning

O Holy Spirit, who so many centuries ago didst come in creative power, and, brooding upon the face of the waters, didst from chaos bring calm, brood over us.

O Holy Spirit, who didst speak through the prophets and the saints, inspiring men with the power to speak for God and to live for God, breathe upon us.

O Holy Spirit, who in the hush of the upper room didst fall upon men and women like a rushing, mighty wind, purifying them as with flame, sending them out with a power beyond themselves, knit us in a close and loving fellowship that we too may receive thee. Through Jesus Christ our Lord.

—Leslie D. Weatherhead

Evening

Save us, O Lord, watching guard us sleeping, that we may watch with Christ, and rest in peace.

—College Dormitory Benediction

May 24

Morning

Come, Thou Comforter benignest!

Rule our hearts and tongues, Divinest!

Gall or poison, where Thou shinest,

May not anymore be found:

There is not a joy or pleasure,

Health and rest are not a treasure,

Nought is sweet, all scant in measure,

Where Thy grace doth not abound . . .

Thou, Who art both gift and giver,

Helping every good endeavor,

Cause our hearts to praise Thee ever,

And our lips, O let us never

But in blessing Thee employ:

Wash out every evil passion,

Who alone canst purge transgression!

And in Christ our souls refashion,

That we may, in full possession,

Our new nature's bliss enjoy! Amen.

—Adam of Saint Victor

Evening

God of Mercy:

The day with all its choices, good or ill,

Is now beyond recall;

And I am alone with Thee,

To make answer for deed and word and thought.

I cannot play the hypocrite with Thee;

I cannot excuse or justify the blots that stain my day;

I cannot lightly laugh at my transgressions now;

For Thou dost know me altogether.

But Thou dost know the good in me, and not the evil only;

Dost see my struggles, mark my resolutions,

Hear my prayers in heaven, Thy dwelling place. . . .

For His sake, let me know Thy peace to-night.

—Robert Freeman

May 25

Morning

Grant to us, O Lord, the royalty of inward happiness,
and the serenity which comes from living close to thee.
Daily renew in us the sense of joy,
and let the eternal spirit of the Father dwell in our souls and
bodies,
filling every corner of our hearts with light and grace;
so that, bearing about with us the infection of good
courage,
we may be diffusers of life.

—Robert Louis Stevenson

Evening

I am lying down to-night with God,
And God to-night will lie down with me, . . . I am lying
down to-night with the Holy Spirit,
And the Holy Spirit this night will lie down with me.

—Ancient Scottish Prayer

May 26

Trinity Sunday

Morning

God, we praise you:

Father all-powerful, Christ Lord, our Savior, Spirit of love.

You reveal yourself in the depths of our being,

drawing us to share in your life and your love.

One God, three Persons,

be near to the people formed in your image,

close to the world your love brings to life.

We ask this, Father, Son and Holy Spirit,

one God, true and living, for ever and ever.

Amen.

—Roman Missal for Trinity Sunday

Evening

Almighty and everlasting God, who hast given unto us thy servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We beseech thee that thou wouldst keep us steadfast in this faith and worship, and bring us at last to see thee in thy one and eternal glory, O Father; who with the Son and the Holy Spirit livest and reignest, one God, for ever and ever. Amen.

—*The Book of Common Prayer*

May 27

Morning

Bestow on me, O Lord, a genial spirit and unwearied forbearance, a mild, loving, patient heart, kindly looks, pleasant, cordial speech and manner, that I may give offence to none, but, as much as in me lies, live in charity with all.

—Johann Arndt

Evening

Living Love, beginning and end, giver of food and drink,
clothing and warmth, love and hope: life in all its goodness—

We praise and adore you.

Jesus, wisdom and word;

Lover of outcasts, friend of the poor;

One of us, yet one with God;

Crucified and risen: life in the midst of death—

We praise and adore you.

Holy Spirit, storm and breath of love;

Bridge-builder, eye-opener, waker of the oppressed,

unseen and unexpected, untameable energy of life—

We praise and adore you.

Holy Trinity, forever one, whose nature is community;
source of all sharing, in whom we love, and meet, and know our
neighbour: life in all its fullness, making all things new:

We praise and adore you.

—Brian Wren

May 28

Morning

My God, . . . I want Thy guidance and direction in all I do. Let Thy wisdom counsel me, Thy hand lead me, and Thine arm support me. I put myself into Thy hands. Breathe into my soul holy and heavenly desires. Conform me to Thine own image. Make me like my Saviour. Enable me in some measure to live here on earth as He lived, and to act in all things as He would have acted—Amen.

—Ashton Oxenden

Evening

Almighty God! . . .

To thy goodness we commend ourselves this night beseeching thy protection of us through its darkness and dangers. We are helpless and dependent; graciously preserve us. For all whom we love and value, for every friend and connection, we equally pray; however divided and far asunder, we know that we are alike before thee, and under thine eye. May we be equally united in thy faith and fear, in fervent devotion towards thee, and in thy merciful protection this night. Pardon oh Lord! the imperfections of these our prayers, and accept them through the mediation of our blessed savior.

—Jane Austen

May 29

Morning

O thou Lover of mankind, . . . send down into our hearts that peace which the world cannot give, and give us, too, peace in this world. O King of Peace, keep us in love and charity; be our God, for we have none other beside thee; . . . grant unto our souls the life of righteousness . . .

—Walter Farquahar Hook

Evening

Blessed is the Lord by day, blessed is the Lord by night; blessed is the Lord when we lie down, blessed is the Lord at our rising up; for in thy hands are the souls of all the living, and the spirit of all human creatures. Into thy hands do I commend my spirit; thou hast redeemed me, O Almighty true God! our God, who are in heaven; confirm thy kingdom perpetually, and reign over us forever.

—Henry Hyams

May 30

Morning

I pray you, O most gentle Jesus, give me lively faith, a firm hope and perfect charity, so that I may love you with all my heart, and all my soul and all my strength. Make me firm and steadfast in good works and grant me perseverance in your service so that I may be able to please you always.

—Clare of Assisi

Evening

Thou, O Almighty Lord, hast created all things for thine own Name's sake; to all men thou hast given meat and drink to enjoy, that they might give thanks to thee, but to us thou hast graciously given spiritual meat and drink, together with life eternal, through thy Servant. . . .

Be mindful of thy Church, O Lord; deliver it from all evil, perfect it in thy love, sanctify it, and gather it from the four winds into the kingdom which thou hast prepared for it.

Let Grace come, and this present world pass away.

—*The Didache*

May 31

Morning

O heavenly Father, the Author and fountain of all truth, the bottomless sea of all true understanding; send down, we beseech thee, thy holy Spirit into our hearts, and lighten our understanding with the beams of thy heavenly grace.

We ask thee this, O merciful Father, . . . for thy dear Son our Saviour Jesus Christ's sake.

—Nicholas Ridley

Evening

Fountain of light, source of light,

Hear our prayer.

Drive away from us the shadow of sin.

Seek us, kindly light!

You, who created us in holiness,

Who condemned our sin,

Who redeemed us from our sin,

Sustain us by your power.

The labour of the day is over,

And now we rest safely at home.

Make this house your home,

And protect us with your grace.

The sun has fallen below the earth,

And now the darkness is here.

Let your uncreated light shine
Upon our dark and weary souls.
Pour your gentle light into our dull minds,
Filling our heads with holy thoughts.
Pour your glorious light into our cold breasts,
Kindling holy love within our hearts.
From horror, lust and fear,
Guard us while we sleep.
And if we cannot sleep,
Let our eyes behold your angels.

—Alcuin of York

June 1

Morning

Oh Lord my God,

You called me from the sleep of nothingness

merely because in your tremendous love

you want to make good and beautiful beings.

You have called me by my name in my mother's womb.

You have given me breath and light and movement

and walked with me every moment of my existence.

I am amazed, Lord God of the universe,

that you attend to me and, more, cherish me.

Create in me the faithfulness that moves you,

and I will trust you and yearn for you all my days.

Amen.

—Joseph Tetlow

Evening

Radiant Light Divine,

shine throughout this night.

Jesus, Holy One,

praise to you, our Light.

As the daylight fades,

and comes eventide,

dwell among us, Holy Fire.

—Rufino Zaragoza

June 2

Morning

We render Thee thanksgiving upon thanksgiving, Lord our God, Father of our Lord God and Saviour Jesus Christ, by all means, at all times, in all places. For Thou hast sheltered, assisted, supported, and led us on through the time past of our life, and brought us to this hour. And we pray and beseech Thee, O Good and Loving, grant us to pass this holy day . . . without sin; with all joy, health, salvation, sanctification, and fear of Thee.

—Adapted from the *Liturgy of St. Mark*

Evening

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

—*The Book of Common Prayer*

June 3

Morning

May we all live in the peace that comes from you. May we journey toward your city, sailing through the waters of sin untouched by the waves, borne serenely along by the Holy Spirit. Night and day may we give you praise and thanks, because you have shown us that all things belong to you, and all blessings are gifts from you. To you, the essence of wisdom, the foundation of truth, be glory for evermore.

—Clement of Alexandria

Evening

The day is thine, O Lord; the night also is thine. In the morning we wait on thee to renew our strength: in the evening, to find the shelter of thy wing. Thou art our Sun; and apart from thee our toil is blind and weary, and there is no glory in our joy. Thou art our Shade; and only when thou closest around us, can our spirits find their rest.

—James Martineau

June 4

Morning

Lord,
you are the deepest wisdom,
the deepest truth,
the deepest love,
within me.
Lead me in your way.

—Richard Harries

Evening

Protect and bless all things that have breath: guard them from all evil, and let them sleep in peace.

—Albert Schweitzer

June 5

Morning

Lord, I believe in you: increase my faith. I trust in you: strengthen my trust. I love you: let me love you more and more. I am sorry for my sins: deepen my sorrow.

I worship you as my first beginning, I long for you as my last end, I praise you as my constant helper, and call on you as my loving protector.

Guide me by your wisdom, correct me with your justice, comfort me with your mercy, protect me with your power.

—Pope Clement XI

Evening

My Jesus, I love Thee;

I know Thou art mine.

For Thee all the follies

Of sin I resign.

My gracious Redeemer,

My Savior art Thou.

If ever I loved Thee,

My Jesus 'tis now.

I love Thee,

Because Thou hast first loved me,

And purchased my pardon

On Calvary's tree . . .

I'll love Thee in life,
I will love Thee in death,
And praise Thee
As long as Thou lendest me breath.

—William R. Featherston

June 6

Morning

Lord God Almighty, open my heart and enlighten it with the grace of Thy Holy Spirit, that I may seek those things which are well-pleasing in Thy sight. Direct my thoughts, guard my senses, and dispose my life according Thy commandments, that I may ever strive to fulfill Thy law, and may at last attain the joys of Thine everlasting kingdom.

—Bede the Venerable

Evening

O Lord, whose way is perfect: help use always to trust in your goodness; that walking with you in faith and following you in all simplicity, we may possess quiet and contented minds, and cast all our care on you, because you care for us; for the sake of Jesus Christ our Lord.

—Christina Rossetti

June 7

Morning

Jesus, receive my heart,
and bring me to thy love.
All my desire thou art.
Kindle fire within me,
that I may win to thy love,
and see thy face in bliss
which shall never cease,
in heaven with never an ending.

—Richard Rolle

Evening

Lord, keep us safe this night,
Secure from all our fears;
May angels guard us while we sleep,
Till morning light appears.

—John Leland

June 8

Morning

Blessing, and honour, and thanksgiving, and praise, more than I can utter, more than I can conceive, be unto thee, O most adorable Trinity, Father, Son, and Holy Ghost, by all angels, all men, all creatures, for ever and ever. Amen, Amen.

—Thomas Ken

Evening

As I let go of this day, and as nighttime falls,
let my heart keep the Light it saw,
to know that I was able to extend peace and love
to those I met and to let only that become a part of my
memory.

Let me take this time right now to erase
all that is less than who I really am. . . .
Take from me my pain, my worries, my petty grievances,
and allow me to be big enough to bless them
into nothingness now.

Let me awaken with a joyful heart and mind . . .
Bless my life with Love,
and let me know it is God's love,
guiding me through the gateways into the night.
Dear God, at the close of day, as I close my eyes,

I see the deep blue night falling around me . . .

As I prepare to sleep, I know I have been blessed.

Amen.

—Jeanna Rasmussen

June 9

Morning

May none of God's wonderful works

keep silence, night or morning.

Bright stars, high mountains, the depths of the seas,

sources of rushing rivers:

may all these break into song as we sing

to Father, Son and Holy Spirit.

May all the angels in the heavens reply:

Amen! Amen! Amen!

Power, praise, honour, and eternal glory

to God, the only Giver of grace!

Amen! Amen! Amen!

—Early Christian prayer

Evening

O Almighty Lord, Word of the Father, Jesus Christ, . . . for thy great mercy's sake do thou never

depart from me, thy Servant, but ever abide in me. . . . O Holy King Jesus, preserve me while I

sleep with thy unchanging light, thy Holy Spirit, wherewith thou didst sanctify thy disciples. . . .

Preserve my thoughts in thy humility, and rouse me at the fit time to glorify thee. For thou art

glorified above all, with thy Eternal Father and with the most Holy Spirit for evermore. Amen.

—Ignatius of Antioch

June 10

Morning

Through the night Thy angels kept

Watch above me as I slept,

Now the dark has passed away,

Thank Thee, Lord, for this new day.

—William Canton

Evening

Lord, un wrinkle my tired soul

unsnarl my garbled thoughts and words

unwind my gnarled nerves

and let me relax in Thee.

—Marian Wright Edelman

June 11

Morning

Jesus, our mighty Lord,
our strength in sadness,
the Father's conquering Word,
true source of gladness;
your Name we glorify,
O Jesus, throned on high;
you gave Yourself to die
for our salvation.

—Clement of Alexandria

Evening

Peace of the running waves to you,
Deep peace of the flowing air to you,
Deep peace of the quiet earth to you,
Deep peace of the shining stars to you,
Deep peace of the shades of night to you,
Moon and stars always giving light to you.
Deep peace of Christ, to Son of Peace, to you.

—Traditional Gaelic blessing

June 12

Morning

For flowers that bloom about our feet;

For tender grass, so fresh, so sweet;

For the song of bird and hum of bee;

For all things fair we hear or see,

Father in heaven, we thank Thee! . . .

For blue of stream, and blue of sky;

For pleasant shade of branches high;

For fragrant air and cooling breeze;

For beauty of the blooming trees,

Father in heaven, we thank Thee.

—Ralph Waldo Emerson

Evening

As the evening shadows fall,

closing out the light of the day,

come, Merciful Savior,

with Your benedictions into my heart.

Bring to me the full forgiveness of all my sins,

and grant me Your glorious peace,

which passes all understanding.

Bless all Your people far and near,

and give healing and strength for the sick.

Relax my body and give me much-needed rest.

Keep me humble and pure in heart

Hear my prayer,

Almighty Savior and Friend.

Amen.

—*My Prayer Book*

June 13

Morning

O Father, light up the small duties of this life. May they shine with the beauty of your countenance. May we believe that glory can dwell in the commonest task every day.

—Augustine of Hippo

Evening

O Lord Jesus Christ, my Watchman and Keeper, take me into thy care: grant that, my body sleeping, my mind may watch in thee, and be made merry by some sight of that celestial and heavenly life wherein thou art the King and Prince, together with the Father and the Holy Ghost; thy angels and holy souls be most happy citizens.

O purify my soul, keep clean my body, that in both I may please thee, sleeping and waking, forever. Amen.

—John Bradford

June 14

Morning

Grant, O Lord, that I may ever walk in your presence, with your love in my heart, your truth in my mind, your strength in my will, that when I finally stand before you, it may be with the assurance of your welcome, and the joy of my homecoming,

Amen.

—Unknown

Evening

Our Father who is in heaven,

Hallowed be Your name.

Your kingdom come.

Your will be done,

On earth as it is in heaven.

Give us this day our daily bread.

And forgive us our debts,

as we have forgiven our debtors.

And do not lead us into temptation, but deliver us from
evil.

—Jesus Christ

June 15

Morning

Eternal King without beginning, You who are before all worlds, my Maker who hast summoned all things from non-being into this life: bless this day that You, in Your inscrutable goodness, give to me. By the power of Your blessing enable me at all times in this coming day to speak and act for You, to Your glory, in Your fear, according to Your will, with a pure spirit, with humility, patience, love, with gentleness, peace, courage, wisdom and prayer, aware everywhere of Your presence.

—Sophrony of Essex

Evening

Stay with me, Lord, if You wish me to
be always faithful to You. . .
Stay with me, Lord, to show me Your will.
Stay with me, Lord, so that I can hear
Your voice and follow You.
Stay with me, Lord, for I desire to love
You ever more, and to be always
in Your company.
Amen.

—Pio of Pietrelcina

June 16

Morning

Bless me and all that I use and do with the blessing of Your love and mercy. . . . The dry places of the heart and soul You water with Your rain. . . . May Your Holy Spirit govern me from my beginning until my final day and be my will, work, and completion. Amen.

—Jacob Boehme

Evening

Abide with us, O good Lord, through the night, guarding, keeping, guiding, sustaining, sanctifying, and with Thy love gladdening us, that in Thee we may ever live . . . through Jesus Christ our Lord. Amen.

—Edward White Benson

June 17

Morning

Almighty and everlasting God, be Thou present with us in all our duties, and grant the protection of Thy presence to all that dwell in this house, that Thou mayest be known to be the Defender of this household and the Inhabitant of this dwelling; through Jesus Christ our Lord. Amen.

—Gelasian Sacramentary

Evening

O Lord my God, thank you

for bringing this day to a close;

Thank you for giving me rest

in body and soul.

Your hand has been over me

and has guarded and preserved me.

Forgive my lack of faith

and any wrong that I have done today,

and help me to forgive all who have wronged me.

Let me sleep in peace under your protection,

and keep me from all the temptations of the darkness.

Into your hands I commend my loved ones

and all who dwell in this house; I commend to You my
body and soul.

O God, your holy name be praised.

Amen.

—Dietrich Bonhoeffer

June 18

Morning

O burning mountain, O chosen sun,
O perfect moon, O fathomless well,
O unattainable height, O clearness beyond measure,
O wisdom without end, O mercy without limit,
O strength beyond resistance, O crown of all majesty,
The humblest you created sings your praise!

—Mechtild of Magdeburg

Evening

Day is done, gone the sun
From the lakes, from the hills, from the sky.
All is well, safely rest;
God is nigh.

—Horace Lorenzo Trim

June 19

Morning

O God, our Father,

Direct and control me in every part of my life;

my tongue, that I speak no false words;

my actions, that I do nothing to shame myself or hurt
others;

my mind, that I think no evil or bitter thoughts;

my heart, that it be set only on pleasing You;

through Christ our Lord.

Amen.

—*Catholic Prayer Book*

Evening

Jesus! the very thought of Thee

With sweetness fills my breast;

But sweeter far Thy face to see,

And in Thy presence rest.

No voice can sing, no heart can frame,

Nor can the memory find

A sweeter sound than Thy blest name,

The Saviour of mankind!

O Hope of every contrite heart!

O Joy of all the meek!
To those who fall, how kind Thou art,
How good to those who seek.
But what to those who find? Ah! this,
Nor tongue, nor pen can show
The love of Jesus, what it is
None but His loved ones know.
Jesus! Our only joy be Thou,
As Thou our prize shalt be;
Jesus! be Thou our glory now,
And through eternity.

—Bernard of Clairvaux

June 20

Morning

O God, I bless Thee that Thou have permitted me to lie down in sleep, and to awake this morning in safety. Thou hast dispersed the darkness of another night: may no shadow of sin obscure the sunshine of thy favour and love. . . .

Direct, control, suggest, this day, all my designs and thoughts and actions, that every power of my body, and every faculty of my mind may unite in devotedness to Thy sole service and glory. And all I ask for Jesus' sake. Amen.

—John Macduff

Evening

Grace, mercy, and peace will be with you from God the Father and from the Lord Jesus Christ, the Son of the Father, in truth and love.

—2 John 1:3 (nkjv)

June 21

Morning

Father, I thank Thee for the night

And for the pleasant morning light;

For rest and food and loving care,

And all that makes the world so fair.

Help me to do the things I should,

To be to others kind and good:

In all I do, in work and play,

To love Thee better every day.

—Traditional children's prayer

Evening

Into thy hands, most blessed Jesus, I commend my soul and body, for thou has redeemed both with thy most precious blood. So bless and sanctify my sleep to me, that it may be temperate, holy, and safe, a refreshment to my wearied body, to enable it to serve my soul, that both may serve thee with a never-failing duty.

—Jeremy Taylor

June 22

Morning

Show me Your ways, O Lord;

Teach me Your paths.

Lead me in Your truth, and teach me,

For You are the God of my salvation.

—Psalm 25:4–5(**nkjv**)

Evening

O Father of lights, with whom there is no variation nor shadow of turning, who abidest steadfast as the stars of heaven, give me grace to rest upon thy eternal changelessness, and in thy faithfulness find peace; through Jesus Christ our Lord. Amen.

—George W. Briggs

June 23

Morning

My Heavenly Father, I thank You, through Jesus Christ, Your beloved Son, that You kept me safe from all evil and danger last night. Save me, I pray, today as well, from every evil and sin, so that all I do and the way that I live will please you. I put myself in your care, body and soul and all that I have. Let Your holy angels be with me, so that the evil enemy will not gain power over me. Amen.

—Martin Luther

Evening

My God, let me know and love you, so that I may find my happiness in you. Since I cannot fully achieve this on earth, help me to improve daily until I may do so to the full. Enable me to know you ever more on earth, so that I may know you perfectly in heaven. Enable me to love you ever more on earth, so that I may love you perfectly in heaven. In that way my joy may be great on earth, and perfect with you in heaven.

—Augustine of Hippo

June 24

Morning

Dear Heavenly Father,

Help to keep my honor bright

And teach me that integrity of character

Is my most priceless possession.

Grant that I may do my best today,

And strive to do even better tomorrow.

Teach me that duty is a friend and not an enemy,

And help me to face even the most disagreeable task
cheerfully.

Give me the faith to understand my purpose and life,

Open my mind to the truth and fill my heart with love.

—Michael F. Bowman

Evening

I thank Thee, my Lord, my Master, and my Judge, for teaching us how to pray simply to Thee,
for hearing my calling upon Thee, for saving me from my sins and sorrows, and for rightly
directing my ways.

—John of Cronstadt

June 25

Morning

Blessed Lord, by your life at Nazareth you made holy the ordinary work of the day, and by your teaching revealed your compassion for those who labour and are overburdened: grant that in the midst of our work we may find rest and peace in your presence and joy in knowing that we are serving you, who are our refuge and strength, and our exceeding great reward.

—Unknown

Evening

May the Light of Lights come

To my dark heart from your place;

May the Spirit's wisdom come

To my heart's tablet from my Saviour.

Be the peace of the Spirit mine this night,

Be the peace of the Son mine this night,

Be the peace of the Father mine this night.

The peace of all peace be mine this night,

Each morning and evening of my life.

—Ancient Scottish prayer

June 26

Morning

Lord, in union with your love, unite my work with your great work, and perfect it. As a drop of water, poured into a river, is taken up into the activity of the river, so may my labor become part of your work. Thus may those among whom I live and work be drawn into your love.

—Gertrude of Thuringia

Evening

Slowly we are turning once again
to look into the dark, star-sprinkled space
through which our planet is traveling.
All life is aware of the approaching view,
and the sunset beauty of this day's end
is an overture to the awesome grandeur
of the eternal vision that awaits us.
As the Earth turns outward,
may my thoughts turn inward
to the Sacred Mystery that dwells in my heart.
At the end of this day
I sing a song of thanksgiving
for the wonder of life.
I lift up my voice in gratitude
for all this day has held for me

as I turn my memory to its flood of gifts.
Blessed are You, Divine Mystery,
Who has chosen to dwell within me
and has ended this day
with zestful life, beauty, love,
and the discipline of my trials and temptations.
Blessed are You, O God.
Most blessed are You.
Amen.

—Joyce Rupp

June 27

Morning

Let the words of my mouth and the meditation of my heart

Be acceptable in Your sight,

O Lord, my strength and my Redeemer.

—Psalm 19:14 (**nkjv**)

Evening

The night is here.

Be near to me, dear Jesus.

Be a bright candle shining in the dark,

driving the sin from my heart. . .

The moon casts her gentle rays.

Guide me, dear Jesus.

Guide my steps through this gloomy path

that I may arrive safely in Heaven.

The stars glisten in the sky.

Teach me, dear Jesus,

teach me to discern the truth amidst falsehood,

that even now I may see signs of Your glory.

Amen.

—Johann Freylinghausen

June 28

Morning

Thou great First Cause, least understood,

Who all my sense confined

To know but this, that Thou art good,

And that myself am blind . . .

Save me alike from foolish pride,

Or impious discontent,

At aught thy wisdom has denied,

Or aught thy goodness lent.

Teach me to feel another's woe,

To hide the fault I see;

That mercy I to others show,

That mercy show to me.

Mean though I am, not wholly so,

Since quicken'd by thy breath;

Oh lead me wheresoe'er I go,

Through this day's life or death!

This day, be bread and peace my lot:

All else beneath the sun,

Thou know'st if best bestow'd or not,

And let Thy will be done.

—Alexander Pope

Evening

Into thy hands, O Lord, I commend myself,

my spirit, soul, and body:

Thou didst make, and didst redeem them:

O Lord, Thou God of truth.

And together with me, all my friends

and all that belongs to me.

Thou hast vouchsafed them to me, Lord,

in Thy goodness. . . .

Let me remember Thee on my bed,

and search out my spirit;

let me wake up and be present with Thee;

I will lay me down in peace, and take my rest:

for it is Thou, Lord, only,

that makest me dwell in safety.

—Lancelot Andrewes

June 29

Morning

Jesus, help me to simplify my life by learning what you want me to be and becoming that person.

—Thérèse of Lisieux

Evening

I lay me down with Thee, O Jesus

And mayest Thou be about my bed,

The oil of Christ be upon my soul,

The Apostles' Creed be above my head.

O Father who wrought me

O Son who bought me

O Spirit who sought me

Let me be Thine.

—Traditional Irish blessing

June 30

Morning

O Lord, Almighty God and Heavenly Father, you did not give us life and set us in this world merely so we would nourish ourselves with grief and work until we return to the dust from whence we came. Instead, you ordained our lives so that we should fear you and love you, and cleave to you with all our hearts. Even as your divine grace gave us the day to work, so you gave us the night to rest. Under your fatherly shield of protection, we have mercifully enjoyed this rest, and for that I humbly praise and bless you with deep gratitude. Amen.

—Amish prayer

Evening

I lie down tonight
with fair Mary and with her Son . . .
I lie down with God,
And God will lie down with me,
I will not lie down with Satan,
Nor shall Satan lie down with me.
O God of the poor,
Help me this night,
Omit me not entirely
From Thy treasure-house.
For the many wounds
That I inflicted on Thee,

I cannot this night

Enumerate them.

. . . Do not exact from me for my transgressions,

Do not omit me in Thine ingathering,

In Thine ingathering.

—Traditional Scottish prayer

July 1

Morning

If I have faltered more or less
In my great task of happiness;
If I have moved among my race
And shown no glorious morning face;
If beams from happy human eyes
Have moved me not; if morning skies,
Books, and my food, and summer rain
Knocked on my sullen heart in vain:—
Lord, thy most pointed pleasure take
And stab my spirit broad awake.

—Robert Louis Stevenson

Evening

O God, who art the life of all who live, the light of the faithful, the strength of all who labor, and the repose of the dead: We thank thee for the timely blessings of the day, and humbly beseech thy merciful protection all the night. Bring us, we pray thee, in safety to the morning hours; through him who died for us and rose again, thy Son our Savior Jesus Christ. Amen.

—*The Book of Common Prayer*

July 2

Morning

Glory to You, O Lord, for the feast-day of life!

Glory to You for the perfumes of lilies and roses.

Glory to You for each different taste of vegetable and fruit.

Glory to You for the sparkling silver look of early-morning
dew.

Glory to You for the joy of dawn's awakening.

Glory to You, O Lord, for the new chance at living each
day brings.

—Metropolitan Tryphon

Evening

Bless this house, O Lord, I pray. Make it safe by night and
day.

Bless these walls so firm and stout, keeping want and
trouble out.

Bless the roof and chimney tall. Let thy peace lie over all. .
.

Bless the folk who dwell within, Keep them pure and free
from sin.

Bless us all that we may be fit, O Lord, to dwell with Thee.

—Helen Taylor

July 3

Morning

Work Thy Holy Will in me and through me this day. Protect me, guide me, bless me, within and without, that I may do something this day for love of Thee; something which shall please Thee; and that I may this evening be nearer to Thee . . . Lead me, good Lord, in a straight way unto Thyself, and keep me in Thy grace unto the end.

—Edward Bouverie Pusey

Evening

O Eternal God and King of all creation, Who hast granted me to reach this hour, forgive the sins I have committed this day in deed, word, and thought; and cleanse, O Lord, my humble soul of all impurity of flesh and spirit. Grant me, O Lord, to pass the sleep of this night in peace; that, rising from my lowly bed, I may please Thy most holy name all the days of my life.

—Macarius of Egypt

July 4

Morning

Most gracious Lord God, from whom proceedeth every good and perfect gift, I offer to thy divine majesty my unfeigned praise and thanksgiving for all thy mercies towards me. Thou mad'st me at first and hast ever since sustained the work of thy own hand; thou gav'st thy Son to die for me; and hast given me assurance of salvation, upon my repentance and sincerely endeavoring to conform my life to his holy precepts and example. . . Instruct me in the particulars of my duty, and suffer me not to be tempted above what thou givest me strength to bear. Take care, I pray thee of my affairs and more and more direct me in thy truth, . . . Suffer me not to be drawn from thee, by the blandishments of the world . . . Render me charitable, pure, holy, patient and heavenly minded. . . . bless, O Lord, the whole race of mankind, . . . bless my friends, and grant me grace to forgive my enemies as heartily as I desire forgiveness of Thee, my heavenly Father. I beseech thee to defend me this night from all evil, and do more for me than I can think or ask, for Jesus Christ sake, in whose most holy name and words, I continue to pray.

—George Washington

Evening

We bless thee for the inspired souls of all ages who saw afar the shining city of God, and by faith left the profit of the present to follow their vision. . . .

Make us determined to live by truth and not by lies, to found our common life on the eternal foundations of righteousness and love . . . Help us to make the welfare of all the supreme law of our land, that so our commonwealth may be built strong and secure on the love of all its

citizens. Cast down the throne of Mammon who ever grinds the life of men, and set up thy throne, O Christ, for thou didst die that men might live.

—Walter Rauschenbusch

July 5

Morning

Lord, since You exist, we exist.

Since You are beautiful, we are beautiful.

Since You are good, we are good.

By our existence we honor You.

By our beauty we glorify You.

By our goodness we love You.

Lord, through Your power all things were made.

Through Your wisdom all things are governed.

Through Your grace all things are sustained.

Give us power to serve You,

wisdom to discern Your laws,

and grace to obey them at all times.

Amen.

—Edmund of Abingdon

Evening

May the grace of the Lord Jesus sanctify us and keep us
from all evil;

may he drive far from us all hurtful things, and purify both
our souls and bodies;

may he bind us to himself by the bond of love,

and may his peace abound in our hearts.

—Gregorian Sacramentary

July 6

Morning

Give me, Lord, a stout heart to bear my own burdens, a tender heart to bear the burdens of others and a believing heart to lay all my burdens on you, for you care for us.

—Lesslie Newbigin

Evening

We thank thee, our heavenly Father, through Jesus Christ, thy dear Son, that thou hast graciously kept us this day; and we pray thee that thou wouldst forgive us all our sins where we have done wrong, and graciously keep us this night. For into thy hands we commend ourselves, our bodies and souls, and all things. Let thy holy angel be with us, that the wicked foe may have no power over us.

—Martin Luther

July 7

Morning

O Lord our God, Who hast chased the slumber from our eyes, and once more assembled us to lift up our hands unto Thee and to praise Thy just judgments, accept our prayer and supplications, and give us faith and love.

—Unknown

Evening

When the shadows fall upon hill and glen,
and the bird-music is mute,
when the silken darkness is a friend,
and the river sings to its stars:

I ponder within myself the question that You and I alone
can answer, O Lord:

“King and Savior of all, what is Thy gift to me?
And do I use it to Thy pleasing?”

—Alistair MacLean

July 8

Morning

Let me with a gladsome mind

Praise the Lord for he is kind:

For his mercies aye endure,

Ever faithful, ever sure.

Let us blaze his name abroad,

For of gods he is the God . . .

Who, by his all commanding might,

Filled the new-made world with light.

—John Milton

Evening

O radiant Light, O Sun divine

Of God the Father's deathless face,

O Image of the Light sublime

That fills the heavenly dwelling place . . .

O Son of God, the source of life,

Praise is your due by night and day.

Unsullied lips must raise the strain

Of your esteemed and splendid name.

Lord Jesus Christ, as daylight fades,

As shine the lights of eventide,

We praise the Father and the Son,
The Spirit blest and with them one.

— *Phos hilaron*

July 9

Morning

Blessed art Thou, O Lord,
our God,
the God of our Fathers;
who turnest the shadow of death into the morning;
and lightenest the face of the earth;
who separatest darkness from the face of the light;
and banishest night and bringest back the day;
who lightenest mine eyes,
that I sleep not in death;
who deliverest me from the terror by night,
from the pestilence that walketh in darkness;
who drivest sleep from mine eyes,
and slumber from mine eyelids;
who makest the outgoings of the morning and evening to
praise Thee;
because I laid me down and slept and rose up again,
for the Lord sustained me . . .
grant me to be a child of light, a child of the day,
to walk soberly, holily, honestly, as in the day;
vouchsafe to keep me this day without sin.

—Lancelot Andrewes

Evening

May the cross of the Son of God,

which is mightier than all the hosts of Satan,

and more glorious than all the hosts of heaven,

abide with me in my going out and my coming in.

By day and night, at morening and at evening,

at all times and in all places may it protect and defend me.

From the wrath of evildoers, from the assaults of evil
spirits,

from foes visible and invisible, from the snares of the devil,

from all passions that beguile the soul and body:

may it guard, protect and deliver me.

Amen.

—*The Book of Common Prayer*

July 10

Morning

O Lord my God, Creator and Ruler of the world,

it is Your will that human beings accept the duty of work.

May the work I do bring growth in this life to me and those

I love,

and help to extend the kingdom of Christ.

May my work draw me to You and to others in cheerful
service.

I beg Your blessing upon all my efforts this day. . .

Help me do the work You have willed for me to do,

and come to the reward You have promised.

Amen.

—Lawrence Lovasik

Evening

Send Thy peace into our hearts, O Lord, at the evening hour, that we may be contented with Thy mercies of this day, and confident of Thy protection for the night; and now, having forgiven others, even as Thou dost forgive us, may we have a pure comfort and a healthful rest within the shelter of this home; through Jesus Christ our Saviour. Amen.

—Henry van Dyke

July 11

Morning

Lord of springtime, Father of flower, field and fruit, smile on us in these earnest days when the work is heavy and the toil is wearisome; lift up our hearts, O God, to the things worthwhile—sunshine and night, the dripping rain, the songs of birds, books and music, and the voices of our friends. Lift up our hearts to these this night, and grant us Thy peace. Amen.

—W. E. B. DuBois

Evening

The stillness of God be mine this night
that I may sleep in peace.

The awareness of the angels be mine this night
that I may be alert to unseen mysteries.

The company of the saints be mine this night
that I may dream of the river of love.

The life of Christ be mine this night—
that I may be truly alive in the morning
that I may be truly alive.

—J. Philip Newell

July 12

Morning

Gracious and holy Father,
give us the wisdom to discover you,
the intelligence to understand you,
the diligence to seek after you,
the patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you;
through the power of the Spirit of Jesus, our Lord.
Amen.

—Benedict of Nursia

Evening

Thanks, Lord for Your ear that someone may hear.
Thanks for seeing that someone may see.
Thanks for feeling that someone may feel.
Thanks for the touch that one may be touched.
Thanks for the flowering of the white moon
and spreading shawl of black night
holding villages and cities together.

—James Berry

July 13

Morning

Praised be Thou, O God, Almighty Ruler, who dost make the day bright with Thy sunshine, and the night with the beam of heavenly fires! . . . watch over us with Thy power; give me grace to pass all the days of our life, blameless, holy, peaceful, free from sin, terror, and offence. For with Thee is mercy and plenteous redemption, O Lord and God.

—Liturgy of the Greek Church

Evening

Be present, O merciful God, and protect us through the silent hours of this night, so that we who are fatigued by the changes and chances of this fleeting world, may repose upon Thy eternal changelessness; through Jesus Christ our Lord. Amen.

—Ambrose

July 14

Morning

O God, our Father,

You have bidden us to be Lights of the dark world.

Help me throughout the day to be a help

and an example to all whom I meet . . .

And grant that as I move among men and women today,
they may catch a glimpse in me of You.

—William Barclay

Evening

Bless us, O God the Father, Who hast created us,

Bless us, O God the Son, Who hast redeemed us,

Bless us, O God the Holy Ghost, Who sanctifieth us,

O Blessed Trinity, keep us in body, soul, and spirit unto
everlasting eternal life.

Amen.

—*Weimarischer Gesangbuch*

July 15

Morning

You have once again let day dawn for us, O heavenly Father; may we remember this is your merciful gift. Teach us to understand why you have given us this glorious gift, and why you let your wonderful sun rise above us: so we may live each day according to your will and prepare ourselves for the never-ending day you will create.

Holy Father, may we learn to abandon and avoid the night of darkness and sin so we may walk in the clear light of your divine mercy. Let us set aside the acts of darkness and take up the weapons of light so that we may always walk with integrity. Amen.

—Amish prayer

Evening

May God the Father bless us;

may Christ take care of us;

the Holy Ghost enlighten us all the days of our life.

The Lord be our defender and keeper of body and soul,

both now and forever, to the ages of ages.

—Aethelwold

July 16

Morning

Give me, good Lord, a full faith, a firm hope, and a fervent charity, and a love to the good Lord incomparable above the love of myself.

—Thomas More

Evening

And now, O blessed Redeemer! my rock, my hope, and only sure defence, to thee do I cheerfully commit both my soul and my body. If thy wise providence see fit, grant that I may rise in the morning refreshed with sleep, and with a spirit of cheerful activity, for the duties of the day; but whether I wake here or in eternity, grant that my trust in thee may remain sure, and my hope unshaken.

—Henry Kirke White

July 17

Morning

Most holy and adored Trinity,
I praise You, God in three Persons,
and give You thanks for all
the favors You have bestowed upon me.
Your goodness has preserved me until
now. I offer You my thoughts, words
and deeds, together with all the trials
I may undergo this day. Give them Your
blessing. May Your divine love animate
them, and may they serve Your greater
glory.
Amen.

—Catholic prayer

Evening

O Lord our God,
in Your great goodness and in the richness of Your mercy
protect me this night from the test of evil.
You who are the Creator of all things,
bring me safely to the time
when I offer You my prayers at daybreak;

and, together with Your gift of true light,
pour out in my heart the treasure of knowing You,
that enables me to do Your will.
For You, O God, are good and loving to all mankind,
and I give You glory, Father, Son, and Holy Spirit,
now and forever, unto the ages of ages.
Amen.

—Eastern Orthodox prayer

July 18

Morning

Dear Lord,

let me start my work in faith,

continue in obedience, and finish in love.

Amen.

—Anonymous; from a church in England

Evening

God, my Father,

You know all that has made up today, its joys and
perplexities . . .

O God, strengthen me with a greater dependence:

only in Your way of life is satisfaction;

You have made me for Yourself;

You have set me in this wonderful world to love and serve.

God, bless my coming-in this night

as You blessed my going-out at the days' beginning.

Amen.

—Rita Snowden

July 19

Morning

O God, our King Eternal, who dividest the day from the night and turnest the shadow of death into morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when the night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

Evening

Lord, you are closer to me
than my own breathing,
nearer than my hands and feet.

—Teresa of Avila

July 20

Morning

Dear Lord Jesus, we shall have this day only once; before it is gone, help us to do all the good we can, so that today is not a wasted day.

—Stephen Grellet

Evening

Jesus Christ my God, I adore you and I thank you for all the graces you have given me this day.

I offer you my sleep and all the moments of this night, and I implore you to keep me safe from sin.

To this end I place myself in your sacred side . . . Let your holy angels surround me and keep me in peace; and let your blessing be upon me.

Amen.

—Alphonsus de Liguori

July 21

Morning

I want to unite my life to your life,
my thoughts to your thoughts,
my affections to your affections,
my heart to your heart,
my works to your works,
my whole self to your self,
in order to become through this union
more holy and more pleasing in the sight of your Father,
and in order to make my life
more worthy of your grace and of the reward of
eternity.

I want to join your intentions to my intentions,
the holiness of your actions to mine
and the excellence of your lofty virtues
to the lowliness of mine . . .

And when, in some one of my works,
I discover something not inspired by your spirit
and which proceeds rather from my self-centeredness
or from some poorly mortified affection,
I will renounce it and disown it with my whole heart.
No, my Jesus, I promise myself to have nothing in me

which is not in union with your lofty virtues.

—Jean-Pierre Médaille

Evening

Sleep my child and peace attend thee,

All through the night

Guardian angels God will send thee,

All through the night

Soft the drowsy hours are creeping

Hill and vale in slumber sleeping,

I my loving vigil keeping

All through the night.

—Welsh lullaby

July 22

Morning

Grant to me, my Lord, that with peace of mind I may face all that this new day is to bring. Grant unto me grace to surrender myself completely to Thy holy will. Instruct and prepare me in all things for every hour of this day. Whatsoever tidings I may receive during the day, do Thou teach me to accept calmly, in the firm conviction that all my eventualities fulfill Thy holy will. Govern Thou my thoughts and feelings in all I do and say. When things unforeseen occur, let me not forget that all cometh down from Thee. Teach me to behave sincerely and reasonably toward every member of my family and all other human beings, that I may not cause confusion and sorrow to anyone. Bestow on me, my Lord, strength to endure the fatigue of the day and to bear my share in all its passing events. Guide Thou my will and teach me to pray, to believe, to hope, to suffer, to forgive, and to love. Amen.

—The Optina Elders

Evening

Unto Thy care we now commend ourselves this night. We will lay us down in peace, if Thou speak peace to us through Jesus. May our last thoughts be of Thee; and when we wake, may Thy Spirit bring heavenly things to our mind. Pardon the imperfections of our prayers; supply what we have omitted to ask for, and do all for the sake of Jesus. Amen.

—Fielding Ould

July 23

Morning

Show, O Lord, Thy ways to me,

and teach me Thy paths.

Direct me in Thy truth, and teach me;

for Thou art God my Saviour.

—Peter Faber

Evening

Do not cast me off because I am a sinner, do not hold aloof from me because I am not clean . . .

Forgive the sins I have committed today. Protect me during the coming night and keep me safe

from the machinations and contrivances of the enemy, that I may not sin.

—Macarius of Egypt

July 24

Morning

My good Lord,

Another day is beginning outside,

the curtain going up on another blue-sky'd day.

Each day is Yours, a beautiful new scene in this play

You're staging of life on Earth.

You are directing it, yes,

but You are not its sole playwright.

You allow us men and women to come on Your stage and
act,

affecting the script.

Our lines and actions can advance or hinder the course of
Your drama.

Still I believe, Lord,

that the direction of this world is firmly in Your hands.

When the final curtain goes down

it will be upon the climactic scene of Your envisioning.

Beneficent Author of life,

let me play my part today

in words and actions so as to further Your plot on Earth,

and hasten the day when Your faithful

will enjoy a new Heaven and a new Earth.

Amen.

—Jeanie Gushee

Evening

O blessed Jesus, give me stillness of soul in You. Let Your mighty calmness reign in me. Rule me, O You, King of Gentleness, King of Peace.

—Saint John of the Cross

July 25

Morning

O heavenly Father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by thy Holy Spirit, that in all the cares and occupations of our life I may never forget thee, but may remember that we am ever walking in thy sight; Through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

Evening

O most high, potent, sweet Lord,

to You belong the praise, the glory,

the honor and all blessing. . . .

Be praised, my Lord, for Sister Moon and stars,

carved by You, clear and rich and fair. . .

Be praised, my Lord, for those who find forgiveness

in their hearts for your love's sake,

And bear with sorrow and affliction.

Blessed they who bear these in peace,

because by You, Most High, they will be crowned.

—Francis of Assisi

July 26

Morning

O Lord my God, Teach my heart where and how to seek you, where and how to find you. Lord, if you are not here, where shall I seek you since you are absent? But if you are everywhere, why do I not see you, since you must be present? . . .

I am not trying to scale your heights, Lord; my understanding is in no way equal to that. But I do long to understand your truth in some way, your truth which my heart believes and loves. For I do not seek to understand in order to believe; I believe in order to understand. For I also believe that unless I believe, I shall not understand.

—Anselm

Evening

O Lord God, who has given us the night for rest, I pray that in my sleep my soul may remain awake to you, steadfastly adhering to your love. As I lay aside my cares to relax and relieve my mind, may I not forget your infinite and unresting care for me. And in this way, let my conscience be at peace, so that when I rise tomorrow I am refreshed in body, mind and soul.

—John Calvin

July 27

Morning

Look upon us, O Lord, And let all the darkness of our souls vanish before the beams of Thy brightness. Fill us with holy love, and open to us the treasures of Thy wisdom. All our desire is known unto Thee, therefore perfect what Thou hast begun, and what Thy Spirit has awakened us to ask in prayer. We seek Thy face, turn Thy face unto us and show us Thy glory. Then shall our longing be satisfied, and our peace shall be perfect.

—Augustine of Hippo

Evening

Give me the strength that waits on You in silence and in peace. Give me humility in which alone is rest, and deliver me from pride which is the heaviest of burdens.

—Thomas Merton

July 28

Morning

I arise to-day Through God's strength to pilot me:

God's might to uphold me,

God's wisdom to guide me,

God's eye to look before me,

God's ear to hear me,

God's word to speak for me,

God's hand to guard me,

God's way to lie before me,

God's shield to shelter me,

God's host to save me.

—Saint Patrick's Breastplate

Evening

Ere I sleep, for ev'ry favour

This day showed

By my God,

I will bless my Saviour.

O my Lord, what shall I render

To thy name,

Still the same,

Merciful and tender?

Thou hast ordered all my goings

In thy way,

Heard me pray,

Sanctified my doings. . . .

Thou my rock, my guard, my tower,

Safely keep,

While I sleep,

Me, with all thy power.

—John Cennick

July 29

Morning

O God, animate us to cheerfulness. May we have a joyful sense of our blessings, learn to look on the bright circumstances of our lot, and maintain a perpetual contentedness under Thy allotments. . . . Preserve us from despondency, from yielding to dejection. Teach us that . . . nothing can hurt us, if, with true loyalty of affection, we keep Thy commandments, and take refuge in Thee—Amen.

—William Ellery Channing

Evening

Receive the prayers, thrice Holy Savior,
of those who stand on earth and sing Your praise.
Look down with sleepless eye,
O Lover of the human race,
and overlook our weakness,
and grant us peaceful rest.
Receive our prayer, raise up our souls,
lest our sins frustrate our prayer.
Deliver us, Your servants, from the grief of Judgment,
and make us worthy, who sing to You now,
to stand in the chorus of Your saints.
Glory to the Father, and to the Son, and to the Holy Spirit,
unto ages of ages.

Amen.

—Byzantine prayer

July 30

Morning

God be in my head,

and in my understanding;

God be in mine eyes,

and in my looking;

God be in my mouth,

and in my speaking;

God be in my heart,

and in my thinking;

God be at my end,

and at my departing. Amen.

—*The Old Sarum Primer*

Evening

The sacred Three

To save,

To shield,

To surround

The hearth,

The house,

The household,

This eve,

This night,
Oh! this eve,
This night,
And every night,
Each single night.
Amen.

—Celtic prayer

July 31

Morning

May the God of strength be with us,
holding us in strong and loving hands,
May we be the sacrament of God's strength
to those whose hands we hold . . .
May the God of gentleness be with me.
May the God of gentleness be with us . . .
May God's tenderness shine through us
to warm all who are hurt and lonely.

—Unknown

Evening

Glory be to Thee, my God,
for all the blessings of the past day,
for Thy presence ever with me,
for the love of family and friends,
for every kindness shown me by others,
for the satisfaction of my work,
and for the knowledge that I am held safe in Thy hand,
whatever happens.

I lift my heart in love and gratitude to Thee, dear Father,
praising Thee that Thou hast made me Thy child through

Jesus Christ.

—George Appleton

August 1

Morning

Let Thy blessing, O Lord, rest upon my work this day.

Lead me to seek after truth, and enable me to attain it.

But grant that as I increase in the knowledge of earthly things,

I may grow likewise in knowledge of Thee, Whom to know is life eternal;

through Jesus Christ our Lord.

Amen.

—Thomas Arnold

Evening

When I look at your heavens,

according to my own lights,

with these weak eyes of mine,

I am certain that they are your heavens

without any qualification whatever.

I note that the stars circle about them

and reappear year after year . . .

each with a function and service to fulfill.

And though I do not understand them,

I come to the realization that You, O God, are in them.

—Hilary of Poitiers

August 2

Morning

Lord, be with us this day,

Within us to purify us;

Above us to draw us up;

Beneath us to sustain us;

Before us to lead us;

Behind us to restrain us;

Around us to protect us.

—Saint Patrick

Evening

Jesus, King of love, you shared in the life of your earthly home at Nazareth with Mary and Joseph. Bless, we pray, our home and our life here, that we may help each other and those who visit us to grow more and more in your love. We ask this in your name and for your sake. Amen.

—Unknown

August 3

Morning

Rule over me this day, O God, leading me on the path of righteousness. Put Your word in my mind and Your truth in my heart, that this day I neither think nor feel anything except what is good and honest. Let my eyes look straight ahead on the road You wish me to tread, that I might not be tempted by any distraction.

—Jacob Boehme

Evening

Thanks be to You, O God,
for the night and its light,
for stars that emerge out of evening skies
and the white moon's radiance.

Thanks be to You
for the earth's unfolding of color
and the bright sheen of creatures from
ocean depths.

In the darknesses of the world
and in the night of my own soul
let me be looking with longing for light,
let me be looking in hope.

—J. Philip Newell

August 4

Morning

O Lord our God,
give us by your Holy Spirit
a willing heart and a ready hand
to use all your gifts
to your praise and glory;
through Jesus Christ our Lord.

—Thomas Cranmer

Evening

For starshine, Sir, in a long night,
each glistening of a giving light;
for rocking chairs with glides gentle,
similar to Your parental
rotating earth from dark to bright;
for small, wild creatures who crouch
in dens, as I, as wild, do couch
in mine; for birds' drowsy twitters,
mums, grans, baby-sitters,
and all who murmur in the night
hushed and lovely lullabies
to lull and close an infant's eyes

(sparkly as stars in midnight gaze!),
an evensong, Good Sir, I raise,
for You imbue our dark with light.
I thank You that You do refresh
us mind and soul, not merely flesh.
Our souls in dreams like children go,
guileless, nightgown-clad, tip-toe,
down darkened stairs; we reach the landing.
There our angel guard is standing,
gathering us back to peace and right.
For rest, for nest, for dream's night flight,
for grace-filled dark that crowns our days,
Most Holy Sir, I give You praise!
Amen.

—Jeanie Gushee

August 5

Morning

Glorious Lord, I give you greeting!

Let the church and the chancel praise you,

Let the plain and the hillside praise you . . .

Let the dark and the daylight praise you,

Let the life everlasting praise you,

Let the male and the female praise you,

Let the seven days and the stars praise you . . .

Let the books and the letters praise you . . .

Let my thoughts and my actions praise you,

Let all the good that is performed praise you,

And I shall praise you, Lord of glory:

Glorious Lord, I give you greeting!

—Welsh prayer

Evening

Lord, we praise thee for . . . the Night, who folds all the tired folk of the earth in her comfortable robe of darkness and gives them sleep. Release now the strained limbs of toil and smooth the brow of care. Grant us the refreshing draught of forgetfulness. . . . Comfort and ease those who toss wakeful on a bed of pain, or whose aching nerves crave sleep and find it not. Save them from evil or despondent thoughts in the long darkness, and teach them so to lean on thy all-pervading life and love, that their souls may grow tranquil and their bodies, too, may rest.

—Walter Rauschenbusch

August 6

Morning

O God, from whom all holy desires, all good counsels, and all just works proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we . . . may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.

—*The Book of Common Prayer*

Evening

Into your hands, our Lord and Father, we commend this
night

our souls and bodies,

our parents and homes,

friends . . . neighbours and relatives . . .

all folk rightly believing,

and all who need your pity and protection:

shed the light of your grace upon us,

and grant us never to be separated from you,

O Lord and Trinity, God everlasting.

—Edmund of Abingdon

August 7

Morning

I offer you, Lord, my thoughts to be fixed on you;
my words to have you for their theme;
my actions to reflect my love for you;
my sufferings to be endured for your greater glory.

I want to do what you ask of me:

in the way you ask,

for as long as you ask,

because you ask it.

Lord, enlighten my understanding,

strengthen my will,

purify my heart,

and make me holy.

—Clement XI

Evening

Come, Lord,

and cover me with the night.

Spread your grace over us

as you assured us you would do.

Your promises are more than

all the stars in the sky;

your mercy is deeper than the night . . .

The night comes with its breath of death.

Night comes; the end comes; you com.

Lord, we wait for you

day and night.

—African prayer

August 8

Morning

O Lord, awake in us a hunger and thirst for you and for your righteousness. Teach us to act according to your will, for you are our God. May your good Spirit lead us along the straight path. We commend ourselves to you. Let all of our works be blessed and bring honor to your name and be useful to our neighbors. Make us into tools of your mercy, and let us joyfully go forth and practice our calling. Amen.

—Amish prayer

Evening

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

August 9

Morning

O Lord, grant me to greet this coming day in peace.

Help me in all things to rely upon your holy will.

In every hour of the day reveal your will to me. . . .

In all my deeds and words guide my thoughts and feelings.

. . .

Teach me to act firmly and wisely, without embittering and embarrassing others.

Give me the strength to bear the fatigue of the coming day with all that it shall bring.

Direct my will. Teach me to pray. Pray yourself in me.

—Philaret of Moscow

Evening

Lord, this night help me to die to self,
so that I might awake to live more fully for others and in
You.

Help me to trust that as You have led me this far

Your guidance will continue.

Amen.

—Frank Topping

August 10

Morning

Guide me to-day in all things:

Guide me to the people I should meet or help:

To the circumstances in which I can best serve Thee. . . .

Make Christ to be formed in me,

that I may dethrone self in my heart

And make Him King

So that He is in me, and I in Him,

To-day and forever. Amen.

—W. J. Carey

Evening

O God, who gives the day for work and the night for sleep, refresh our bodies and our minds through the quiet hours of night, and let our inward eyes be directed towards you, dreaming of your eternal glory.

—Leonine Sacramentary

August 11

Morning

When the day returns, return to us, our sun and comforter, and call us up with morning faces and with morning hearts—eager to labour—eager to be happy, if happiness shall be our portion—and if the day be marked for sorrow, strong to endure it.

—Robert Louis Stevenson

Evening

May the angels of God guard us through the night,
and quieten the powers of darkness.

May the Spirit of God be our guide to lead us to peace and
to glory.

—Unknown

August 12

Morning

O Blessed Jesus, give us more charity, more self-denial, more likeness to Thee. . . . Teach us to sacrifice our comforts to others, and our likings for the sake of doing good. Make us kindly in thought, gentle in word, and generous in deed. . . . Teach us that it is better to give than to receive . . .

Now unto the God of Love, the Prince of Peace, the Holy Spirit of Charity, be glory and praise for ever. Amen.

—Henry Alford

Evening

We ask you, Holy Father: let our bodies rest peacefully . . . according to your holy and divine will. Let our hearts, minds, and senses remain forever awake in you so that we may be ready for the arrival of your dear Son. Let us prepare thus for your divine direction, and may we await your glorious future with joy. Amen.

—Amish prayer

August 13

Morning

O Lord,

I thank You for the beauties of this world You've made.

I pray that Your kingdom will come on earth

as You want it to, a kingdom of peace, justice, truth and kindness.

Help me do what furthers that kingdom.

Let me walk before You today in righteousness,

and help me be productive in the tasks that are mine to perform.

Amen.

—Jeanie Gushee

Evening

O God, the source of eternal light: Shed forth thine unending day upon us who watch for thee, that our lips may praise thee, our lives may bless thee, and our worship on the morrow may give thee glory; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

August 14

Morning

O God, my heart is steadfast;

I will sing and give praise, even with my glory.

Awake, lute and harp!

I will awaken the dawn.

I will praise You, O Lord, among the peoples,

And I will sing praises to You among the nations.

For Your mercy is great above the heavens,

And Your truth reaches to the clouds.

Be exalted, O God, above the heavens,

And Your glory above all the earth.

—Psalm 108:1–5 (nkjv)

Evening

And now as we lay down to sleep, O Master, grant us repose both of body and of soul. . . calm the commotions of our flesh and put away all thoughts about worldly and material things as we go to sleep. . . . And raise us up again at the hour of prayer, established in Thy commandments and holding steadfast within ourselves the remembrance of Thy judgments.

—Catholic prayer

August 15

Morning

Thanks be to you, my Lord Jesus Christ, for all the benefits which you have given to me, for all the pains and insults which you have borne for me. O most merciful Friend, Brother and Redeemer, may I know you more clearly, love you more dearly, and follow you more nearly, day by day.

—Richard of Chichester

Evening

I will lie down in peace
and take my rest,
for it is in God alone
that I dwell unafraid.
Let us bless the Life-Giver,
the Pain-Bearer, the Love-Maker;
let us praise and exalt God
above all forever.
May God's name be praised
beyond the furthest star,
glorified and exalted
above all forever.

—Jim Cotter

August 16

Morning

Oh! Eternal Godhead! . . . with Thy light Thou dost illuminate me so that I may know all Thy truth . . . Clothe me with Thee, oh! Eternal Truth, that I may run my mortal course with true obedience and the light of holy faith.

—Catherine of Siena

Evening

Show Thy lovingkindness to-night, O Lord, to all who stand in need of Thy help. Be with the weak to make them strong and with the strong to make them gentle. Cheer the lonely with Thy company and the distracted with Thy solitude. Prosper Thy Church in the fulfillment of her mighty task, and grant Thy blessing to all who have toiled to-day in Christ's name. Amen.

—John Baillie

August 17

Morning

Give me a pure heart—that I may see Thee,

A humble heart—that I may hear Thee,

A heart of love, that I might serve Thee.

—Dag Hammarskjöld

Evening

Fortify me with the grace of your Holy Spirit and give your peace to my soul that I may be free from all needless anxiety, solicitude and worry. Help me to desire always that which is pleasing and acceptable to you so that your Will may be my will.

—Francesca Xavier Cabrini

August 18

Morning

Lord Jesus, . . . help me to cast out from my mind all thoughts of which you do not approve and from my heart all emotions which you do not encourage. . . .

Be with me at every moment of this day: during the long hours of work, that I may never tire or slacken from your service . . . and during the moments of worry and stress, that I may remain patient and spiritually calm.

—Thomas More

Evening

By night I lift up my hands in the sanctuary,
and praise the Lord.

The Lord hath granted His loving-kindness in the day time,
and in the night season do I sing of Him,
and made my prayer unto the God of my life.

As long as I live I will magnify Thee on this manner,
and lift up my hands in Thy name.

Let my prayer be set forth in Thy sight as incense,
and let the lifting up of my hands be an evening sacrifice.

Blessed art Thou, O Lord, our God, the God of our fathers,
who hast created the changes of days and nights,
who givest songs in the night,
who hast delivered us from the evil of this day,

who has not cut off like the weaver my life,
nor from day even to night made an end of me.

—Lancelot Andrewes

August 19

Morning

O God, You are my God;

Early will I seek You;

My soul thirsts for You;

My flesh longs for You

In a dry and thirsty land

Where there is no water.

So I have looked for You in the sanctuary,

To see Your power and Your glory.

Because Your lovingkindness is better than life,

My lips shall praise You.

Thus I will bless You while I live;

I will lift up my hands in Your name.

—Psalm 63:1–4 (nkjv)

Evening

Sunk is the sun's last beam of light,

And now the world is wrapped in night.

Christ, light us with Thy heavenly ray,

Nor let our feet in darkness stray.

Thanks, Lord, that Thou throughout the day

Has kept all grief and harm away,

That angels tarried round about
Our coming in and going out.
Whate'er of wrong we've done or said,
Let not the charge on us be laid,
That through Thy free forgiveness blest,
In peaceful slumber we may rest.
Thy guardian angels round us place
All evil from our couch to chase;
Our soul and body, while we sleep,
In safety, gracious Father, keep.
Amen.

—Nicolaus Herman

August 20

Morning

Give us, Lord, a humble, quiet, peaceable, patient, tender, and charitable mind, and in all our thoughts, words and deeds a taste of the Holy Spirit. Give us, Lord, a lively faith, a firm hope, a fervent charity, a love of you. Take from us all lukewarmness in meditation, dullness in prayer. Give us fervor and delight in thinking of you and your grace, your tender compassion toward us. The things that we pray for, good Lord, give us grace to labor for. Through Christ our Lord.

—Thomas More

Evening

May Thou, Almighty Lord,
Who bore the reproach of the Cross,
bless all our family present here.
May Thou, Who hung on the tree Yourself
lead us to the Heavenly Kingdom.
May Thou place us at the right hand of the Father,
Who has made Thou the cause of our peace;
through the mercy of our God,
Who is blessed and reigns world without end.

—Mozarabic Breviary

August 21

Morning

Father in Heaven! Reawaken conscience in our breast. Make us bend the ear of the spirit to Thy voice, so that we may perceive Thy will for us in its clear purity as it is in Heaven, pure of our false worldly wisdom, unstifled by the voice of passion . . . grant that we may hear also a gentle voice murmuring to us that we are Thy children, so we will cry with joy, Abba, Father.

—Søren Kierkegaard

Evening

Take us, we pray thee, O Lord of our life, into thy keeping this night and ever. O thou Light of lights, keep us from inward darkness; grant us so to sleep in peace, that we may arise to work according to thy will: through Jesus Christ our Lord. Amen.

—Lancelot Andrewes

August 22

Morning

Almighty and eternal God, so draw our hearts to thee, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly thine, utterly dedicated to thee; and then use us, we pray thee, as thou wilt, and always to thy glory and the welfare of thy people; through our Lord and Savior Jesus Christ. Amen.

—*The Book of Common Prayer*

Evening

Now the day is over,

Night is drawing nigh,

Shadows of the evening

Steal across the sky.

Jesus, give the weary

Calm and sweet repose;

With Thy tenderest blessing

May our eyelids close.

Through the long night-watches

May thine angels spread

Their white wings above me,

Watching round my bed.

When the morning wakens,

Then may I arise,

Pure and fresh and sinless

In thy holy eyes.

—Sabine Baring-Gould

August 23

Morning

O Master, Lord, God the Almighty, . . . we thank You for every condition, concerning every condition, and in every condition, for You have covered us, helped us, guarded us, accepted us unto You, spared us, supported us, and brought us to this hour.

Therefore we ask and entreat Your goodness, O Lover of mankind, to grant us to complete this holy day, and all the days of our life, in all peace with Your fear. All envy, all temptation, all the work of Satan . . . take them away from us . . .

But those things which are good and profitable do provide for us; for it is You Who have given us the authority to tread on serpents and scorpions, and upon all the power of the enemy.

—Coptic Orthodox prayer

Evening

In Thy name, O Jesu, Who wast crucified,

I lie down to rest;

Watch Thou me in sleep remote,

Hold Thou me in Thy one hand . . .

Bless me, O my Christ,

Be Thou my shield protecting me,

Aid my steps in the pitiful swamp,

Lead Thou me to the life eternal . . .

Keep Thou me in the presence of God,

O good and gracious Son of the Virgin,

And fervently I pray Thy strong protection

From my lying down at dusk to my rising at day.

—Celtic prayer

August 24

Morning

The bird sat on the spray out in the darkness, the flower nestled in the grass, we lay down in our home, and all slept in the arms of God. The bird will trust Thee this day to give its morsel of meat, and the flower will trust Thee for its fresh raiment: so may I trust Thee this day for all the needs of the body, the soul, and the spirit.

—Robert Collyer

Evening

O Lord our God, I come to You now with open heart
to call upon Your holy name,
and to give You thanks for keeping me safe during this day,
and for bringing me to the light of evening.

I pray that this evening and the approaching night
and all the days of my earthly life may be free from sin:
clothe me with the armor of Your Holy Spirit
to fight against the forces of evil and the passions of the
flesh.

Put far from me all sin and make me worthy of Your
eternal kingdom.

For to You belong all glory, honor, and praise,
Father, Son, and Holy Spirit,
now and forever, to the ages of ages.

Amen.

—Eastern Orthodox prayer

August 25

Morning

Lord, may I be wakeful at sunrise to begin a new day for you, and cheerful at sunset for having done my work for you; thankful at moonrise and under starshine for the beauty of the universe.

And may I add what little may be in me to your great world.

—Abbot of Greve

Evening

O Lord, purify the eyes with which we look at everything. Do not let us be dazzled by the tinsel of life.

—Pierre Talec

August 26

Morning

O God, creator of light, at the rising of your sun this morning, let the greatest of all lights, your love, rise like the sun within our hearts.

—Armenian prayer

Evening

Lord of the night,
be with me through the hours of darkness;
let all my questions, problems, decisions,
be enveloped in sleep,
that through the mystery of the sleeping mind
the difficulties of this day will be seen to be easier in the
morning light.

Into Your hands, O Lord, I commit my spirit.

Amen.

—Frank Topping

August 27

Morning

O God, let fear die and conviction be born in our lives.

Let Your light dawn in our minds as the day dawns on the earth.

Let us not be so busy hurrying into the future and worrying about the past, that we lose today—the only one we have.

God, help us do what we know we have to do today, and leave tomorrow to You.

—Marian Wright Edelman

Evening

Into Your hands, O Lord, we commend our souls and bodies; beseeching You to keep us this night under Your protection, and to strengthen us for Your service on the morrow, for Christ's sake.

—William Laud

August 28

Morning

Move our hearts with the calm,
smooth flow of your grace.

Let the river of your love
run through our souls.

May my soul be carried
by the current of your love,
towards the wide, infinite ocean of heaven.

Stretch out my heart with your strength,
as you stretch out the sky above the earth.

Smooth out any wrinkles of hatred or resentment.

Enlarge my soul so that it may know more fully your truth.

—Gilbert of Hoyland

Evening

Give me this night, O Father,
the peace of mind which is truly rest.

Take from me . . .

all resentment for anything which has been withheld from
me,

all foolish worry about the future and all futile regret about
the past.

Help me to be at peace with myself,
at peace with my fellow human beings,
at peace with You,
so indeed may I lay myself down to rest in peace,
through Jesus Christ my Lord.

—Unknown

August 29

Morning

Open your doors of mercy. Lord: Hear our prayer and have mercy upon our souls . . .

Let your light shine in our minds and drive away the shadows of error and night.

The creation is full of light, give your light also to our hearts, that we may praise you all the day long;

The morning and the evening praise you. Lord: they bring you the praise of your church.

Light which gives light to all creatures: give light to our minds that we may thank you, Lord. . . . Amen.

—Syrian Orthodox prayer

Evening

You, O Eternal Trinity, are a deep sea into which, the more I enter, the more I find, and the more I find, the more I seek. O abyss, O eternal Godhead, O sea profound, what more could you give me than yourself?

—Catherine of Siena

August 30

Morning

Steer the ship of my life, good Lord, to your quiet harbor, where I can be safe from storms of sin and conflict. Show me the course I should take. Renew in me a gift of discernment, so that I can always see the right direction in which I should go. And give me the strength and the courage to choose the right course, even when the sea is rough and the waves are high, knowing that through enduring hardship and danger in your name we shall find comfort and peace.

—Basil of Caesarea

Evening

Drop Thy still dews of quietness,

Till all our strivings cease;

Take from our souls the strain and stress,

And let our ordered lives confess

The beauty of Thy peace.

—John Greenleaf Whittier

August 31

Morning

The Lord is my pacesetter, I shall not rush.

He makes me stop and rest for quiet intervals;

He provides me with images of stillness which restore my
serenity.

He leads me in ways of efficiency through calmness of
mind,

And His guidance is peace.

Even though I have a great many things to accomplish each
day.

I will not fret, for His Presence is here.

His timelessness, His all-importance will keep me in
balance.

He prepares refreshment and renewal in the midst of my
activity

By anointing my mind with the oils of tranquility

My cup of joyous energy overflows.

Surely harmony and effectiveness shall be the fruit of my
hours,

for I shall walk in the peace of my Lord

and dwell in His house forever.

—Sisters of All Saints Convent, Maryland

Evening

Holy God,

Creator and Father,

thank You for my family,

thank You for Your loving care of all of us,

all through the day,

in everything and everywhere,

and while we sleep.

Help me to remember that You are always with me, Lord.

Help me to remember You in the good times,

not just to call for help when things go wrong . . .

Thank You, God, for being with me always.

Amen.

—Mother's Union

September 1

Morning

The Spirit of God

is a life that bestows life,

the root of the world-tree

and wind in its boughs.

Scrubbing out sin, she rubs oil into wounds.

She is glistening life

alluring all praise,

all-awakening,

all-resurrecting.

—Hildegard of Bingen

Evening

O Lord, the Giver of all good gifts,

there is so much for which we can give Thee thanks.

I thank Thee for my going out purposefully in the morning,

and for coming home at evening time.

I thank Thee for the joy of work,

and for all clean pleasures which rest my body and relax
my mind.

I thank Thee for the light of the morning,

and for the dark of night by which I rest now.

Grant unto me to sleep in peace and to wake in strength,
because I sleep and wake in thee; through Jesus Christ our
Lord.

Amen.

—William Barclay

September 2

Morning

Eternal Father of my soul, let my first thought today be of Thee, let my first impulse be to worship Thee, let my first speech be Thy name, let my first action be to kneel before Thee in prayer. . . .

Yet let me not, when this morning prayer is said, think my worship ended and spend the day in forgetfulness of Thee. Rather from these moments of quietness let light go forth, and joy, and power, that will remain with me through all the hours of the day.

—John Baillie

Evening

Blessed are You, eternal God,

King of the universe:

You have called us in Jesus to be Your beloved people,
living pure and blameless lives in Your sight.

Bless my family who ask for Your grace.

Let Your Spirit guide our words and deeds,
so that our light may shine before all

and lead all who know us to give You praise.

May our home be filled with the spirit of love,
with the obedience of faith,

and the strength of hope.

Make our lives happy in Your service,

and bring us in Your love to Your eternal home.

Father all-holy,

I praise Your Name,

and ask this blessing through Christ our Lord.

Amen.

—Catholic prayer

September 3

Morning

Living Lord, you have watched over me, and put your holy hand on my head during the long, dark hours of the night. Your holy angels have protected me from all harm and pain. To you, Lord, I owe life itself. Continue to watch over me and bless me during the hours of day.

—Jacob Boehme

Evening

On my bed I remember you;

I think of you through the watches of the night.

Because you are my help,

I sing in the shadow of your wings.

I cling to you;

your right hand upholds me.

—Psalm 63:6–8 (niv)

September 4

Morning

I do not dare ask for crosses or for consolation. All I can do is present myself to you. Lord, I open my heart to you. I have no other desire than to accomplish your will. Teach me to pray.

—François Fénelon

Evening

Lord Jesus Christ, abide with us,
Now that the sun has run its course;
Let hope not be obscured by night,
But may faith's darkness be as light.
Lord Jesus Christ, grant us your peace,
And when the trials of earth shall cease,
Grant us the morning light of grace,
The radiant splendor of your face.
Immortal, Holy, Threefold Light,
Yours be the Kingdom, pow'r and might;
All glory be eternally
To You, life-giving Trinity!

—Catholic prayer

September 5

Morning

May my mouth praise the love of God this morning.

O God, may I do your will this day.

May my ears hear the words of God and obey them.

O God, may I do your will this day.

May my feet follow the footsteps of God this day.

O God, may I do your will this day.

—Japanese prayer

Evening

Time has come for me to sleep,

And I thank Thee for Thy keep.

Watch this night well over me

Teach me Lord to trust in Thee.

Many sins I've done today

Please, Lord, take them all away.

Look upon me in Thy grace

Make me pure before Thy face.

Care for those who are sick and poor,

Grant them, Lord, Thy blessing more

Care for those I love the same

This I pray in Jesus' name.

Amen.

—Traditional children's prayer

September 6

Morning

O God, who are the giver of all good gifts, I your unworthy servant, entirely desire to praise your name for all the expressions of your bounty toward me. . . Blessed be your love for all the temporal benefits which you have with a liberal hand poured out upon me; for my health and strength, food and raiment, and all other necessities with which you have provided your sinful servant. I also bless you, that after all my refusals of your grace, you still have patience with me, have preserved me this night, and given me yet another day to renew and perfect my repentance. . . . Make yourself always present to my mind, and let your love fill and rule my soul, in all those places, and companies, and employments to which you call me this day.

—John Wesley

Evening

O God, my guardian,
stay always with me.
In the morning, in the evening,
by day or by night,
always be my helper.
Amen.

—Prayer from Poland

September 7

Morning

Shine upon my ways. May I this day get nearer heaven. May I feel at its close that I have done something for God—something to promote the great end for which existence was given me—the glory of Thy holy name.

—John MacDuff

Evening

Lord, fill this night with your radiance.

May we sleep in peace, and rise in joy

to welcome the light of a new day in your name.

We ask this through Christ our Lord. Amen.

—Catholic prayer

September 8

Morning

You are Wisdom, uncreated and eternal,
the supreme first cause, above all being,
sovereign Godhead, sovereign goodness,
watching unseen the God-inspired wisdom of Christian
people.

Raise me, we pray, that we may wholly respond
to the supreme, unknown, ultimate and splendid height
of your words, mysterious and inspired.

—*The Cloud of Unknowing*

Evening

O God, give me a quiet mind as I lie down to rest. Dwell in my thoughts until sleep overtake me.
. . . Let me not be fretted by any anxiety over the lesser interests of life. Let no troubled dreams
disturb me, so that I may awake refreshed and ready for the tasks of another day.

—John Baillie

September 9

Morning

Make me

a still place of light

a still place of love

of you

your light radiating

your love vibrating

your touch and your healing

far flung and near

to the myriads caught

in darkness, in sickness,

in lostness, in fear

Make a heart-center here,

Light of the World.

—Danish prayer

Evening

Breathe into me, Holy Spirit, that my thoughts may all be
holy.

Move in me, Holy Spirit, that my work, too, may be holy.

Attract my heart, Holy Spirit, that I may love only what is
holy.

Strengthen me, Holy Spirit, that I may defend all that is
holy.

Protect me, Holy Spirit, that I may always be holy.

—Augustine of Hippo

September 10

Morning

Almighty God, who in thy wisdom hast so ordered our earthly life that we needs must walk by faith and not by sight; grant us such faith in thee that, amidst all things that pass my understanding, we may believe in thy fatherly care, and ever be strengthened by the assurance that underneath are thy everlasting arms; through Jesus Christ our Lord.

—Unknown

Evening

O Lord our God,
Who lives in unapproachable light,
in Your great mercy You have been my constant guide
throughout this day,
and have called me to give You glory at eventide.
Hear the prayer of Your unworthy servant
and keep me safe from the darkness of sin.
Give light to my soul, that,
being ever in awe of You and going forward in Your light,
I may glorify You in all things,
Who, in Your unfailing love for all mankind, are the one
true God.
For Yours in the greatness, the majesty,
the power and the glory,

Father, Son and Holy Spirit,

now and forever,

to the ages of ages.

Amen.

—Eastern Orthodox prayer

September 11

Morning

Grant us, O Lord, to pass this day in gladness and peace, without stumbling and without stain; that reaching the eventide victorious over all temptation, we praise Thee, the eternal God, who art blessed, and dost govern all things, world without end. Amen.

—Mozarabic Liturgy

Evening

God to enfold me, God to surround me,
God in my speaking, God in my thinking.
God in my sleeping, God in my waking,
God in my watching, God in my hoping.
God in my life, God in my lips,
God in my soul, God in my heart.
God in my sufficing, God in my slumber,
God in mine ever-living soul,
God in mine eternity.

—Celtic prayer

September 12

Morning

We most humbly beseech thee to give us grace, not only to be hearers of thy word, but doers also of the same; not only to love, but also to live thy gospel; . . . not only to profess, but also to practise thy blessed commandments . . . unto the honour of thy holy name.

—Thomas Becon

Evening

The sun has disappeared.

I have switched off the light . . .

but I know that your moon is still there,

and your eyes and also your hands.

Thus I am not afraid.

This day again

you led us wonderfully . . .

Renew us during our sleep,

that in the morning

we may come afresh to our daily work.

—Ghanaian Christian

September 13

Morning

I rise and pledge myself, Lord,
that this day I shall do no evil deed,
but offer every moment as a sacrifice to You.
I shudder to recall how often I have betrayed You.
Yet You know that now I want only to serve You.
Make me this day Your devoted slave.
Amen.

—Gregory of Nazianzus

Evening

Send Your peace into my heart, O Lord,
that I may be contented with the mercies of this day,
and confident of Your protection for this night;
and having forgiven others, even as You forgive me,
may I go to rest in tranquility and trust;
through Jesus Christ our Lord.
Amen.

—Francis of Assisi

September 14

Morning

Who can tell what a day may bring forth? Cause us, therefore, gracious God, to live every day as if it were to be our last, for that we know not but that it may be such. Cause us to live so at present as we shall wish we had done when we come to die.

—Thomas à Kempis

Evening

God of the busy daytime;

God of the quiet night;

Whose peace pervades the darkness

And greets us with the light.

Safe with Thy presence near us

Wherever we may be,

Thou, God, our great protector

We love and worship Thee.

—Thomas Paxton

September 15

Morning

Lord! grant me a simple, kind, open, believing, loving and generous heart, worthy of being your dwelling place.

—John of Cronstadt

Evening

O God,

Who by making the evening to succeed the day

has bestowed the gift of sleep on human weakness,

grant, I beseech You, that while I enjoy Your blessings

I may acknowledge You, from Whom they came;

through Jesus Christ,

Amen.

—Mozarabic Sacramentary

September 16

Morning

Lord, I have time,
I have plenty of time,
All the time that you give me,
The years of my life,
The days of my years,
The hours of my days,
They are all mine.
Mine to fill, quietly, calmly,
But to fill completely, up to the brim,
To offer them to you.

—Michel Quoist

Evening

O God our Father,
utterly loving, utterly wise,
hold me this night within Your safekeeping.
At night men and women have long turned towards You;
I come with my own faults,
my own small faith, seeking more;
I bow before You in humility and wonder.
Let no experience of this day

hinder my true service, I pray.

Let Your kingdom come among men and women,

Your will be done.

Amen.

—Rita Snowden

September 17

Morning

Lord Jesus Christ, you are the sun that always rises, but never sets. . . . You are the source of all food, material and spiritual, nourishing us in both body and soul. You are the light that dispels the clouds of error and doubt, and goes before me every hour of the day, guiding my thoughts and my actions. May I walk in your light, be nourished by your food, be sustained by your mercy, and be warmed by your love.

—Erasmus of Rotterdam

Evening

Dear Jesus, as a hen covers her chicks with her wings to keep them safe, do thou this dark night protect us under your golden wings.

—Outcaste Indian prayer

September 18

Morning

Dear God, be all my love, all my hope,
and all my endeavor.

Let my thoughts and words emanate from You,
let my daily life be lived in You,
and let every breath I take be filled with joy for You.
Amen.

—John Cassian

Evening

I pray Thee, O Creator of everything
at this hour preceding night,
that Thou be clement and watchful.
Let dreams and phantoms soften and be scattered.
Keep me safe from our enemy, and make me pure!
Amen.

—Ambrose of Milan

September 19

Morning

Lord, make me pure:

Only the pure shall see Thee as Thou art

And shall endure.

Lord, bring me low;

For Thou wert lowly in Thy blessed heart:

Lord, keep me so.

—Christina Rossetti

Evening

The light of God surrounds me;

The love of God enfolds me;

The power of God protects me;

The presence of God watches over me.

Wherever I am, God is.

—James Dillet Freeman

September 20

Morning

O Jesus, . . . I offer You the prayers, works, joys, and sufferings of this day.

I believe in You and in all that You taught because You said it,

and Your word is true.

I hope in Your promise of eternal life,

and I ask for Your mercy and strength this day.

Amen.

—Priests of the Sacred Heart, Wisconsin

Evening

God the Father, bless me; Jesus Christ, defend and keep me; the power of the Holy Ghost enlighten me and sanctify me, this night and forever. Amen.

—Anglican prayer

September 21

Morning

Lord, make me willing to be used by Thee. May my knowledge of my unworthiness never make me resist being used by Thee. May the needs of others always be remembered by me, so that I may ever be willing to be used by Thee.

—Alan Paton

Evening

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.

—*The Book of Common Prayer*

September 22

Morning

O God, our Father,

bless me and keep me all through today.

At my work, make me diligent.

In my home, make me kind and considerate,

ever trying to make the work of others easier.

In my dealings with all people make me courteous and
kindly.

And in every moment of this day,

make me ever remember that Thou, God, sees me;

through Christ our Lord.

Amen.

—William Barclay

Evening

Let my prayer be counted as incense before you, and the lifting up of my hands as the evening
sacrifice!

—Psalm 141:2 (*esv*)

September 23

Morning

Make my body healthy and agile, my mind sharp and clear, my heart joyful and contented, my soul faithful and loving. . . . Above all let me live in your presence, for with you all fear is banished, and there is harmony and peace. Let every day combine the beauty of spring, the brightness of summer, the abundance of autumn, and the repose of winter. And at the end of my life on earth, grant that I may come to see and know you in the fullness of your glory. Amen.

—Saint Thomas Aquinas

Evening

When I see the moon in the night sky

I speak this, my evening prayer:

praise be to Thee, Being of Life,

for Your kindness and Your goodness.

—Celtic prayer

September 24

Morning

O

Lord, open our eyes to your Presence. Open
our minds to your grace. Open our lips to your
praises. Open our hearts to your love. Open our lives
to your
healing

And be

found among us.

—David Adam

Evening

God bless all those I love;

God bless all those that love me;

God bless all those that love those that I love

and all those that love those that love me.

—Puritan prayer

September 25

Morning

Wherever I am, whatever I do, thou, Lord, seest me: O keep me in thy fear all day long.

Lord, give me grace to keep always a conscience void of offence towards thee, and towards men.

Lord, teach me so to number my days, that I may apply my heart to wisdom.

O let my mouth be filled with thy praise, that I may sing of thy glory and honour all the day long.

—Thomas Ken

Evening

O gladsome light of the holy glory of the immortal

Father—

Heavenly, holy, blessed Jesus Christ!

Now that we have come to the setting of the sun

And behold the light of evening,

We praise God: Father, Son, and Holy Spirit.

For meet it is at all times to worship Thee with voices
praise,

O Son of God and Giver of Life.

Therefore all the world glorifies Thee.

—*Phos hilaron*

September 26

Morning

Lord, help me to glorify you; I am poor, help me to glorify you by contentment; . . . I have talents, help me to extol you by spending them for you; I have time, Lord, help me to redeem it, so that I may serve you . . . I have a head to think, Lord, help me to think of you and for you; you have put me in this world for something, Lord, show me what that is, and help me to work out my life purpose.

—Charles Spurgeon

Evening

Grant us, Lord, the lamp of charity which never fails, that it may burn in us and shed its light on those around us, and that by its brightness we may have a vision of that holy City, where dwells the true and never-failing Light, Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

September 27

Morning

O Creator God,

both the thick darkness of the night

and the gleaming light of the day

are gifts from You.

Thank You for the darkness:

for rest, forgetfulness, blessed silence.

Thank You for the light:

for action, purpose, blessed voices.

The night and the day come from You

this day I dedicate to You.

through Christ my Lord;

Amen.

—David P. Gushee

Evening

Now the light goes away,

Saviour, listen while I pray,

Asking Thee to watch and keep,

And to send me quiet sleep.

Jesus, Saviour, wash away

All that has been wrong to-day.

Help me every day to be

Good and gentle, more like Thee.

—Frances Ridley Havergal

September 28

Morning

May the power of God this day enable me . . .

The beauty of God silence me,

The justice of God give me voice,

The integrity of God hold me,

The desire of God move me,

The fear of God expose me to the truth,

The breath of God give me abundant life.

—Irish prayer

Evening

The desire of all my soul: your name;

the desire of my soul: the thought of you.

Preferences, tastes, wishes—

these bubble up, flicker out

in the moment's unthinking rejoinder;

but the desire of my soul is for you.

My soul desires you at night;

my spirit seeks you within me.

Always, everywhere

the silver thread film in a maze of color,

the theme unchanged through weaving variations,

the desire of my soul is for you.

—Unknown

September 29

Morning

O everlasting God, who hast ordained and constituted the ministries of angels and men in a wonderful order: Mercifully grant that, as thy holy angels always serve and worship thee in heaven, so by thy appointment they may help and defend us on earth; through Christ our Lord . . .
. Amen.

—*The Book of Common Prayer*

Evening

O Christ, Son of the Living God,
may Your holy angels guard our sleep,
may they watch over us as we rest
and hover around our beds. . . .
May no dreams disturb our rest
and no nightmares darken our dreams. . . .
May the virtue of our daily work
hallow our nightly prayers.
May our sleep be deep and soft
so our work be fresh and hard.

—Saint Patrick

September 30

Morning

My God, Father and Preserver, who in your goodness has watched over me in this past night and brought me to this day, grant that I may spend the day wholly in your service. Let me not think or say or do a single thing that is not in obedience to your will; but rather let all my actions be directed to your glory and the salvation of my brethren. Let me attempt nothing that is not pleasing to you; . . . Grant also, that as I labour for the goods and clothing necessary for this life, I may constantly raise my mind upwards to the heavenly life which you promise to all your children.

—John Calvin

Evening

Calm me, O Lord, as you stilled the storm,

Still me, Lord, keep me from harm.

Let all the tumult within me cease.

Enfold me, Lord, in your peace.

—David Adam

October 1

Morning

O Holy and Astounding Spirit,
you catch me by surprise at least once a day
with the freshness of your love
and the unpredictability of your presence—
especially in humble things
that somehow give me immense joy.
Some moments are completely new, full of joy,
as uplifting as the dawning sun,
and those moments come from you, day by day.
Stand behind me today when I am right
and ought to be more determined,
and block my way when I'm being stupid
and ought to back off.
Teach me true compassion for those in need,
so that I can be of genuine help to someone.
Bless me today, Holy Spirit, and astound me again!

—Tom Noe

Evening

Thanks, my God, for the day that is ending, thanks for the coming night. Bring sleep to the weary, bring repose to those I love, and give me rest until tomorrow.

—Catholic prayer

October 2

Morning

May the angels defend us here below
Who walk by faith and not by sight;
Through them on us Your gifts bestow
To follow true salvation's light.
O Jesus, joy of angels fair,
Through them direct our steps aright,
That we may also by their care
Rejoice forever in Your sight.
Amen.

—Ancient Latin hymn

Evening

We humbly beg of you, God the Father almighty, to bless and sanctify our home, those who live in it and everything in it. Be so kind as to fill it with all good things. Grant us, Lord, abundance of blessings from heaven and the substance of life from the richness of the earth. Direct the longings of our prayers to the fruits of your mercy. Be so kind, then, as to bless and sanctify this home at our coming in, just as you blessed the home of Abraham, Isaac and Jacob. May your angels of light live within the walls of this house, and guard it and all who live in it, through Christ our Lord.

—Catholic prayer

October 3

Morning

Lord Jesus, light of the world,
you taught us how to be happy
in this life and in the next,
by walking in your blessed footsteps:
Make us humble, pure and merciful;
help us to make peace and pursue holiness,
and to rejoice when we are persecuted,
slandered, and insulted for your sake.
Illumine our hearts with your sacred teaching,
O Savior of the world,
and form us as your devout disciples
and the children of God your Father,
to the glory of your holy Name.
Amen.

—William G. Storey

Evening

O Almighty Lord, Word of the Father, Jesus Christ, . . . for thy great mercy's sake do thou never depart from me, thy Servant, but ever abide in me. . . . O Holy King Jesus, preserve me while I sleep with thy unchanging light, thy Holy Spirit, wherewith thou didst sanctify thy disciples. . . . Preserve my thoughts in thy humility, and rouse me at the fit time to glorify thee. For thou art

glorified above all, with thy Eternal Father and with the most Holy Spirit for evermore. Amen.

—Ignatius of Antioch

October 4

Morning

Lord, make me an instrument of your peace.

Where there is hatred . . . let me sow love.

Where there is injury . . . pardon.

Where there is discord . . . unity.

Where there is doubt . . . faith.

Where there is error . . . truth.

Where there is despair . . . hope.

Where there is darkness . . . light.

Where there is sadness, joy.

Oh Divine Master, grant that I may not so much seek

To be consoled . . . as to console.

To be understood . . . as to understand.

To be loved . . . as to love.

For it is in giving . . . that we receive.

It is in pardoning, that we are pardoned.

It is in dying . . . that we are born to eternal life.

—Francis of Assisi

Evening

This is the peace that we ask of the Lord Jesus with the burning breath of our prayer. May he remove from the hearts of men that which endangers it; and may he transform them into

witnesses of truth, justice, and brotherly love.

May he enlighten the leaders of peoples, so that, in addition to their care for the proper well-being of their citizens, they may guarantee and defend the great gift of peace; may he inspire in all men the will to overcome the barriers that divide them, to increase the bonds of mutual charity, to understand others, to forgive those who have brought injustices; by virtue of his action, may all the peoples of the earth become brothers and may the much longed-for peace flourish among them and reign forever.

—Pope John XXIII

October 5

Morning

O God, who brought me from the rest of last night
Unto the joyous light of this day,
Be thou bringing me from the new light of this day
To the guiding light of eternity.
O, from the new light of this day
To the guarding light of eternity!

—Gaelic prayer

Evening

Dear Lord,
I'd like to pray for the people I love,
Both near and far away.
Tonight with them my thoughts I share;
Please keep them in Your loving care,
This night, and every day.

—Unknown

October 6

Morning

Make me useful, positive, appreciative, generous. Make me live.

—Norman Goodacre

Evening

We thank Thee for the day with all its duties and its tasks, and for the night and kindly sleep.

Grant unto us this night a mind at rest.

Grant that we may forget our worries in the peace that passeth understanding; and that we may lose our anxieties in the uncertainty that neither we nor those we love can drift beyond Thy love and care.

Grant unto us to sleep in peace and to wake in strength.

—William Barclay

October 7

Morning

O You who are from everlasting to everlasting, without beginning or end of days, replenish us with heavenly grace, at the beginning of this year, that we may be enabled to accept all its duties, to perform all its labors, to welcome all its mercies, to meet all its trials, and to advance through all it holds in store for us, with cheerful courage and a constant mind. . . . Amen.

—Christian prayer

Evening

Peace be unto this home.

And unto all who dwell herein.

Be merciful to us, O God,

for great is Thy goodness. . .

And deign to send thy holy angel from heaven to guard, cherish, protect, visit, and defend all who dwell in this home. Through Christ our Lord. Amen.

—Catholic blessing

October 8

Morning

I bind unto myself today

The power of God to hold and lead,

His eye to watch, his might to stay,

His ear to hearken to my need;

The wisdom of my God to teach,

His hand to guide, his shield to ward,

The Word of God to give me speech,

His heavenly host to be my guard.

—Saint Patrick

Evening

You are beauty. You are gentleness. You are protector, guardian, and defender. You are strength.

You are solace. You are our hope. You are our faith. You are our great sweetness. You are our eternal life, great and wonderful Lord, all-powerful God, merciful Savior.

—Francis of Assisi

October 9

Morning

Eternal God,

You have given me the gift of this, another day.

Help me not to waste time on the wrong things.

Help me not to spend time in idleness.

Help me not to put off things which should be done today.

Help me to do with my might each thing which my hand
finds to do,

and to do it as unto Thee.

Amen.

—William Barclay

Evening

Now should we praise the Guardian of heaven's kingdom,

The might of the Maker and His mind-thought,

Work of the Glorious-father; since he of all wonders,

Eternal Lord, the beginning created.

He first shaped, for the sons of earth,

Heaven for a roof, the Guardian of mankind,

Eternal Lord, after created

A dwelling for men, the Lord Almighty.

—Caedmon

October 10

Morning

The Father is my hope.

The Son is my refuge.

The Holy Spirit is my protector.

Glory to the Holy and Undivided Trinity, now and forever!

Let us praise the Father, the Son, and the Holy and Life-giving Spirit;

Let us bless and exalt God above all forever!

—William G. Storey

Evening

Lord,

You have been with me all through this day;

stay with me now.

As the shadows lengthen into darkness

let the noisy world grow quiet,

let its feverish concerns be stilled,

its voices silenced.

In the final moments of this day

remind me of what is Real.

But let me not forget that You were as present in the stresses of the day just past

as You are now in the silence of this night.

You have made me for day and for night,

for work and for rest,

for both Heaven and earth.

Here in this night let me embrace and not regret

the mysterious beauty of my humanity.

Keep me in the embrace of Your Reality through the night,

and the day to come.

Surround me with Your silence,

and give me the rest that only You can give

real peace, now and forever.

Amen.

—Evelyn Underhill

October 11

Morning

Lord of the morning and ruler of all seasons, hear our prayer and have mercy on our souls. Shine upon me, Lord, and I shall be light like the day.

—Syrian Orthodox Prayer

Evening

O God, Creator of all things, and Ruler of the heavens, 'tis thou that clothedst day with beautiful light, and night with the boon of sleep.

'Tis sleep that restores our wearied limbs to the toil of work. Sleep gives repose to the mind when tired, and takes away the anxious-making grief.

The day is spent, and night is come; we offer thee our thanks and prayers . . .

May our heart's deepest self, unshackled by the allurements of the sense, dream of thee: nor let the fear of the enemy, whose envy is ever laying snares, disturb us when at rest.

Let our prayer ascend to Christ, and to the Father, and to the Spirit of that Christ and Father: O Trinity, one in essence and all-powerful, be merciful to us, who pray to thee.

Amen.

—Ambrose of Milan

October 12

Morning

Teach me, my Lord, to be sweet and gentle

in all the events of life,

in disappointments,

in the thoughtlessness of those I trusted,

in the unfaithfulness of those on whom I relied.

Let me put myself aside,

to think of the happiness of others,

to hid my little pains and heartaches,

so that I may be the only one to suffer from them.

Teach me to profit by the suffering that comes across my
path.

Let me use it that it may make me patient, not irritable.

That it may make me broad in my forgiveness,

not narrow, haughty or overbearing.

May no one be less good for having come within my influence. No one less pure, less true, less kind, less noble . . . As I go my rounds from one distraction to another, let me whisper from time to time, a word of love to you. May my life be lived in the supernatural, full of power for good, and strong in its purpose of sanctity. Amen.

—John Henry Newman

Evening

Lord of all kindness, Lord of all grace,
Your hands swift to welcome, your arms to embrace,
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord, at the eve of the day.
Lord of all gentleness, Lord of all calm,
Whose voice is contentment, Whose presence is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord, at the end of the day.
Amen.

—Jan Struther

October 13

Morning

Our Father,

May everything I do begin with Your inspiration,

continue with Your help,

and reach perfection under Your guidance.

With your loving care guide me in my daily actions.

Help me to persevere with love and sincerity.

Your spirit made me Your child, confident to call You
Father.

Make Your love be the foundation of my life.

Amen.

—Lawrence Lovasik

Evening

Assistant of workers,

Benefactor of the good

Custodian on the ramparts,

Defender of the faithful,

Exalter of the humble,

Frustrator of the proud,

Governor of the faithful.

Hostile to the impenitent,

Judge of all judges,
Light and Father of lights,
Magnificent shining light,
Never denying to the hopeful,
Offering help to the needful.
Poor am I, a little person,
Quaking and wretched,
Rowing through the storm,
Sacredly drawing to Heaven,
Towards the supernal Haven.
Vital, most beautiful gate, is Christ; angels sing,
Yielding praise eternally to the
Zenith, proof against foes.
Towards the joy of Paradise I come through You, Christ
Jesus,
Who lives and reigns forever.
Amen.

—Celtic prayer

October 14

Morning

O let me hear Thy loving-kindness betimes in the morning,
for in Thee is my trust . . .

Teach me to do the thing that pleaseth Thee,
for Thou art my God;

let Thy loving Spirit lead me forth into the land of
righteousness.

—Lancelot Andrewes

Evening

Be with us, tonight. Stay to adore and praise, and give thanks for us while we sleep; to draw
down mercy and grace upon the world. . .

Stay with us, to guard the innocent, to sustain the tempted, to raise the fallen, to curb the
power of the evil one, to prevent sin.

Stay with us, to comfort the sorrowing. . .

Secure them against the perils that beset them. Stay, above all, with the suffering and
dying. Grant us a quiet night and a perfect end. Be our merciful Shepherd to the last, that without
fear we may appear before You as our Judge.

—Catholic prayer

October 15

Morning

Dear Father, take this day's life into Thine own keeping. Control all my thoughts and feelings. Direct all my energies. . . . Make this a day of obedience, a day of spiritual joy and peace. Make this day's work a little part of the work of the Kingdom of my Lord Christ.

—John Baillie

Evening

Almighty, eternal and merciful God, whose Word is a lamp unto our feet and a light unto our path, open and illuminate our minds, that we may purely and perfectly understand Thy Word and that our lives may be conformed according to what we have rightly understood, that in nothing we may be displeasing unto Thy Majesty, through Jesus Christ our Lord. Amen.

—Ulrich Zwingli

October 16

Morning

Behold here is an empty vessel, which greatly needeth to be filled; I beseech thee, O my Lord, vouchsafe to fill it. I am weak in the faith, I pray thee to strengthen me, I am cold in charity, do thou make me hot and fervent, that my love may extend unto my neighbor, I have no firm faith, neither can I sometime trust in God. O Lord help me and increase my faith and confidence.

—Martin Luther

Evening

Into your hands, O Lord, I commend my spirit;

For you have redeemed me, O Lord, O God of truth.

Keep us, O Lord, as the apple of your eye;

Hide us under the shadow of your wings.

—*The Book of Common Prayer*

October 17

Morning

O God, our Father,

I know that every day comes to me filled with new opportunities.

Today will bring me the opportunity to do some useful work;

help me to do that work with all my might.

I know that today will bring me the opportunity to witness for Thee

and to show that I am on Your side.

Help me fearlessly bear that witness.

Amen.

—William Barclay

Evening

Dear Holy Spirit, You are my friend. I give You myself. I ask you to dwell deeply inside of me and make me holy. I want to know the fire of God's love. I want to love God with all my heart.

Amen.

—Catholic prayer

October 18

Morning

O my God,

I am trying to love my neighbor as myself,

for love of You.

I consecrate myself today and always to You,

and Your will for me.

Amen.

—Priests of the Sacred Heart, Wisconsin

Evening

Oh! Bring me, I pray You now near to Yourself.

Let me bathe myself in communion with my God.

Blessed be the love which chose me before the world
began!

I can never sufficiently adore You for Your sovereignty,
the sovereignty of love which saw us in the ruins of the
Fall,

yet loved us anyway. . .

Where shall I find sufficiently fit words with which to
praise You? . . .

Let the benediction of Heaven descend on me,
through Jesus Christ our Lord.

Amen.

—Charles Spurgeon

October 19

Morning

Lord, whatever this day may bring—your name be praised.

—Dietrich Bonhoeffer

Evening

Here I am, Lord Spirit,

watching Your sun setting down,

watching for Your peace

to settle down in me.

The sky is going yellow,

white and mauve, and the

air is cool but still.

Another day of Yours is quietly burning out.

A homing dove is wheeling circles restfully,

while commences around me

the whirring, murmuring lullabies of night.

I did not live this day in gratitude.

I believe that it will come.

How busy before Your throne

we make ourselves

in this drive-and-buy-it,

hub-bub, paltry age!

But not me, now.

The earth and I are taut
with hushed expectancy of dark.

All strivings of mine are quietly burning out.

The knack of faith is being emptied, trustfully;
only the empty can be filled.

As the nest waits
for the bird to fly home,
so wait I for Your rest.

Amen.

—Jeanie Gushee

October 20

Morning

In the silence of the early morning
your Spirit hovers over the brink of the day
and new light pierces the darkness of the night.

In the silence of the morning
life begins to stir around me
and I listen for the day's first utterances.

In earth, sea and sky
and in the landscape of my own soul
I listen for utterances of your love, O God.
I listen for utterances of your love.

—J. Philip Newell

Evening

O my God, I firmly believe that Thou art here present,
and plainly seest me, and that Thou deserves
all my actions, all my thoughts,
and the most secret motions of my heart.
Thou watchest over me with an incomparable love,
every moment bestowing favors,
and preserving me from evil.
Blessed be Thy holy name,

and may all creatures bless Thy goodness
for the benefits which I have received from Thee,
particularly this day.

May the saints and angels supply my defect
in rendering Thee due thanks.

Never permit me to be so base and wicked
as to repay Thy bounties with ingratitude.

Amen.

—*St. Andrew's Missal*

October 21

Morning

Direct us, O Lord, in all our doings this day with thy most gracious favor, and further us with thy continual help; that in all our works begun, continued, and ended in thee, we may glorify thy holy Name, and finally, by thy mercy, obtain everlasting life; through Jesus Christ our Lord. Amen.

—*The Book of Common Prayer*

Evening

My Lord and my God,

remove far from me whatever keeps me from you.

My Lord and my God,

confer upon me whatever enables me to reach you.

My Lord and my God,

free me from self and make me wholly yours. Amen.

—Nicholas of Flue

October 22

Morning

Ah, cement me to Thee, O true Love!

I offer Thee my love because Thou art altogether dulcet and
pleasant,

my Lord, full of delight.

I vow obedience to Thee because Thy fatherly charity
allures me,

Thy loving kindness and gentleness attract me.

In observing Thy will, I tie myself to Thee,
because clinging to Thee is lovable above everything.

Amen.

—Gertrude of Thuringia

Evening

In You, Father Almighty,

we have our preservation and our bliss.

In You, Christ, we have our restoration and our saving.

You are our . . . brother and Savior.

In You, our Lord the Holy Spirit,

is marvelous and plenteous grace.

You are our clothing;

in love You wrap us and embrace us.

You are our maker, our lover, our keeper.

Teach us to believe that by Your grace

all shall be well, and all shall be well,

and all manner of things shall be well.

Amen.

—Julian of Norwich

October 23

Morning

O Lord Jesus Christ, who when on earth was ever occupied about Thy Father's business: grant that I may not grow weary in well-doing. Give me grace to do all in Thy Name. Be Thou my beginning and the end of all: the pattern Whom I follow, the Redeemer in whom I trust, the Master whom I serve, the Friend to whom I look for sympathy. May I never shrink from my duty through any fear of man; make me faithful unto death; and bring me at last into the eternal Presence, where with the Father and the Holy Ghost, Thou livest and reignest forever.

—Edward Bouverie Pusey

Evening

O Father, come and rest to your children now. Take the helmet from our brow, remove from us the weight of our heavy armor for awhile, and may we just have peace, perfect peace, and be at rest.

—Charles Spurgeon

October 24

Morning

God, My God, have pity on me, allow me to live in Your presence, with an upright soul, wholly lifted towards You; a sincere soul, drinking in your sweet Veracity; a very humble soul, looking only to you for all its good. But a soul that has also great confidence in its Father's goodness, and receives the manifestations of Your Love as simply as a child.

—Raïssa Maritain

Evening

You alone are unutterable;

from the time You created all things that can be spoken of .

..

all things cry out about You;

those which speak and those which cannot speak.

All things honor You;

those which think, and those which cannot think.

For there is one longing, one groaning,

that all things have for You . . .

All things pray to You that comprehend Your plan

and offer You a silent hymn.

In You, the One, all things abide,

and all things endlessly run to You

Who art the end of all.

—Gregory of Nazianzus

October 25

Morning

Father in heaven, you divided the day from the night so that both might become a reminder and a joy for us: a reminder for us to think of you; a joy in serving you in every way. And so this day which is now breaking should also belong to you. It should become a day of your Church, a day of your children. It is still quite fresh, and anything could still be formed out of it. And we know that it is your possession, for you have created it, and that in obedience to you we should make it a chosen day, a space in which you can be at home at every moment and everywhere, a space which is filled by you, but in which you also demand of us that we serve the mission which you point out to us. Help us to be pure, give us a good disposition, help us to do joyfully what our service requires.

—Adrienne von Speyr

Evening

O Holy Spirit, most merciful Comforter: You proceed from the Father in a manner beyond our understanding. Come, I beseech You, and take up Your abode in my heart. Purify and cleanse me from all sin, and sanctify my soul. Cleanse it from every impurity, water its dryness, melt its coldness, and save it from its sinful ways. Make me truly humble and resigned, that I may be pleasing to You, and that You might abide with me forever. Most Blessed Light, most Amiable Light, enlighten me. O Rapturous Joy of Paradise, Fount of Purest Delight, My God, give Yourself to me and kindle in my innermost soul the fire of Your love. My Lord, instruct, direct, and defend me in all things. Give me strength against all immoderate fears and against despondency. Bestow upon me a true faith, a firm hope, and a sincere and perfect love. Grant

that I may always do your most gracious will. Amen.

—Antiochus

October 26

Morning

O God, you are the light of the minds that know you,
the life of the souls that love you,
and the strength of the wills that serve you;
help us so to know you that we may truly love you,
so to love you that we may fully serve you,
whom to serve is perfect freedom; through Jesus Christ
our Lord.

—Augustine of Hippo

Evening

Make it our delight, O God! to do thy will, and let thy law be written in our hearts . . . May we take unto us the whole Armour of God, and resist the devil, and overcome the world, and be more than conquerors through Christ that hath loved us; that having fought the good fight of faith, we may lay hold on eternal life. And blessed and heavenly Father, for all thy abounding mercies and blessings vouchsafed to us . . . we desire to render praise, honour, renown, and thanksgiving to thy great and excellent name, for thou alone art worthy, who art God over all, blessed for ever and ever. Amen.

—William Penn

October 27

Morning

Give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

—*The Book of Common Prayer*

Evening

I turn my thoughts quietly, O God, away from me to Thee.

I adore Thee. I praise and thank Thee.

I here turn from this feverish life to think of Thy holiness,
love, serenity,

joy, might, purposefulness, wisdom, truth, and Thy final
omnipotence.

Amen.

—Leslie Weatherhead

October 28

Morning

O God, our Father,

Whoever makes the light to shine out of the darkness,

I thank Thee for waking me to see the light of this new day.

Grant unto me to waste none of its hours;

to neglect none of its opportunities;

to fail in none of its duties.

And bring me to the evening time at peace with myself,

with my fellowmen, and at peace with Thee.

Amen.

—William Barclay

Evening

Now God be with us, for the night is closing;

The light and darkness are of his disposing,

And 'neath his shadow here to rest we yield us,

For He will shield us.

Let evil thoughts and spirits flee before us;

Till morning cometh, watch, O Master, o'er us;

In soul and body thou from harm defend us,

Thine angels send us.

Let holy thoughts be ours when sleep o'ertakes us;

Our earliest thoughts be thine when morning wakes us.

All sick and mourners we to thee commend them,

Do thou befriend them.

—Petrus Herbert

October 29

Morning

O God, you have prepared in peace the path that I must follow today. Help me to walk straight on that path. If I speak, remove lies from my lips. If I am hungry, take away from me all complaint. If I have plenty, destroy pride in me. May I go through the day calling on you, you, O Lord, who know no other Lord.

—Ethiopian prayer

Evening

Bestow upon me, O Lord my God, an understanding that knows Thee, diligence in seeking Thee, wisdom in finding Thee, a way of life that is pleasing to Thee, perseverance that faithfully waits for Thee, and confidence that I shall embrace Thee at the last.

—Saint Thomas Aquinas

October 30

Morning

Lord God,

you are holy, surpassing human expression:

you made light

shine out of darkness . . .

Make us children of the light,

inheritors of your eternal goodness . . .

For you are the God of compassion,

full of goodness and love for all mankind,

and we give you glory,

Father, Son and Holy Spirit,

now and forever,

to the ages of ages. Amen.

—Eastern Orthodox prayer

Evening

I will proclaim your greatness, my God and king;

I will thank you forever and ever.

Every day I will thank You;

I will praise you forever and ever.

The Lord is great and is to be highly praised;

his greatness is beyond understanding.

—Psalm 145:1–3 (gnt)

October 31

Morning

To thee, O Master that lovest all men, I hasten on rising from sleep; by thy mercy I go forth to do thy work, and I pray to thee: help me at all times, in everything; deliver me from every evil thing of this world and from every attack of the devil; save me and bring me into thine eternal kingdom. For thou art my Creator, the Giver and Provider of everything good; in thee is all my hope, and to thee I ascribe glory, now and ever, and to the ages of ages. Amen.

—Macarius of Egypt

Evening

From ghoulies and ghosties and long-legged beasties and things that go bump in the night, good Lord, deliver us!

—Traditional Scottish prayer

November 1

All Saints Day

Morning

How shining and splendid are your gifts, O Lord,
which you give us for our eternal well-being!

Your glory shines radiantly in your saints, O God,
in the honor and the noble victory of the martyrs.

The white-robed company follows you, bright with their
abundant faith;

they scorned the wicked words of those with this world's
power.

For you they sustained fierce beatings, chains and torments,
they were drained by cruel punishments.

They bore their holy witness to you,

Who were grounded deep within their hearts;

they were sustained by patience and constancy.

Endowed with your everlasting grace,

may we rejoice for ever with the martyrs in our bright
fatherland.

O Christ, in your goodness, grant to us the gracious
heavenly realms of eternal life.

—Unknown

Evening

The glorious company of the apostles praise Thee. The goodly fellowship of the prophets praise Thee. The white-robed army of the martyrs praise Thee. All Thy saints and elect with one voice do acknowledge Thee, O Blessed Trinity, one God!

—*Te Deum*

November 2

Morning

We give you thanks, our God and Father, for all those who have died in the faith of Christ; for the memory of their words and deeds and all they accomplished in their time; for the joyful hope of reunion with them in the world to come; and for our communion with them now in your Son, Jesus Christ our Lord.

—Unknown

Evening

May our Lord bless us, and preserve us from all evil, and bring us to life everlasting; and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

—Catholic prayer

November 3

Morning

Glory to You, O Lord, glory to You.

O Heavenly King, O Comforter, the Spirit of Truth, Who are in all places and fill all things, the Treasury of good things and the Giver of life: Come and abide in us, cleanse us from every stain, and save our souls, O Good One.

—Eastern Orthodox prayer

Evening

Go with each of us to rest; if any awake, temper to them the dark hours of watching; and when the day returns to us, our sun and comforter, call us up.

—Robert Louis Stevenson

November 4

Morning

O God, our Father,

grant unto me all through this day patience with things and patience with people.

If any task be hard, grant me the perseverance which will not admit defeat.

Help me to have patience to listen to anyone who wants to talk to me.

Help me through this day to work as Jesus worked and to love as He loved.

Amen.

—William Barclay

Evening

Feet,

still, still now, upon the floor,

no need to hurry.

Hands,

lie quietly at rest,

no task to do just now.

Body,

relax in peace, serene;

now calmly rest.

Mind,

let go the scurrying,

let thought be still, so still.

Soul,
in silence vast as space,
reach, yearning, loving, unto God.

—Elizabeth Searle Lamb

November 5

Morning

Lord of peace, Lord of joy! thy countenance maketh my heart glad. Lord of glory, Lord of mercy, Lord of strength, Lord of life, and of power over death, and Lord of lords and King of kings! In the world there are lords many, but to us there is but one God the Father, of whom are all things; and one Lord Jesus Christ, by whom are all things: to whom be all glory, who is worthy!

—George Fox

Evening

Father of Heaven! whose goodness has brought us safely to the close of this day, dispose our hearts in fervent prayer. Another day is now gone, and added to those, for which we were before accountable. Teach us, almighty father, to consider this solemn truth, as we should do, that we may feel the importance of every day, and every hour as it passes, and earnestly strive to make a better use of what thy goodness may yet bestow on us, than we have done of the time past. . . .

We thank thee with all our hearts for every gracious dispensation, for all the blessings that have attended our lives . . .

Keep us oh! Heavenly Father from evil this night. Bring us in safety to the beginning of another day and grant that we may rise again with every serious and religious feeling which now directs us.

—Jane Austen

November 6

Morning

Dear Lord, please teach us to consider why you bestow yet another day upon us: so that we may spend the rest of our days in a sober, just, and godly way; so that your holy name is honored and praised; and so that I may forever remain in your grace and become holy. From now on, may your Spirit lead us, and may your angels bless my path. O God, we ask this in the name of your beloved Son, Jesus Christ. Amen.

—Amish prayer

Evening

Eternal God,

Who givest the day for work and the night for rest,
grant unto me, as I go to rest, a good night's sleep;
and wake me refreshed on the morrow,
better able to serve Thee and to serve my fellow-men.

This I ask, through Jesus Christ our Lord.

Amen.

—William Barclay

November 7

Morning

Christ, this day be within me and without me!

Christ, the lowly and meek,

Christ, the All-powerful, be

In the heart of each to whom I speak,

In the mouth of each who speaks to me!

In all who draw near me,

Or see me or hear me!

—*Saint Patrick's Hymn*

Evening

O Lord, send Thy grace to help me,

that I may glorify Thy Holy name.

O Lord Jesus Christ, write me, Thy servant,

into the book of life, and grant me a blessed end.

O Lord, grant me the thought of good.

Grant me humility, chastity and obedience.

Grant me patience, generosity and gentleness.

O Lord, plant in me the root of all goodness,

the reverence of Thee in my heart.

O Lord, Thou knowest what Thou doest,

as Thou willest; may Thy will

also be fulfilled in me, a sinner,
for Thou art blessed for evermore.
Amen.

—John Chrysostom

November 8

Morning

Even though the day be laden
and my task dreary
and my strength is small,
a song keeps singing
in my heart.

For I know that I am Thine.

I am part of Thee.

Thou art kin to me,
and all my times

—Alistair MacLean

Evening

O Lamb of God, who takest away the sin of the world, look upon us and have mercy upon us;
thou who art thyself both victim and Priest, thyself both Reward and Redeemer, keep safe from
all evil those whom thou hast redeemed . . . O Saviour of the world.

—Irenaeus of Lyons

November 9

Morning

Arising from sleep I thank Thee, O holy Trinity; because of the abundance of Thy goodness and long-suffering You were not angry with me, slothful and sinful though I am. Neither have You destroyed me in my transgressions: but in Your compassion You have raised me up, that at dawn I might sing the glories of Your Majesty. Do now enlighten the eyes of my understanding, open my mouth to receive Your words, teach me Your commandments, help me do Your will, confessing You from my heart, singing and praising Your name forever. Amen.

—Eastern Orthodox prayer

Evening

Before the closing of the day
Creator, thee we humbly pray
That, for thy wonted mercy's sake,
Thou us into protection take.
May nothing in our minds excite
Vain dreams and phantoms of the night;
Our enemies repress, that so
Our bodies no uncleanness know.
To Jesus, from a Virgin spring,
Be glory given, and praises sung;
The same to God the Father be,
And Holy Ghost eternally.

—Catholic prayer

November 10

Morning

Jesus, I feel within me a great desire to please you, but, at the same time, I feel totally incapable of doing this without your special light and help, which I can expect only from you. Accomplish your will within me—even in spite of me.

—Claude de la Colombière

Evening

O Lord my God, I believe in you, Father, Son, and Holy Spirit. Insofar as I can, insofar as you have given me the power, I have sought you. I became weary and I labored. O Lord my God, my sole hope, help me to believe and never cease seeking you. Grant that I may always and ardently seek out your countenance. Give me the strength to seek you, for you help me to find you and you have more and more given me the hope of finding you. Here I am before you with my firmness and my infirmity. Preserve the first and heal the second. Here I am before you with my strength and my ignorance. Where you have opened the door to me, welcome me at the entrance; where you have closed the door to me, open to my cry; enable me to remember you, to understand you, and to love you. Amen.

—Augustine of Hippo

November 11

Morning

O Lord, that lends me life,

Lend me a heart replete with thankfulness!

—William Shakespeare

Evening

O good Jesus! my Master, teach me!

O good Jesus! Prince of peace, give me peace!

O good Jesus! my Refuge, receive me!

O good Jesus! my Pastor, feed my soul!

O good Jesus! Model of patience, comfort me!

O good Jesus! my Redeemer, save me!

O good Jesus! my God and my All, possess me!

O good Jesus! the true Way, direct me!

O good Jesus! eternal Truth, instruct me!

O good Jesus! Life of the blessed, make me live in Thee!

—Catholic prayer

November 12

Morning

O Lord, you have set before us the great hope that your kingdom shall come on earth, and have taught us to pray for its coming; give us grace to discern the signs of its dawning, and to work for the perfect day when your will shall be done on earth as it is in heaven; through Jesus Christ our Lord.

—Percy Dearmer

Evening

Comfort me, Lord, with Your presence,
as the ever-watchful mother
soothes the fretful, feverish child.
Grant me the gift of sleep;
and be the guardian of my dreams,
that I may know You through them also.
Or if I must watch with You though
the long, hard night,
share with me the burden of Your heart
that my sleepless hours
may be spent in purposeful prayer.
And if You bless me once more with the
gift of the morning,
may I rise,

grateful to greet You,
ready to walk with You
into the tasks of a new day.

—Anne Wadey

November 13

Morning

O God,

help me strive with all my might to become humble and
pure of heart,
without which it is impossible to truly know You and serve
You.

Open my eyes and ears to learn from the holiness and
wisdom of Your saints.

Do not let me forget the poor.

Amen.

—Bradley Malkovsky

Evening

Dear Jesus, help me to spread thy fragrance everywhere I go.

Flood my soul with Thy spirit and love.

Penetrate and possess my whole being so utterly that all my life may only be a radiance
of Thine.

Shine through me, and be so in me that every soul I come in contact with may feel Thy
presence in my soul.

Let them look up and see no longer me but only Thee, O Lord!

Stay with me, and then I shall begin to shine as Thou shinest; so to shine as to be a light
to others.

—John Henry Cardinal Newman

November 14

Morning

My God,

I give you this day.

I offer you, now,

all the good that I shall do

and I promise to accept,

for love of you,

all of the difficulty that I shall meet.

Help me to conduct myself during this day

in a way that pleases you.

—Francis de Sales

Evening

To my weariness, O Lord,

vouchsafe Thou rest,

to my exhaustion

renew Thou strength.

Lighten mine eyes that I sleep not in death.

Deliver me from the terror by night,

the pestilence that walketh in darkness.

Supply me with healthy sleep,

and to pass through this night without fear.

O Keeper of Israel,
who neither slumberest nor sleepest,
guard me this night from all evil,
guard my soul, O Lord.

—Lancelot Andrewes

November 15

Morning

Lord Jesus, I give you my hands to do your work. I give you my feet to go your way. I give you my eyes to see as you see. I give you my tongue to speak your words. I give you my mind to think as you think. I give you my spirit so that you may pray in me. I give you my self so that you may grow in me. So that it is you, Lord Jesus, who lives and works and prays in me. Amen.

—*The Grail Prayer*

Evening

Oh! teach me to number my days that I may apply my heart unto wisdom. Lighten, if it be Thy will, the pressures of this world's cares, and above all, reconcile me to Thy will, and give me a peace which the world cannot take away.

—Thomas Chalmers

November 16

Morning

Source of all good! Day by day are thy blessings renewed to us: . . . O that we too could be reborn like the morning, our love to rise as fresh as the dawn, and our obedience be as sure as the pathway of the sun! . . . When we remember our thoughtless lives, our impatient tempers, our selfish aims, we know that thou hast . . . neither made us blind, like the creatures that have no sin; nor left us without holy guidance; thy still small voice speaking in our inmost conscience; and thine open word . . . take us now to serve thee in newness of spirit . . . and sweep away with a holy breath every dust of care, every trace of fear, and every taint of an uncharitable mind.

—James Martineau

Evening

Write your blessed name, O Lord,
upon my heart,
there to remain so indelibly engraved,
that no prosperity,
no adversity
shall ever move me from your love.
Be to me a strong tower of defense,
a comforter in tribulation,
a deliverer in distress,
a very present help in trouble,
and a guide to heaven

through the many temptations and dangers of this life.

Amen.

—Thomas à Kempis

November 17

Morning

I call upon You, O Lord. In the morning You hear me.

In the morning I offer You my prayer, watching and waiting.

I lift my heart to You, O Lord to be strengthened for this day.

Be with me in all I do, my God, guide me in all my ways.

I will carry some burdens today; some trials will be mine.

So I call upon You for Your help, lest I stumble and fall.

I will do my work, Father, and pray to live as part of the kingdom begun by Your Son.

He lives in me by the Spirit, and I live in Him. May His work today be done.

Amen.

—Prayer based on Psalm 5, edited by Fr. Victor Hoagland

Evening

Let me not seek out of Thee

what I can find only in Thee, O Lord:

peace and rest and joy and bliss,

which abide in Thee alone.

Lift up my soul above the weary round

of harassing thoughts to Thy eternal presence.

Lift up my soul to the pure, bright, clear, serene, radiant atmosphere Thy presence, that . . . there
I may repose in Thy love, there be at rest from myself and from all things that weary me; thence
return, arrayed with Thy peace, to do and bear what shall please Thee.

—Edward Bouverie Pusey

November 18

Morning

Since it is of thy mercy, O gracious Father, that another day is added to our lives; we here dedicate both our souls and our bodies to thee and thy service, in a sober, righteous, and godly life; In which resolution, do thou, O merciful God, confirm and strengthen us; that, as we grow in age, we may grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. Amen.

—*The Book of Common Prayer*

Evening

My God, my blessedness: I have realized that whoever undertakes anything for the sake of earthly things, or to earn the praise of others, is self-deceived. Today one thing pleases the world; tomorrow it is another: what is on one occasion praised is denounced upon another. Blessed are you, my Lord, my God, for you are unchangeable in all eternity! Whoever faithfully serves you until the end shall enjoy life without end in all eternity.

—Teresa of Avila

November 19

Morning

Dear Lord,

Help me to live this day quietly, easily;

To lean upon Thy great strength trustfully, restfully;

To wait for the unfolding of Thy will patiently,

serenely;

To meet others peacefully, joyously;

To face tomorrow, confidently, courageously.

—Francis of Assisi

Evening

O Lord our God, as Thou art good and the Lover of mankind, forgive me wherein I have sinned today in word, deed, and thought. Grant me peaceful and undisturbed sleep; send thy guardian angel to protect me from every evil. For Thou art the Guardian of our souls and bodies, and unto Thee we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

—Antiochus

November 20

Morning

Lord, grant me a holy heart
that sees always what is fine and pure
and is not frightened at the sight of sin,
but creates order wherever it goes.
Grant me a heart that knows nothing
of boredom, weeping and sighing.
Let me not be overly concerned
with the bothersome thing
I call myself.
Lord, give me a sense of humor,
and I will feel happiness in life
and profit for others.

—Thomas More

Evening

O God of life, this night,
O darken not to me Thy light. . . .
Keep Your people, Lord,
in the arms of Your embrace.
Shelter them under Your wings.
Be their light in darkness.

Be their hope in distress.

Be their calm in anxiety.

Be strength in their weakness. . . .

Be their song in the night.

—Northumbria Community

November 21

Morning

Loving Father,

I invite you into my life today

and make myself available to you.

Help me to become the best-version-of-myself

by seeking your will and becoming a living example
of your love in the world.

Open my heart to areas of my life that need to change

in order for me to carry out the mission
and experience the joy you have imagined for my life.

Inspire me to live the Catholic faith in ways that are

dynamic and engaging. . . .

Give me courage when I am afraid,

hope when I am discouraged,
and clarity in times of decision.

Amen.

—Matthew Kelly

Evening

I commend to Thee, O Lord,

my soul, and my body,

my mind, and my thoughts,

my prayers, and my vows . . .
my words, and my work,
my life, and my death;
my brothers, and sisters,
and their children;
my friends, benefactors, my well-wishers . . .
my kindred, and my neighbours.

—Lancelot Andrewes

November 22

Morning

Thanks be to You for the gifts You give me:
each new day, each weather, fair, calm or wild,
for Your eye watching over me,
for each hour, its ebb and flow,
for Your arm comforting me, around me.
for each gift thanks be to You.
The best gift is Yourself to me.
Amen.

—Celtic prayer

Evening

May God, the Lord, bless us with all heavenly benediction, and make us pure and holy in his sight.

May the riches of his glory abound in us.

May He instruct us with the word of truth, inform us with the Gospel of salvation, and enrich us with his love, through Jesus Christ, our Lord.

—Gelasian Sacramentary

November 23

Morning

Lord, Jesus Christ, pierce my soul with your love so that I may always long for you alone, who are the bread of angels and fulfillment of the soul's deepest desires. . . . May I always seek and find you, think upon you, speak to you and do all things for the honor and glory of your holy name. Be always my only hope, my peace, my refuge and my help in whom my heart is rooted so that I may never be separated from you.

—Saint Bonaventure

Evening

How great is your goodness, dear Lord! Blessed are you forever! May all created things praise you, O God, for loving us so much that we can truthfully speak of your fellowship with mankind, even in this earthly exile; and however virtuous we may be, our virtue always depends on your great warmth and generosity, dear Lord. Your bounty is infinite. How wonderful are your works!

—Teresa of Avila

November 24

Feast of Christ the King

Morning

O Christ Jesus, I acknowledge Thee as Universal King. . . . I renew my baptismal promises, renouncing Satan . . . and all his works . . .

Divine Heart of Jesus, I consecrate all my poor actions to the cause of Thy Kingship, that all hearts may recognize Thee their Ruler and thus establish the kingdom of Thy peace in all the world. Amen.

—Catholic prayer

Evening

Almighty and everlasting God, whose will it is to restore all things in thy well-beloved Son, the King of kings and Lord of lords: Mercifully grant that the peoples of the earth, divided and enslaved by sin, may be freed and brought together under his most gracious rule; who liveth and reigneth with thee and the Holy Spirit, one God, now and forever. Amen.

—*The Book of Common Prayer*

November 25

Morning

Keep me, Lord, attentive at prayer, temperate in food and drink, diligent in my work, firm in my good intentions.

Let my conscience be clear, my conduct without fault, my speech blameless, my life well ordered.

Put me on guard against my human weaknesses. Let me cherish your love for me, keep your law, and come at last to your salvation.

Teach me to realize that this world is passing, that my true future is the happiness of heaven, that life on earth is short, and the life to come eternal.

—Pope Clement XI

Evening

God the Father, bless us;

God the Son, defend us;

God the Spirit, keep us

now and evermore.

Amen.

—Allan Jahsmann

November 26

Morning

Almighty and gracious Father,
I give Thee thanks for the fruits of the earth and the grain,
and for the labors of those who harvest them so we can
have plenty to eat.

Make me, I beseech Thee,
a faithful steward of Thy bounty,
for the provision of my own needs,
and for the relief of others who are in need,
to the glory of Thy name.

Through Jesus Christ our Lord,
Amen.

—*The Book of Common Prayer*

Evening

May none of God's wonderful works keep silence; night or morning, bright stars, high mountains, the depths of the seas, sources of rushing rivers: may all these break into song as we sing to Father, Son and Holy Spirit. May all the angels in the heavens reply: Amen. Amen.
Amen.

—Egyptian prayer

November 27

Morning

Father. . . God

thank You for Your presence

during the hard and mean days.

For then we have You to lean upon.

Thank You for Your presence

during the bright and sunny days,

for then we can share that which we have

with those who have less.

And thank You for Your presence

during the Holy Days,

for then we are able to celebrate You

and our families and our friends.

For those who have no voice,

we ask You to speak.

For those who feel unworthy,

we ask You to pour Your love out in waterfalls of
tenderness.

For those who live in pain,

we ask You to bathe them in the river of Your healing.

For those who are lonely,

we ask You to keep them company.

For those who are depressed,
we ask You to shower upon them the light of hope.
Dear Creator, You, the borderless Sea of Substance,
we ask You to give to all the world that which we need
most- Peace.
Amen.

—Maya Angelou

Evening

O Lord, my God, grant us your peace; already, indeed, you have made us rich in all things! Give us the peace of being at rest, that sabbath peace, the peace which knows no end.

—Augustine of Hippo

November 28

Thanksgiving Day

Morning

Come, ye thankful people, come,

Raise the song of Harvest-home!

All is safely gathered in,

Ere the winter storms begin:

God our Maker doth provide

For our wants to be supplied:—

Come to God's own temple, come,

Raise the song of Harvest-home! . . .

Then, thou Church triumphant, come,

Raise the song of Harvest-home!

All are safely gathered in,

Free from sorrow, free from sin;

There, forever purified,

In God's garner to abide:

Come, ten thousand angels, come,

Raise the glorious Harvest-home!

—Henry Alford

Evening

Thou hast, with ever watchful eye,
Looked down on us with holy care,
And from thy storehouse in the sky,
Hast scattered plenty everywhere.
Then lift we up our songs of praise
To thee, O Father, good and kind;
To thee we consecrate our days;
Be thine the temple of each mind.
With incense sweet our thanks ascend;
Before thy works our powers pall;
Though we should strive years without end,
We could not thank thee for them all.

—Paul Laurence Dunbar

November 29

Morning

Praise to God, immortal praise
For the love that crowns our days;
Bounteous source of every joy,
Let thy praise our tongues employ.
For the blessings of the field,
For the stores the gardens yield,
For the vine's exalted juice,
For the generous olive's use . . .
All that spring with bounteous hand
Scatters o'er the smiling land;
All that liberal autumn pours
From her rich o'erflowing stores;
These to thee, my God, we owe;
Source whence all our blessings flow;
And for these, my soul shall raise
Grateful vows and solemn praise.

—Anna Letitia Barbauld

Evening

Let us give thanks to God our Father for all his gifts so
freely bestowed upon us.

For the beauty and wonder of your creation, in earth and
sky and sea.

We thank you, Lord.

For all that is gracious in the lives of men and women,
revealing the image of Christ,

We thank you, Lord.

For our daily food and drink, our homes and families, and
our friends,

We thank you, Lord.

For minds to think, and hearts to love, and hands to serve,

We thank you, Lord.

For health and strength to work, and leisure to rest and
play,

We thank you, Lord. . . .

For all valiant seekers after truth, liberty, and justice,

We thank you, Lord. . . .

Above all, we give you thanks for the great mercies and promises given to us in Christ Jesus our
Lord; To Him be praise and glory, with you, O Father, and the Holy Spirit, now and forever.
Amen.

—*The Book of Common Prayer*

November 30

Morning

We thank you . . . for the wonder of life, and for the mystery of love.

We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side. . . .

Above all we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his . . . death; and for his rising to life again, in which we are raised to the life of your kingdom.

—*The Book of Common Prayer*

Evening

O most loving heart of Jesus, I commend to you this night my heart and soul that they may rest peacefully in you. Since I cannot praise you while I sleep, may my guardian angel replace me that all my heart's beats may be so many acts of praise and thanksgiving offered to your loving heart and that of your eternal Father.

—Maria Soledad Torres Acosta

Advent

Advent begins four Sundays before Christmas and ends on Christmas Eve. During Advent we “wait in joyful hope for the coming of our Savior Jesus Christ,” is the phrase used each week in the Catholic Mass. Advent is about Jesus’ coming; even the word *advent* means “coming.” The

coming of Jesus we celebrate is three-fold. We remember His coming in the past as a baby in Bethlehem, born to redeem the world. We are thankful for His coming into our hearts in the present, as we make more and more of our lives available to Him, to be used as He wishes. And we look forward joyfully to His Second Coming at the end of time when all people shall be judged and all Creation shall be purified and perfected.

The Christmas story is, simply put, the most beautiful story in the world. The four lovely weeks of Advent allow us to take this story out each year and examine it. Like a prism that refracts light into different colors at different angles, so Advent reveals different aspects of the Christmas story each week. We sense the longing of the prophets who foretold Christ; our hearts wonder with Mary, rejoice with Elizabeth, empathize with Joseph, and thrill with the shepherds.

Advent reminds us, too, that while Christmas was glorious, it was human sinfulness and estrangement from God that made it necessary for Jesus to come to earth. So we are reminded of our spiritual lives and of our need to be found walking in righteousness when He comes again in glory. Mostly, Advent gives us a chance to remember and pay homage to the most beautiful part of the Christmas story: the incomparable, miracle-working, ardent, relational, self-sacrificing love of God for the people of the world.

December 1

First Sunday of Advent

Morning

Most gracious Lord, by whose direction this time is appointed for renewing the memory of thy infinite mercy to man in the incarnation of thy only Son; grant that we may live, this holy time in the spirit of thanksgiving, and every day raise up our hearts to thee in the grateful acknowledgement of what thou hast done for us. Besides this, we ask thy grace, O God, that we may make a due use of this holy time, for preparing our souls to receive Christ our Lord coming into the world at the approaching solemnity of Christmas. Christ came into the world to do good to all. . . In all things O God, may we follow the spirit of charity, being forward in bringing comfort and relief to all, as far as their circumstances shall require, and ours permit. Grant, O Lord that we may prepare to meet our Redeemer.

—John Goter

Evening

Merciful God, who didst send thy messengers the prophets to preach repentance and prepare the way for our salvation: Give us grace to heed their warnings and forsake our sins, that I may greet with joy the coming of Jesus Christ our Redeemer.

—*The Book of Common Prayer*

December 2

Advent

Morning

O Lord Jesus Christ, King of glory,

King of kings and Lord of lords,

the Son of the living God and Son of David, come.

Come now to Your Church that You have purchased with
Your blood.

Come with Your gracious presence, that we may rejoice in
You.

Come and rule over us, that we may serve and follow You.

Come with Your love, humility, and perfect obedience,
and let Your lowliness become our glory.

Come into the midst of Your people and bless us, for we
are Your heritage.

Forgive us our sin, and do not angrily cast away Your
servants,

for You are meek and gracious.

Clothe us with the garment of Your righteousness,
for You are the only righteous one and our helper.

Satisfy us with the abundance of Your mercy,
for You did become poor for our sakes,

that by Your poverty we might be made rich.

Hear us, Lord Jesus, for the sake of Your holy name.

Amen.

—Martin Luther

Evening

Lord Jesus, You are the light of the world.

Come, Lord Jesus.

You are light in the darkness.

Come, Lord Jesus.

Son of God, save us from our sins.

Come, Lord Jesus.

Bring hope into the lives of all people.

Come, Lord Jesus.

Give Your peace to all nations.

Come, Lord Jesus.

Be the joy of all who love You.

Come, Lord Jesus.

Amen.

—Catholic prayer

December 3

Advent

Morning

O God the Father,
Who loved the world so much that You sent Your only
Son,
grant me grace to prepare here for Eternal Life.
O God the Son,
Who comes to us as Redeemer and as Judge,
reveal to me the path from darkness into Light.
O God the Holy Spirit,
by whose working the Virgin Mary conceived the Christ;
help me bear the fruits of holiness.
Amen.

—Michael Portorn

Evening

All-powerful God,
increase our strength of will for doing good
that Christ may find an eager welcome at his coming
and call us to his side in the kingdom of heaven,
where he lives and reigns with you and the Holy Spirit,

one God, for ever and ever. Amen.

—Roman Sacramentary

December 4

Advent

Morning

You are our eternal salvation,

the unfailing life of the world.

Light everlasting, You are truly our redemption.

Grieving that the human race was perishing through the
tempter's power,

without leaving the heights You came to the depths in Your
loving kindness.

Readily taking our humanity by Your own gracious will,

You saved all earthly creatures,

long since lost, restoring joy to the world.

Redeem our souls and our bodies,

O Christ, and so possess us as Your shining dwellings.

By Your first coming, make us righteous;

at Your second coming, set us free:

so that, when the world is filled with light and You judge
all things,

we may be clad in spotless robes and follow in Your steps,

O King,

into the heavenly hall.

Amen.

—Unknown

Evening

We pray Thee, O Lord, to purify our hearts, that they may be worthy to become thy dwelling place. Let us never fail to find room for thee, but come and abide in us, that we also may abide in thee who at this time wast born into the world for us and dost live and reign, King of kings and Lord of lords, now and for evermore. Amen.

—William Temple

December 5

Advent

Morning

God of power and mercy,

open my heart in welcome.

Remove the things that hinder me from receiving Christ
with joy.

I want to receive Him joyously so that I may share His
wisdom,

and become one with Him in joy when He comes in glory.

Amen.

—Roman Sacramentary

Evening

Purify our conscience, Almighty god, by your daily visitation, that when your Son Jesus Christ,
at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in
the unity of the Holy Spirit, one God, now and forever. Amen.

—*The Book of Common Prayer*

December 6

Advent

Morning

Father in Heaven,
my heart desires the warmth of Your love,
and my mind is searching for the light of Your word.
Increase my longing for Christ our Savior,
and give me the strength to grow in love,
that the dawn of His coming may find me rejoicing in His
presence.

Amen.

—Unknown

Evening

Good Jesus, born as at this time, a little Child for love of
us;

Be Thou born in me, that I may be a little child in love of
Thee;

And hang on Thy love as on my mother's bosom,
Trustfully, lovingly, peacefully; hushing all my cares in
love of Thee. . . .

Good Jesus, sweeten every thought of mine with the

sweetness of Thy love. . . .

Good Jesus, give me a deep love for Thee,

That nothing may be too hard for me

To bear for love of Thee.

—Edward Bouverie Pusey

December 7

Advent

Morning

Almighty God, who hast declared Thy love to men by the birth of the Holy Child of Bethlehem:
Help us to welcome Him with gladness and to make room for Him in all our common days, so
that we may live at peace with one another and in good will with all Thy family: In His holy
name we pray. Amen.

—Anglican prayer

Evening

Lord Jesus,

Master of both the light and the darkness,

send your Holy Spirit upon our preparations for
Christmas.

We who have so much to do

seek quiet spaces to hear your voice each day.

We who are anxious over many things

look forward to your coming among us.

We who are blessed in so many ways

long for the complete joy of your kingdom . . .

We are your people, walking in darkness, yet seeking the
light.

To You we say, “Come, Lord Jesus!”

—Henri Nouwen

December 8

Second Sunday of Advent

Morning

God of love and mercy,
help use to follow the example of Mary,
always ready to do your will.

At the message of an angel
she welcomed your eternal Son
and, filled with the light of the Spirit,
she became the temple of your Word.

—Roman Sacramentary

Evening

Lord Jesus, this Christmas as I sing the familiar carols,
hear the familiar readings and ponder on familiar mysteries,
give me the gift of pure worship
that ability which Mary had of attributing to You Your true
worth,

Your full value, Your inestimable greatness.

Teach me to be reverent; yet teach me how to express
the love that burns within my heart
as I think of Your goodness to me

that You have come to be our light in darkness,
our hope in despair,
our strength in weakness,
our shelter in the storm
yes, and our eternal Savior.
Amen.

—Joyce Huggett

December 9

Advent

Morning

Jesus,

You are our King and Savior,

and You draw near!

O come let us adore You!

Give us grace to cast away the works of darkness,

and put on Your armor of Light.

Then when You come in glory may we rise to meet You in
eternal life.

Help us, Lord, learn Your ways and walk in Your paths.

We wait with hope for the day when “the glory of the Lord
shall be revealed,

and all flesh shall see it together.”

Amen.

—Unknown

Evening

O God, who by the leading of a star didst manifest thy only-begotten Son to the peoples of the earth: Lead us, who know thee now by faith, to thy presence, where we may behold thy glory face to face; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the

Holy Spirit, one God, now and forever. Amen.

—*The Book of Common Prayer*

December 10

Advent

Morning

What is this jewel that is so precious? I can see it has been quarried not by men, but by God. It is you, dear Jesus. You have been dug from the rocks of heaven itself to be offered to me as a gift beyond price. You shine in the darkness. Every color of the rainbow can be seen within you. The whole earth is bathed in your light. Infant Jesus, by being born as man you have taken upon yourself the pain of death. But such a jewel can never be destroyed. You are immortal. And by defying your own death, you shall deliver me from death.

—The Victorines

Evening

Be near me, Lord Jesus;

I ask You to stay

Close by me forever,

And love me, I pray.

Bless all the dear children

In Thy tender care.

And fit us for Heaven

To live with Thee there.

—Martin Luther

December 11

Advent

Morning

Come, thou long expected Jesus,
Born to set your people free;
From our fears and sins release us,
Let us find our rest in thee.
Israel's strength and consolation,
Hope of all the earth thou art;
Dear desire of every nation,
Joy of every longing heart.
Born thy people to deliver,
Born a child, and yet a king,
Born to reign in us forever,
Now your gracious kingdom bring.
By your own eternal spirit
Rule in all our hearts alone;
By your all sufficient merit
Raise us to your glorious throne.

—Charles Wesley

Evening

During this Advent, let your light of peace and love shine in our world. Give us eyes to see the signs of your presence in the world. Help us to prepare our lives and our homes to receive the One who said, “I am the light of the world.”

—Catholic prayer

December 12

Advent

Morning

O God our Father,

we are preparing to celebrate the birth of Your Son Jesus.

While I recall His coming as a tiny baby in weakness and
humility,

may I rely on You in my weakness and humility also.

And may I remember that one day He will come again in
power and in glory.

Amen.

—Catholic prayer

Evening

Heavenly Father, thank you for sending your Son to earth as a baby so many years ago. Thank you that He paid the punishment for my sins by dying on the cross. And thank you that He rose again to prove that death was truly defeated. I place my trust in You to be my Savior. Guide me through the dark times of my life and give me courage to live for you. Amen.

—Unknown

December 13

Advent

Morning

Lord Jesus,

Send your Holy Spirit upon our preparations for Christmas.

We who have so much to do seek quiet spaces to hear your voice each day.

We who are anxious over many things look forward to your coming among us.

—Mark Neilsen

Evening

Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armor of light, now in the time of this mortal life in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the quick and the dead, may we rise to the life immortal; through him who reigneth with thee and the Holy Ghost, one God, now and forever. Amen.

—*The Book of Common Prayer*

December 14

Advent

Morning

Come, long-expected Jesus. Excite in me the joy and love and peace it is right to bring to the manger of my Lord. Raise in me, too, sober reverence for the God who acted there, hearty gratitude for the life begun there, and spirited resolution to serve the Father and Son.

I pray in the name of Jesus Christ, whose advent I hail. Amen.

—John Appleseed

Evening

The Word made flesh for us gives us the greatest hope that the murky night of darkness will not overwhelm us, but we shall see the daylight of eternity. Lord, let us receive your clear light; be for us such a mirror of light that we may be given grace to see you unendingly. If we are overcome, You have the power to forgive us, therefore, in my sin I call on you, my Lord, my Light, for help. For you were sent into the world to enlighten my heart, to nurture true repentance, and to make the Holy Spirit's work grow more powerfully in me. With the Father and the Holy Spirit you live and reign forever! Amen.

—Hildegard of Bingen

December 15

Third Sunday of Advent

Morning

Lift up your heads, you mighty gates;

Behold, the King of Glory waits;

The King of kings is drawing near;

The Savior of the world is here!

Fling wide the portals of your heart;

Make it a temple, set apart

From earthly use for heaven's employ,

Adorned with prayer and love and joy.

Redeemer, come, with us abide;

Our hearts to you we open wide;

Let us your inner presence feel;

Your grace and love in us reveal.

Your Holy Spirit lead us on

Until our glorious goal is won;

Eternal praise, eternal fame

Be offered, Savior, to your name!

—George Weissel

Evening

Blessed be Jesus Christ, the joy of all who wait for his
coming.

Come, Lord Jesus.

Jesus, Son of the Most High, whose coming was announced
to the Virgin Mary by the angel Gabriel . . .

Come, and bring joy to the world. . . .

Come, and save your people from their sins.

Lord Christ, Light of the Magi and of all the gentiles,

Come, and reveal yourself to all the nations.

Light of the world, awaited and recognized by old Simon
and Anna in the temple,

Come, and comfort Your people.

—William G. Storey

December 16

Advent

Morning

Let us have clean hearts ready inside us for the Lord Jesus, so that he will be glad to come in, gratefully accepting the hospitality of those worlds, our hearts: he whose glory and power will endure throughout the ages. Amen.

—Origen

Evening

O Divine Infant of Bethlehem, Whom we adore and acknowledge to be our sovereign Lord, come and take birth in our hearts. Amen.

O Infant Jesus, grant that each moment of our lives, we may pay homage to that moment in which Thou didst begin the work of our salvation. Amen.

O holy Mother of our Infant Saviour, obtain that we may so prepare for His coming, as not to be separated from Him for all eternity. Amen.

Most Holy Infant Jesus, true God and true man, my Saviour and Redeemer; with all earnestness and respect, we beseech Thee, by that charity, humility and bounty, which Thou didst display in Thy Infancy, graciously undertaken for love of us, that Thou vouchsafe to grant us the favor we now beg, it if be for the honor of God and our salvation. . . .

O Lord Jesus, Who didst for the love of us, vouchsafe to reduce Thy incarnated divinity and most divine humanity to the humiliating state of birth and infancy; grant that we, acknowledging Thy infinite wisdom in Thy infancy, Thy power and in Thy weakness, and Thy

majesty in Thy littleness, may adore Thee, a little One on earth, and behold Thee great in heaven;
who livest and reignest with God the Father, in unity with the Holy Ghost, world without end.

Amen.

—Catholic novena

December 17

Advent

Morning

O Lord, our King and our Savior!

Let us celebrate this festival without false ideas,

but with our hearts open to receive Your Word,

Your promise, Your commandment.

Our grumbles and doubts,

our errors and mistakes,

our stubbornness and defiance

should trouble us even during these days of joy,

because they trouble You.

But as we rejoice at Your birth in the world,

we ask You to accept us and uplift us as we are.

And we pray that, in Your strength,

we shall be willing to be counted amongst the poor and
humble,

as You counted Yourself.

Amen.

—Karl Barth

Evening

Lord Jesus,
for eternities now,
heaven and earth,
like fond grandparents,
have thrilled at the sight
of the children's children
ever bringing forth children . . .
And now,
amid the starlit night,
comes the incomparable Child,
the smile of God
and tenderness toward mankind.
We beg you, Lord,
revive in us
the joy of your joy
for ever and ever.

—Pierre Talec

December 18

Advent

Morning

Lord Christ,

I wish I could offer you

a reasonably clean

and swept house

to dwell in,

but I can't.

I can say—and know the meaning of—“I am not worthy to
have you come under my roof. . . .”

But you are already there!

Living among the once-flourishing idols.

The floor is dirty

and at times the room is airless—

even for me!

I am ashamed of your presence there,

yet you slept in a cave

and on a donkey's back at night

under the desert stars.

So, if I can't change your accommodations,

let me rejoice all the same
that you are present.
I must believe strongly, Lord,
that I can't question this:
that you are at home
with sinners—
and my greatest sin, Lord Christ,
is that I don't want to be a sinner!
Nor do I easily accept it—still,
the evidence
is overwhelming.

But hope is like a green shoot
in the midst of an airless, disordered world.
And that hope comes from your Spirit.
I rest in that hope, Lord.

—William Breault

Evening

Lord Jesus, Light of the World,
Shed upon us, Your followers, the brightness of Your
Light,
that we, illumined by Your teaching and Your love,
may walk in the light of Your truth,
and at length dwell with You in Heaven in the fullness of

Eternal life.

Through Your merits, Christ our Lord,

Amen.

—Unknown

December 19

Advent

Morning

God of love and truth,

You loved the world so much that You sent Your only Son
to be our Savior.

From a Virgin You brought Him forth for the world to see.

May I receive Him as my Lord and Brother,

and celebrate Him as my gracious Redeemer.

I give You thanks for my salvation and for all Your gifts.

Amen.

—Roman Sacramentary

Evening

We do not preach only one coming of Christ, but a second as well, much more glorious than the first. The first coming was marked by patience; the second will bring the crown of a divine kingdom.

. . . There is a birth from God before the ages, and a birth from a virgin at the fullness of time. There is a hidden coming, like that of rain upon a fleece, and a coming before all eyes, still in the future.

At the first coming he was wrapped in swaddling cloths in a manger. At his second coming he will be clothed in light as in a garment. In the first coming he endured the cross,

despising the shame; in the second coming he will be in glory, escorted by an army of angels.

We look then beyond the first coming and await the second. At the first coming we said: “Blessed is he who comes in the name of the Lord.” At the second we shall say it again; we shall go out with the angels to meet the Lord and cry out in adoration: “Blessed is he who comes in the name of the Lord!”

—Cyril of Jerusalem

December 20

Advent

Morning

Let kindness go from us to others with every gift,
and good desires with every Christmas greeting.

Deliver us from evil by the blessing which Christ brings,
and teach us to be merry with a clear heart.

May the Christmas morning make us happy to be Thy
children,

and the Christmas evening bring us to our beds with
grateful thoughts,

forgiving and forgiven, for Jesus' sake.

Amen.

—Robert Louis Stevenson

Evening

Lord Jesus Christ, Savior of the world, You became man to give us a life in abundance. You
promised to remain with Your Church until the end of time. Then Your kingdom will come: a
new heaven and earth full of love, justice and peace.

This is our hope, our foundation. Thanks be to You. Lord, we pray.

—Catholic prayer

December 21

Advent

Morning

O Lord Jesus,

Give us Yourself above all things.

It is in Your coming that Your true gifts come.

Come, Lord Jesus, that we may share the gifts of Your
presence:

Come, Lord, with healing of our past,

Come with joy for the present,

Come and give life to our existence,

Come with hope for our future,

Come and give us a sense of Eternity.

Come with power for our thoughts,

Come with love for our hearts,

Come and give affection to our being.

Come, Lord Jesus, give Yourself above all things;

And help us give ourselves to You.

Amen.

—David Adam

Evening

O God, who makest us glad by the yearly remembrance of the birth of thy only Son Jesus Christ:
Grant that as we joyfully receive him for our Redeemer, so we may with sure confidence behold
him when he shall come to be our Judge; who liveth and reigneth with thee and the Holy Ghost,
one God, world without end. Amen.

—*The Book of Common Prayer*

December 22

Fourth Sunday of Advent

Morning

O Lord,

the feast of Christmas resembles You because it brings joy
to all humanity.

Your day is celebrated from generation to generation.

Kings and emperors shall pass away,

but Your festival will be remembered to the end of time.

Your day is both a means and a pledge of peace.

At Your birth Heaven and earth were reconciled;

when You came from Heaven to earth on that day

You began the plan to forgive our sins and wipe our guilt
away.

You gave us so many gifts on Your birth day:

spiritual light for the blind, the cup of salvation for the
thirsty of spirit,

the Bread of Life for the empty.

In the winter when trees are bare,

You give us the most succulent spiritual fruit!

In the frost when the earth is barren,

You bring new hope to our souls.

In December when seeds are hidden in the soil,
the staff of life springs forth from the virgin womb.

Amen.

—Ephraim the Syrian

Evening

Lord Jesus Christ, be present now;
Our hearts in true devotion bow,
Your Spirit send with light divine,
And let Your truth within us shine.
Unseal our lips to sing Your praise
In endless hymns through all our days.
Increase our faith and light our minds;
And set us free from doubt that blinds.
Then shall we join the hosts that cry
“O holy, holy Lord Most High!”
And in the light of that blessed place
We then shall see You face to face.
All glory to the Father, Son,
And Holy Spirit, Three in One!
To You, O blessed Trinity,
Be praise throughout eternity!
Amen.

—Wilhelm IV of Sachsen-Weimar

December 23

Advent

Morning

Let your goodness, Lord, appear to us, that we, made in your image, may conform ourselves to it. In our own strength we cannot image your majesty, power and wonder; nor is it fitting for us to try. But your mercy reaches from the heavens, through the clouds, to the earth below. You have come to us as a small child but you have brought us the greatest of all gifts, the gift of your eternal love. Caress us with your tiny hands, embrace us with your tiny arms, and pierce our hearts with your soft, sweet cries.

—Bernard of Clairvaux

Evening

Almighty and everlasting God, you have stooped to raise fallen humanity by the child-bearing of blessed Mary; grant that we who have seen your glory revealed in our human nature, and your love made perfect in our weakness, may daily be renewed in your image, and conformed to the pattern of your Son, Jesus Christ our Lord.

—David Silk

December 24

Christmas Eve

Morning

Almighty God and Father of Light,
a child is born for us and a son is given to us.
Your eternal Word leaped down from heaven
in the silent watches of the night,
and now your Church is filled with wonder
at the nearness of her God.
Open our hearts to receive his life
and increase our vision with the rising of the dawn,
that our lives may be filled with his glory and his peace,
who lives and reigns for ever and ever.

—Catholic liturgy

Evening

O God the Son, highest and holiest,
Who didst humble Thyself to share our birth and our death:
bring me with the shepherds and wise men
to kneel before Thy lowly cradle,
that I may come to sing with Thine angels
Thy glorious praises in Heaven;

where with the Father and the Holy Spirit

Thou livest and reignest one God,

world without end.

Amen.

—Frank Colquhoun

December 25

Christmas Day

Morning

It is truly just, necessary and beneficent

to give you thanks, holy Lord, all-powerful Father,

Eternal God, through Jesus Christ our Lord.

. . . We celebrate, O Lord, your marvelous deeds,

because she who has given birth is mother and virgin,

and He who is born is infant and God.

For good reason, the heavens have spoken,

the angels have sung, the shepherds were joyful,

the Magi were transformed . . .

Nourish, O mother, Him who is your nourishment.

Nourish the bread descended from Heaven

and placed in the manger like the fodder of animals.

The ox saw his Master; the donkey, the crib of his Lord. . . .

Thus let us sing with the angels and the archangels,

with the Thrones and Dominions, with all the choirs

of Heaven, this hymn of glory:

Holy, Holy, Holy, Lord God of Hosts,

Heaven and earth are filled with your glory.

Hosanna in the highest! Blessed is He who comes

in the name of the Lord. Hosanna in the Highest!

—Gelasian Sacramentary

Evening

Before Thy birth, O Lord, the angelic hosts looked with trembling on this mystery and were struck with wonder: for Thou Who hast adorned the vault of heaven with stars has been well pleased to be born as a babe; and Thou Who holdest all the ends of the earth in the hollow of Thy hand art laid in a manger of dumb beasts. For by such a dispensation has Thy compassion been made known, O Christ, and Thy great mercy: glory to Thee.

Today Christ is born of the Virgin in Bethlehem. Today He Who knows no beginning now begins to be, and the Word is made flesh. The powers of heaven greatly rejoice, and the earth with mankind makes glad. The Magi offer gifts, the shepherds proclaim the marvel, and we cry aloud without ceasing: Glory to God in the highest, and on earth peace, good will among men!

—Eastern Orthodox prayer

December 26

Christmas Week

Morning

Almighty God, who hast poured upon us the new light of thine incarnate Word: Grant that the same light, enkindled in our hearts, may shine forth in our lives; through Jesus Christ our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and forever.
Amen.

—*The Book of Common Prayer*

Evening

Ah, dearest Jesus, Holy Child!
Make Thee a bed, soft, undefiled,
Within my heart, that it may be
A quiet chamber kept for Thee.
My heart for very joy doth leap,
My lips no more can silence keep;
I, too, must sing with joyful tongue,
That sweetest ancient cradle-song—
Glory to God in highest heaven,
Who unto man His Son hath given!
While angels sing, with pious mirth,
A glad New Year to all the earth.

—Martin Luther

December 27

Christmas Week

Morning

Sweet Child of Bethlehem,
grant that we may share with all our hearts in this profound
mystery of Christmas.

Pour into the hearts of men the peace which they
sometimes seek so desperately,

and which You alone can give them.

Help us to know one another better and to live as brothers,
children of the same Father.

Awaken in our hearts love and gratitude for Your infinite
goodness;

join us together in Your love; and give us all Your
heavenly peace.

—Pope John XXIII

Evening

O God, you have caused the holy night to shine with the brightness of the true Light: Grant that
we, who have known the mystery of that Light on earth, may also enjoy him perfectly in heaven;
where with you the Holy Spirit he lives and reigns, one God, in glory everlasting. Amen.

—*The Book of Common Prayer*

December 28

Christmas Week

Morning

Loving Father,

help us remember the birth of Jesus,

that we may share in the song of the angels,

the gladness of the shepherds,

and the worship of the wise men.

Close the door of hate

and open the door of love all over the world.

—Robert Louis Stevenson

Evening

Lord, God of peace,

who has created man,

the object of your kindness,

to be close to you in glory,

we bless you and we thank you

because you have sent us your beloved son, Jesus,

making him the mystery of the pasch,

the architect of all salvation,

the source of all peace,

the bond of true brotherhood. . . .

Open yet more our hearts

to the needs of all our brothers and sisters,

so that we may be better able

to build a true peace. . . .

For the men of every race,

of every tongue—may your kingdom come:

your kingdom of justice,

of peace, of love;

and may the earth be filled with your glory.

Amen.

—Pope Paul VI

December 29

Christmas Week

Morning

O Lord Jesus Christ, make me worthy to understand the profound mystery of your holy incarnation, which you have worked for our sake and for our salvation. Truly there is nothing so great and wonderful as this, that you, my God, who are the creator of all things, should become a creature, so that we should become like God. You have humbled yourself and made yourself small that we might be made mighty. You have taken the form of a servant, so that you might confer upon us a royal and divine beauty.

You, who are beyond our understanding, have made yourself understandable to us in Jesus Christ. . . . You, who are the untouchable One, have made yourself touchable to us. . . .

Blessed are you, O Lord, for coming to earth as a man. You were born that you might die, and in dying that you might procure our salvation. O marvellous and indescribable love!

—Angela of Foligno

Evening

O God, it is Your will to hold both Heaven and earth in a single peace.

Let the design of Your great love give peace to Your church,

peace among nations, peace in our homes, and peace in our hearts;

through Your son, Jesus Christ our Lord. Amen.

—*Lutheran Book of Worship*

December 30

Christmas Week

Morning

Merciful and most loving God, by whose will and bountiful gift thine eternal Son humbled himself that he might exalt mankind, and became flesh that he might renew in us thy divine image: perfect us in thy likeness, and bring us at last to rejoice in beholding thy beauty, and, with all thy saints, to glorify thy grace; through the same Jesus Christ our Lord.

—Catholic prayer

Evening

O God, the beginning and the end of all things,
Who art always the same,
and Whose years fail not,
we now, at the close of another year,
kneel in adoration before Thee,
and offer Thee my deepest thanks
for the fatherly care with which
Thou hast watched over me during the past,
for the many times Thou hast protected us
from evils of soul and body,
and for the numberless blessings,
both temporal and spiritual,

which Thou hast showered upon us.

May it please Thee to accept the homage of our grateful
hearts

which we offer Thee

in union with the infinite thanksgiving of Thy Divine Son,
our Lord Jesus Christ,

Who with Thee liveth and reigneth forever and ever.

Amen.

—Catholic prayer

December 31

New Year's Eve

Morning

God of all time,
who makes all things new,
we bring before you the year now ending.
For life full and good,
for opportunities recognised and taken,
for love known and shared,
we thank You.
Where we have fallen short,
forgive us.
When we worry over what is past,
free us.
As we begin again
and take our first few steps into the future,
where nothing is safe and certain
except you,
we ask for the courage of the wise men
who simply went and followed a star.
We ask for their wisdom,
in choosing to pursue the deepest truth,

not knowing where they would be led.

In the year to come, God of all time,

be our help and company.

Hold our hands as we journey onwards

and may your dream of shalom,

where all will be at peace,

be our guiding star.

—Francis Brien

Evening

—Night is drawing nigh—

For all that has been—Thanks.

To all that shall be—Yes!

—Dag Hammarskjöld

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Calendar of Movable Holy Days

2013 2014 2015 2016 2017

Ash Wednesday	Feb. 13 Mar. 1	Mar. 5	Feb. 18	Feb. 10
Palm Sunday 20	Mar. 24 Apr. 9	Apr. 13	Mar. 29	Mar.
Maundy Thursday	Mar. 28 Apr. 13	Apr. 17	Apr. 2	Mar. 24
Good Friday	Mar. 29 Apr. 14	Apr. 18	Apr. 3	Mar. 25
Easter Sunday	Mar. 31 Apr. 16	Apr. 20	Apr. 5	Mar. 27
Pentecost Sunday	May 19 June 4	June 8	May 24	May 15
Trinity Sunday 22	May 26 June 11	June 15	May 31	May
First Sunday of Advent 27	Dec. 1 Dec. 3	Nov. 30	Nov. 29	Nov.
Second Sunday of Advent	Dec. 8	Dec. 7	Dec. 6	Dec. 4
Third Sunday of Advent 11	Dec. 15 Dec. 17	Dec. 14	Dec. 13	Dec.
Fourth Sunday of Advent 18	Dec. 21 Dec. 24	Dec. 21	Dec. 20	Dec.

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[[TO COME]]

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Evening

William Laud, quoted in *Daily Prayer: Supplemental Liturgical Resource 5*, Presbyterian Church (U.S.A) (Louisville, KY: Westminster, 1987), 201.

January 16

Morning

Albert Schweitzer, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 41.

Evening

John Freylinghausen, quoted in *The Little Book of Prayers*, ed. David Schiller (New York: Workman, 1996), 244.

January 17

Morning

Stanley Pritchard, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 806.

Evening

John Henry Newman, quoted in Malvina Shanklin Harlan, *Some Memories of a Long Life, 1854–1911*, (New York: Random House Digital, 2001), 204.

January 18

Morning

“A Morning Prayer from the Gelasian Sacramentry,” *The Local Church in a Global Era: Reflections for a New Century*, ed. Max L. Stackhouse, et al. (Grand Rapids, MI: Eerdmans, 2000), 89.

Evening

“For the Peace of the World,” quoted in *Common Worship: Services and Prayers for the Church of England*, Archbishops’ Council (London: Church House, 2000), 103.

January 19

Morning

“Daybreak Office of the Eastern Church,” quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 307.

Evening

Michael Buckley, quoted in *The Catholic Prayer Book*, ed. Michael Buckley (London: Hodder and Stoughton, 1986), 156.

January 20

Morning

David Adam, “New Day,” *The Edge of Glory: Prayers in the Celtic Tradition* (Marion, IN: Triangle, 1985).

Evening

John H. Livingston, ed., “An Evening Prayer,” *The Psalms and Hymns of the Reformed*

Dutch Church in North America (New York: George Forman, 1814), 525.

January 21

Morning

“Another Prayer on Awakening,” *Lancelot Andrewes and His Private Devotions*, trans. Alexander Whyte, 2nd ed. (London: Oliphant Anderson and Ferrier, 1896), 129–30.

Evening

“Common of Ramsho, Introductory Prayer,” *The Book of Common Prayer of the Syrian Church*, ed. Bede Griffiths (Piscataway, NJ: Gorgias, 2005), 4.

January 22

Morning

The Confessions of Saint Augustine, trans. Edward Bouverie Pusey (401; Plain Label Books, n.d.) 2, 53, 65–7,
http://books.google.com/books?id=dKNU1B1PSugC&printsec=frontcover&source=gbs_ge_summary_r&cad=0#v=onepage&q&f=false.

Evening

A Man’s Pocket-Book of Religion, ed. A. C. Bouquet (London: Longmans, Green and Co., 1916), 46.

January 23

Morning

Isaac Ashe, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 308.

Evening

David Adam, quoted in *Give Us Grace: An Anthology of Anglican Prayers*, ed. Christopher L. Weber (Harrisburg, PA: Morehouse, 2004), 434.

January 24

Morning

William Barclay, quoted in “Prayer of Intercession,” *Worship and Prayers*, Jesuit Institute, <http://jesuitinstitute.org/Pages/WorshipAndPrayers.htm> (accessed March 9, 2012).

Evening

Prayer Book for Earnest Christians: A Spiritually Rich Anabaptist Resource, ed. Leonard Gross (Harrisburg, VA: Herald, 1996), [[pg. #]].

January 25

Morning

Johann Freylinghausen, quoted in *Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year*, ed. Philip Law (New York: Continuum, 2005), 30.

Evening

[[TO COME]]

January 26

Morning

John Baillie, *A Diary of Private Prayer* (New York: Scribner, 1939), 125.

Evening

Francis of Assisi, quoted in *Voices of the Saints: A 365-Day Journey with Our Spiritual Companions*, ed. Bert Ghezzi (Chicago: Loyola, 2000), 360.

January 27

Morning

“The Death of Byrntnoth,” trans. G. R. Merry, in *The Academy*, ed. J. Murray (1884), 26:412.

Evening

Gail McCoig Blanton, “Lullaby of Promise,” in June Cotner, *Bedside Prayers* (New York: HarperCollins, 2012), 105.

January 28

Morning

Richard Rolle, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), [[pg. #]].

Evening

The Private Devotions of Lancelot Andrews, ed. Edmund Venables (London: Suttaby and Co., 1883), 10, 55.

January 29

Morning

Alcuin of York, quoted in *A Lent Sourcebook*, ed. Robert Baker, Peter Mazar, and Evelyn Kaehler (Chicago: Liturgy Training Publications, 1990), 150.

Evening

“At Evening, 1507,” Anglican Books Revitalized,
http://www.anglicanbooksrevitalized.us/Collects_and_Prayers/parishprs4.htm (accessed March 9, 2012).

January 30

Morning

King Alfred, “Boethius,” *De Consolatione*, trans. Kate M. Warren, in Stopford A. Brooke, *King Alfred as Educator of His People and Man of Letters* (London: Macmillan, 1901), 23.

Evening

“For Thy Peace,” *The Prayers of Kierkegaard*, ed. Perry D. LeFevre (Chicago: University of Chicago, 1956), 43.

January 31

Morning

Dag Hammarskjöld, *Markings*, trans. Leif Sjöberg and W. H. Auden (New York: Ballantine, 1964), 83.

Evening

[[TO COME]]

February 1

Morning

Columbanus, quoted in *The Complete Book of Christian Prayer* (London: Continuum,

2000), 62.

Evening

The Prose Works of Thomas Ken, ed. James Thomas Round (London: J. G. and F. Rivington, 1838), 437, 439.

February 2

Morning

“A Prayer for Candlemas Day,” Catholic Doors,
<http://www.catholicdoors.com/prayers/english3/p02568.htm> (accessed March 9, 2012).

Evening

“Song of Simeon,” in *The Book of Common Prayer*, ed. Richard Mant (Oxford: Oxford University, 1849). 52.

February 3

Morning

Augustine of Hippo, quoted in *The Westminster Collection of Christian Quotations*, ed. Martin H. Manser (Louisville, KY: Westminster John Knox, 2001), 221.

Evening

“After Supper,” *Occasional Prayers: Orthodox Prayers and Creeds*, Orthodoxnet.com,
<http://www.orthodoxnet.com/worship/occasionalprayers.html> (accessed March 9, 2012).

February 4

Morning

“A Happy Home” in Robert N. Rodenmayer, ed., *The Pastor’s Prayer Book* (Oxford: Oxford University, 1960), 545.

Evening

“For Quiet Confidence,” *Book of Common Prayer* (New York: Church Publishing, 2001), 832.

February 5

Morning

William Barclay, quoted in “Prayer of Intercession,” *Worship and Prayers*, Jesuit Institute, <http://jesuitinstitute.org/Pages/WorshipAndPrayers.htm> (accessed March 9, 2012).

Evening

Peter Markus, “A Nighttime Blessing,” in June Cotner, *Bedside Prayers* (New York: HarperCollins, 2012), 113.

February 6

Morning

“Monday Morning,” Bishop Blomfield’s *Manual of Family Prayers*, ed. Charles J. Doe (Minneapolis: Curiosmith, 2010), 15–16.

Evening

“9th Week-Day Evening, 112,” *Anglican Books Revitalized*, http://www.anglicanbooksrevitalized.us/Collects_and_Prayers/parishprs4.htm (accessed March 9, 2012).

February 7

Morning

The Book of Common Prayer of the United Church of England and Ireland (Oxford: Clarendon, 1815), 180.

Evening

“An Evening Prayer,” *The Psalms and Hymns of the Reformed Dutch Church in North America*, ed. John H. Livingston (Philadelphia: G. W. Mentz, 1841) , 55.

February 8

Morning

W. J. Carey, quoted in Richard Findlater, *Lilian Baylis: The Lady of the Old Vic* (London: Allen Lane, 1975), 211.

Evening

Francis of Assisi, quoted in *The Catholic Prayer Book*, ed. Michael Buckley (London: Hodder and Stoughton, 1986), 157.

February 9

Morning

[[TO COME]]

Evening

Beatrice O’Brien, “In Closing” in June Cotner, *Bedside Prayers* (New York: HarperCollins, 2012), 106.

February 10

Morning

Robert Collyer, “Prayer,” *The Christian Register* 82, no. 1 (January 1, 1903): 343.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 110.

February 11

Morning

[[TO COME]]

Evening

Gail McCoig Blanton, “Welcome Silence,” in June Cotner, *Beside Prayers* (New York: HarperCollins, 2012), 147.

February 12

Morning

Joy Cowley, quoted in *A Time to Pray: Prayers, Psalms and Readings for Personal Devotion*, ed. George T. Cobbett (New York: Church Publishing, 1981), available at <http://www.stpaulsbeaconsfield.org.au/worship/100214.html> (March 9, 2012).

Evening

Michael Leunig, “Dreams,” *A Common Prayer* (Melbourne: HarperCollinsReligious, 1990), [[pg. #]].

February 13

Morning

[[TO COME]]

Evening

[[TO COME]]

February 14

Morning

Alexander Means, “What Wondrous Love” (1835) in *Dortch’s Gospel Voices*, ed. D. E. Dortch (Nashville: Southwestern Co., 1900), hymn 131.

Evening

Victor Hugo, “Good Night,” in *Brooks’s Readers: Seventh Year*, ed. Stratton D. Brooks (New York: American Book, 1906), 240.

February 15

Morning

The Exeter Book, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 138.

Evening

The Life and Correspondence of Thomas Arnold, ed. Arthur Penrhyn Stanley, D.D. (New York: Charles Scribner’s Sons, 1903), 279.

February 16

Morning

[[TO COME]]

Evening

Praise to You Lord: Prayers of St. Anthony, trans. Claude Jarmak (Padua: Prov. Pad. F.M.C. Editrice Grafiche Messaggero di S. Antonio, 1986).

February 17

Morning

“Title of prayer,” in *The HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 166.

Evening

Saint John Eudes, quoted in Mike Aquilina and Regis J. Flaherty, *The How-To Book of Catholic Devotions* (Huntington, IN: Our Sunday Visitor, 2000), 88.

February 18

Morning

Bernard of Clairvaux, quoted in *The HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 64.

Evening

[[TO COME]]

February 19

Morning

“Prayer of St. Bernadette,” in Paul Burns, *Butler’s Lives of the Saints* (Collegeville, MN:

Liturgical Press, 2003), 170.

Evening

Thomas Wilson, quoted in Arthur Gordner Leacock, *Studies in the Life of St. Paul* (New York: Young Men's Christian Association Press, 1907), 43.

February 20

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 101.

Evening

Richard Baxter, quoted by Reverend Peter Littleford, "Advent Sunday 1" (sermon, Putnoe Heights Church, Bedford, England, November 28, 1999), available at http://www.thisischurch.com/christian_teaching/sermon/advent1.htm (accessed March 10, 2012).

February 21

Morning

The Writings of St. Francis of Assisi, ed. Placid Hermann (London: Burns and Oates, 1964), 108.

Evening

Anselm, Proslogion, in *The Prayers and Meditations of Saint Anselm*, trans. Benedicta Ward (London: Penguin, 1973), 266–67.

February 22

Morning

The Complete Book of Christian Prayer (London: Continuum, 2000), 383.

Evening

[[TO COME]]

February 23

Morning

The Liturgy of the Eastern Orthodox Church, ed. Herbert Hamilton Maughan (London: Faith Press, 1916), 25.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 264.

February 24

Morning

Church of England, *The Alternative Service Book 1980* (Oxford: Clowes, 1980), 99.

Evening

The Westminster Collection of Christian Prayers, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 199.

February 25

Morning

Michael Perham and Trevor Lloyd, *Enriching the Christian Year* (Collegeville, MN: Liturgical Press, 1993), #.

Evening

Living Liturgy: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, ed.

Joyce Ann Zimmerman, et al. (Collegeville, MN: Order of Saint Benedict, 2010), 106.

February 26

Morning

The Westminster Collection of Christian Prayers, ed. Dorothy M. Stewart (Louisville,

KY: Westminster John Knox, 2002), 197.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 222.

February 27

Morning

Bernard Thorogood, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 385.

Evening

[[TO COME]]

February 28

Morning

[[TO COME]]

Evening

Northumbria Community, *Celtic Daily Prayer: Prayers and Readings from the Northumbria Community* (New York: HarperCollins, 2002), 296.

February 29

Morning

Edward Bouverie Pusey, quoted in *The Catholic Prayer Book from Downside Abbey*, ed. David Foster (Edinburgh: T and T Clark, 1999), 141.

Evening

“St. Agnes,” in *The Early Poems of Alfred, Lord Tennyson*, ed. John Churton Collins (London: Methuen and Co., 1901), 238.

March 1

Morning

Edith Mirick, quoted in *The Golden Book of Religious Verse: The Golden Book of Faith*, ed. Thomas Curtis Clark (New York: Garden City, 1931), 136–7.

Evening

Saint Simeon Metaphrastes (Symeon the Translator), quoted in Paul Evdokimov, *Orthodoxy* (Hyde Park, NY: New City Press, 2011), 101.

March 2

Morning

Richard Farrant, “Lord, For Thy Tender Mercies’ Sake,” in *Congregational Church Hymnal*, ed. George S. Barrett (London: Hodder and Stroughton, 1887), 79.

Evening

“Act of Contrition” quoted in Mark J. Boda and Gordon T. Smith, *Repentance in Christian Theology* (Collegeville, MN: Liturgical Press, 2006), 244.

March 3

Morning

[[TO COME]]

Evening

J. H. Jowett, quoted in *Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year*, ed. Philip Law (New York: Continuum, 2005), 52.

March 4

Morning

[[TO COME]]

Evening

“Prayer for Spiritual Renewal,” *Prayers for Lent*, Catholic Youth Networking, <http://catholicyouth.freesevers.com/prayers/lent.htm> (accessed March 10, 2012).

March 5

Morning

Martin Luther, quoted in John R. W. Stott and Alister McGrath, *The Cross of Christ*, 20th anniv. ed. (Chicago: InterVarsity, 2006), 197.

Evening

“Litany of Penitence,” *The Book of Common Prayer*, 1979 ed. (Oxford: Oxford University, 2005), 267.

March 6

Morning

“The Jesus Prayer,” in Archbishop Paul of Finland, *The Faith We Hold* (Yonkers, NY: St. Vladimir’s Seminary, 1980), 84.

Evening

[[TO COME]]

March 7

Morning

“Concluding Prayers, 1485,” *Anglican Books Revitalized*,
http://www.anglicanbooksrevitalized.us/Collects_and_Prayers/parishprs4.htm (accessed March 9, 2012).

Evening

Edward Bouverie Pusey, quoted in *2000 Years of Prayer*, ed. Michael Counsell
(Harrisburg, PA: Morehouse, 1999), #.

March 8

Morning

The Book of Common Prayer of the United Church of England and Ireland (Oxford:
Oxford University, 1868), 33.

Evening

[[TO COME]]

March 9

Morning

“Country Prayer for Lent,” Catholic Online,
<http://www.catholic.org/prayers/prayer.php?p=99> (accessed March 10, 2012).

Evening

Satish Kumar, “Prayer of Peace,” quoted by Mother Teresa, speech (St. James’s Church, London, England, July 3, 1981).

March 10

Morning

“Glory be to God,” in *The Book of Common Prayer*, 1979 ed. (Oxford: Oxford University, 2005), 52.

Evening

Teresa of Avila, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 116.

March 11

Morning

Maria Hare, quoted in *Anglican Books Revitalized*,
http://www.anglicanbooksrevitalized.us/Collects_and_Prayers/prancmod.htm (accessed March 10, 2012).

Evening

“Liturgy of St. Mark (175–254?),” quoted in *Prayers Ancient and Modern*, ed. Mary Wilder Tileston (New York: Little, Brown, and Co., 1897), 116.

March 12

Morning

Thomas à Kempis, *Of the Imitation of Christ, in Four Books*, trans. and ed. W. H. Hutchings (London: Rivingtons, 1881), 183.

Evening

[[TO COME]]

March 13

Morning

[[TO COME]]

Evening

“Lenten Prayer for Spiritual Renewal,” Catholic Online,
<http://www.catholic.org/prayers/prayer.php?p=1198> (accessed March 10, 2012).

March 14

Morning

Dick Williams, quoted in *The SPCK Book of Christian Prayer* ([[pub data]]), [[pg. #]].

Evening

William Wilberforce, quoted in Robert Isaac Wilberforce and Samuel Wilberforce, *The Life of William Wilberforce, in Five Volumes* (London: John Murray, 1839), 3:143.

March 15

Morning

[[TO COME]]

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 268.

March 16

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 166–7.

Evening

William G. Storey, *Prayers of Christian Consolation* (Chicago: Loyola, 2008), 224.

March 17

Morning

Saint Patrick, quoted in Lucile Desjardins, *Our Living Church* (Philadelphia: Westminster, 2005), 186.

Evening

“Early Irish Prayer,” quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 178.

March 18

Morning

[[TO COME]]

Evening

“An African Schoolgirl’s Prayer,” quoted in *The Westminster Collection of Christian*

Prayers, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 198.

March 19

Morning

[[TO COME]]

Evening

Jerome, quoted in *Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year*, ed. Philip Law (New York: Continuum, 2005), 198.

March 20

Morning

[[TO COME]]

Evening

For Críst luvē: Prayers of Saint Aelred, Abbot of Rievaulx, ed. Anselm Hoste (M. Nijhoff, 1965), 46.

March 21

Morning

“Psalm 51,” *The Cambridge Bible Commentary on the New English Bible*, ed. J. W. Rogerson and J. W. McKay (Cambridge: Cambridge University, 1977), 15–6.

Evening

[[TO COME]]

March 22

Morning

The Exeter Book, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 138.

Evening

“Prayer Before Making the Examination of Conscience,” *Confession: The Way to Spiritual Healing, Growth and Freedom* (Manila, Philippines: Word and Life, 2012).

March 23

Morning

[[TO COME]]

Evening

[[TO COME]]

March 24

Morning

Henry Milman, quoted in *The Poetical Works of Howitt, Milman, and Keats: Complete in One Volume* (Philadelphia: Thomas, Cowperthwait and Co., 1840), 446.

Evening

Orthodox hymn for Palm Sunday, quoted in *The Living Spirit: Prayers and Readings for the Christian Year*, ed. Margaret Hebblethwaite (New York: Rowman and Littlefield, 2000), 163.

March 25

Morning

The Book of Common Worship of the Church of South India (Oxford: Oxford University, 1964), 34.

Evening

Martin Luther, quoted in David Yount, *Growing in Faith: A Guide for the Reluctant Christian*, 2nd ed. (New York: Church Publishing, 2008), 157.

March 26

Morning

Bernard of Clairvaux, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 65.

Evening

Pope John XXII, quoted in *A Concise Catechism for Catholics: A Simple Exposition of Catholic Doctrine*, ed. James Tolhurst (Herefordshire, England: Gracewing, 2003), 63.

March 27

Morning

[[TO COME]]

Evening

“Your Holy Spirit Blows Over This Earth,” *An African Prayer Book*, ed. Desmond Tutu (New York: Random House, 2006), 105.

March 28

Morning

John Johansen-Berg, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 390.

Evening

Stephen S. Smalley, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 390.

March 29

Morning

[[TO COME]]

Evening

Francis Xavier, *O Deus, ego amo te*, trans. Fr. Brown (1791), quoted in *The Poetical works of Alexander Pope* (New York: Macmillan, 1907), 502.

March 30

Morning

Daphne Fraser, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 393.

Evening

[[TO COME]]

March 31

Morning

Charles Wesley, “Christ the Lord is Risen Today,” quoted in *Best Loved Hymns and Readings*, ed. Martin Manser (London: HarperCollins, 2010).

Evening

“Passion-tide Prayer from the Gelasian Sacramentary,” quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 166.

April 1

Morning

Hippolytus of Rome, quoted in *Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year*, ed. Philip Law (New York: Continuum, 2005), 37.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 286–7.

April 2

Morning

Saint Bernard of Clairvaux, “A Prayer at Easter,” quoted in *Catholic Family Prayer Book*, ed. Jacquelyn Lindsey (Huntington: IL, Our Sunday Visitor, 2001), 136.

Evening

“The Exsultet,” quoted in *Common Worship: Services and Prayers for the Church of England*, Archbishops’ Council (London: Church House, 2006), 356.

April 3

Morning

Hippolytus of Rome, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 198.

Evening

“The Catechetical Address of St. John Chrysostom,” quoted in *Service Book of the Holy Orthodox-Catholic Apostolic Church*, trans. and ed. Isabel Florence Hapgood, rev. ed. (New York: Association, 1922), 235.

April 4

Morning

John Chrysostom, “Post-Communion Ritual,” quoted in *The Incarnate God: The Feasts of Jesus Christ and the Virgin Mary*, vol. 2 (Crestwood, NY: St. Vladimir’s Seminary, 1995), 167.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 286.

April 5

Morning

Mothers’ Union, quoted by “Prayers for Occasions,” Society for Promoting Christian Knowledge, <http://www.spck.org.uk/occasions/easter/> (accessed March 11, 2012).

Evening

Adam of Saint Victor, “Easter,” in *The Liturgical Poetry of Adam of Saint Victor*, trans. Digby S. Wrangham (London: Kegan Paul, Trench, and Co., 1881), 77, 79.

April 6

Morning

Joyce Rupp, “Sunrise Prayer,” *Prayers to Sophia: A Companion to “The Star in My Heart”* (Philadelphia: Innisfree Press, 2000), 92.

Evening

“At Lamb’s High Feast We Sing,” trans. Robert Campbell (1868), quoted in *The Liturgy and the Office of Worship and Hymns of the American Province of the Unitas Fratrum, or the Moravian Church* (Winston-Salem: Southern Province, 1908), 272.

April 7

Morning

“Opening Prayer,” quoted in *Common Worship: Services and Prayers for the Church of England*, Archbishops’ Council (London: Church House, 2006), 32.

Evening

George Appleton, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 135.

April 8

Morning

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 19.

Evening

“To the Sacred Heart of Jesus,” *Collected Poems of St. Thérèse of Lisieux*, trans. Alan

Bancroft (Herefordshire, England: Gracewing, 2001), 99.

April 9

Morning

[[TO COME]]

Evening

Clara Crocker Russell, “The Children’s Prayer,” quoted in *The Christian Register* 85, no. 50 (December 13, 1906): 1390.

April 10

Morning

Selected Poems from Michelangelo Buonarroti with Translations from Various Sources, ed. Ednah D. Cheney (Boston: Lee and Shepard, 1885), 133.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 110–11.

April 11

Morning

[[TO COME]]

Evening

The Poetical Works and Remains of Henry Kirke White, ed. Robert Southey (New York: D. Appleton and Co., 1869), 180.

April 12

Morning

Ignatius, quoted in James W. Skehan, *Place Me With Your Son: Ignatian Spirituality in Everyday Life*, 3rd ed. (Washington: Georgetown University, 1991), 24.

Evening

People's Mass Book, Second Vatican Council (Franklin Park, IL: World Library of Sacred Music, 1964), 526.

April 13

Morning

James Martineau, *A Martineau Year Book: Extracts from Sermons*, ed. Fanny Louise Weaver (Boston: James H. West, 1905), 138.

Evening

“On Going to Bed,” *The Preces Privatae of Lancelot Andrewes*, ed. (London: Methuen, 1980), 121.

April 14

Morning

Mechtild of Magdeburg, quoted in Melissa Musick Nussbaum, *I Will Arise This Day* (Chicago: Liturgy Training, 1996), 104.

Evening

[[TO COME]]

April 15

Morning

Ashton Oxenden, quoted in *The Enrichment of Prayer*, ed. David R. Porter (New York: Association, 1918), 176.

Evening

“Evening Prayer—III,” Oremus: A Prayer Book for the Old Catholic Priest, The Old Catholic Church of the United States (Lincoln, NE: iUniverse, 2004), 66.

April 16

Morning

Ian Macfarlane, “Lord, hear our Prayer!” *The Bishop Ditlev* Gothard Monrad bicentenary Celebrations, Monrad.org, <http://monrad.org.nz/martin-luther.html> (accessed March 11, 2012).

Evening

Susan J. Erickson, “Paradigm for Prayer,” in June Cotner, *Bedside Prayers* (New York: HarperCollins, 2012), 94.

April 17

Morning

Edward Bouverie Pusey, “Morning,” quoted in *Prayers We Love to Pray: Including the World’s Greatest Prayers Suitable for Private Devotion*, ed. Edward Leigh Pell (Richmond, VA: Robert Harding, 1909), 11.

Evening

“Phos Hilaron,” *The Book of Common Prayer*, 1979 ed. (Oxford: Oxford University, 2005), 112.

April 18

Morning

“Fairest Lord Jesus!” trans. R. S. Willis (1850), in *The Hymns and Hymn Writers of the Church: An Annotated Edition of the Methodist Hymnal*, ed. Charles S. Nutter and Wilbur F. Tillett (New York: Methodist Book Concern, 1911), 66.

Evening

[[TO COME]]

April 19

Morning

Brother Ramon, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 303.

Evening

Helder Camara, “After the Turbulence of the Day,” quoted by Keith Dow, Prayer App, <http://prayerapp.org/#HCam> (accessed March 11, 2012).

April 20

Morning

Thérèse of Lisieux, quoted in Jean Guitton, *The Spiritual Genius of Thérèse of Lisieux* (London: Burns and Oates, 1997), 56.

Evening

“Evening Prayers,” *The Book of Catholic Prayers: Daily Devotions for Peace and Purpose*, ed. E. Paige (PDP Publications, 2011), 11.

April 21

Morning

E. E. Cummings, “I think You God for most this amazing,” in *The Hell with Love: Poems to Mend a Broken Heart* (New York: Warner Books, 2002), 207.

Evening

[[TO COME]]

April 22

Morning

Angela Tilby, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 318.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 110.

April 23

Morning

Henry Suso, quoted in *Voices of the Saints: A 365-Day Journey with Our Spiritual Companions*, ed. Bert Ghezzi (Chicago: Loyola, 2000), 295.

Evening

William III of England, quoted in *Give Us Grace: An Anthology of Anglican Prayers*, ed. Christopher L. Weber (Harrisburg, PA: Morehouse, 2004), 107–8.

April 24

Morning

Prayers Ancient and Modern, ed. Mary Wilder Tileston (New York: Little, Brown, and Co., 1897), 32.

Evening

[[TO COME]]

April 25

Morning

[[TO COME]]

Evening

[[TO COME]]

April 26

Morning

John Baillie, *A Diary of Private Prayer* (New York: Scribner, 1939), 17.

Evening

Joyce Rupp, “Evening,” *Prayers to Sophia: A Companion to “The Star in My Heart”* (Philadelphia: Innisfree Press, 2000), 44.

April 27

Morning

Eugene Bersier, quoted in *A Book of Prayers for Boys*, ed. Colin Campbell Clements (New York: Harcourt, Brace, and Co., 1922), 105.

Evening

Robert Louis Stevenson: His Best Pacific Writings, ed. Roger Robinson (St. Lucia, Australia: University of Queensland, 2004), 112.

April 28

Morning

Brother Lawrence, *The Practice of the Presence of God*, ed. Harold J. Chadwick (Alachua, FL: Bridge-Logos, 1999), 74.

Evening

Thomas Ken, *Bishop Ken's Prose Works*, ed. W. Benham (London: Griffith, Farran, Okeden, and Welsh, 1889), 219.

April 29

Morning

Kathy Keay, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 324.

Evening

“Prayers of Thanksgiving,” Transfiguration Greek Orthodox Church, <http://www.transchurch.org/prayers.html> (accessed March 11, 2012).

April 30

Morning

A New Zealand Prayer Book (New York: HarperCollins, 1997), 164.

Evening

Saint Columba, quoted in *The Bridge of Stars: 365 Prayers, Blessings and Meditations from Around the World*, ed. Marcus Braybrooke (London: Duncan Baird, 2001), 112.

May 1

Morning

“God Guide Me,” *Carmina Gadelica: Hymns and Incantations*, trans. Alexander Carmichael, vol. 1 (Edinburgh: T. and A. Constable, 1900), 65.

Evening

William Barclay, “In the Evening,” *More Prayers for the Plain Man*, ed. Fr. Trevor (Mumbai: St. Pauls, 1983), 21.

May 2

Morning

Ancient Collects and Other Prayers: Selected for Devotional Use From Various Rituals, ed. William Bright, 2nd ed. (London: J. H. and Jas. Parker, 1862), 80–1.

Evening

Mary L. Duncan, “The Tender Shepherd,” in *A Child’s Thought of God: Religious Poems for Children*, ed. Esther A. Gillespie and Thomas Curtis Clark (New York: Minton, Balch, and Co., 1927), 98.

May 3

Morning

“Prayer of Alcuin,” quoted in Marcus J. Borg and Tim Scorer, *Living the Heart of*

Christianity: A Guide to Putting Your Faith into Action (New York: HarperCollins, 2006), 45.

Evening

“The Charm of the Lasting Life,” *Carmina Gadelica: Hymns and Incantations*, trans. Alexander Carmichael, vol. 1 (Edinburgh: T. and A. Constable, 1900), 33.

May 4

Morning

Edmund of Abingdon, “Morning Offering,” quoted in *Praying with the Saints: Making Their Prayers Your Own*, ed. Woodeene Koenig-Bricker (Chicago: Loyola, 2001), 74.

Evening

Saint Augustin, quoted in *The Catholic Prayer Book from Downside Abbey*, ed. David Foster (Edinburgh: T and T Clark, 1999), 62.

May 5

Morning

Anthony Bloom, *Living Prayer* (Springfield, IL: Templegate, 1966).

Evening

[[TO COME]]

May 6

Morning

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 23.

Evening

“Prayer of Padre Pio After Holy Communion,” in *The Essential Catholic Prayer Book: A Collection of Private and Community Prayers*, ed. Judy Bauer (Liguori, MO: Liguori, 1999), 44.

May 7

Morning

Lancelot Andrewes and His Private Devotions, trans. Alexander Whyte, 2nd ed. (London: Oliphant Anderson and Ferrier, 1896), 132.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 113.

May 8

Morning

“Prayer During Sickness,” *Brain Storms: Surviving Catastrophic Illness*, ed. Les Duncan (Mustang, OK: Tate, 2008), 170.

Evening

[[TO COME]]

May 9

Morning

Rex Chapman, quoted in *The Living Spirit: Prayers and Readings for the Christian Year*, ed. Margaret Hebblethwaite (Franklin, WI: Sheed and Ward, 2000), 240.

Evening

“Ascension,” quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 166.

May 10

Morning

Bernard Jensen, ed., *The Joy of Living and How to Attain It* (Whitefish, MT: Kessinger, 2006), 273.

Evening

Clement of Alexandria, trans. F. Bland Tucker, quoted in *Poems of Grace: Tests of the Hymnal 1982* (New York: Church, 1998), 394.

May 11

Morning

The Divine Hours: Prayers for Autumn and Wintertime, ed. Phyllis Tickle (New York: Random House, 2006), 265.

Evening

[[TO COME]]

May 12

Morning

Henry Suso, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 318.

Evening

Ambrose of Milan, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 26.

May 13

Morning

Donald Coggan, quoted in Calvin Miller, *The Sermon Maker: Tales of a Transformed Preacher* (Grand Rapids, MI: Zondervan, 2003), 106.

Evening

The Poems of Henry Van Dyke, rev. ed. (New York: Charles Scribner's Sons, 1920), 239.

May 14

Morning

Hildegard of Bingen, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 196.

Evening

[[TO COME]]

May 15

Morning

Alan Paton, *Instrument of Thy Peace: The Prayer of St. Francis* (New York: Seabury, 1975), 69.

Evening

[[TO COME]]

May 16

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 136.

Evening

Gregory of Nazianzus, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 176.

May 17

Morning

Robert Collyer, quoted in *Prayers We Love to Pray: Including the World's Greatest Prayers Suitable for Private Devotion*, ed. Edward Leigh Pell (Richmond, VA: Robert Harding, 1909), 79.

Evening

John Ellerton, quoted in *The Hymns and Hymn Writers of the Church: An Annotated Edition of the Methodist Hymnal*, ed. Charles S. Nutter and Wilbur F. Tillett (New York: Methodist Book Concern, 1911), 37.

May 18

Morning

Evelyn Underhill, *The Mount of Purification* (London: Longmans, 1960), 98–9.

Evening

The Works of the Most Reverend Father in God: William Laud, vol. 3 (Oxford: William Hall, 1667), 15.

May 19

Morning

Hildebert of Lavardin, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 413.

Evening

Pope John Paul II, *L'Osservatore Romano*, June 16, 1980.

May 20

Morning

Ted Loder, “The narrow way of trust,” *Wrestling the Light: Ache and Awe in the Human-Divine Struggle* (Minneapolis: Innisfree, 1991), 15.

Evening

Erasmus, quoted in *Prayers for Healing: 365 Blessings, Poems and Meditations From Around the World*, ed. Maggie Oman (Boston: Conari, 1999), 5.

May 21

Morning

Charlemagne, “Veni Creator Spiritus,” trans. John Dryden (1701), quoted in *The Laureates of England: Ben Johnson to Alfred Tennyson*, ed. Kenyon West (New York: Frederick A. Stokes, 1895), 46.

Evening

[[TO COME]]

May 22

Morning

John Marriott, “A Missionary Hymn,” in *Lyra Britannica: A Collection of British Hymns*, ed. Charles Rogers (London: Longmans, Green, and Co., 1867), 395.

Evening

The Complete Book of Christian Prayer (London: Continuum, 2000), 327.

May 23

Morning

Leslie D. Weatherhead, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 97.

Evening

“Benediction of a College, or Religious House, In the Dormitories,” in *The Priest’s Prayer Book*, ed. Richard Frederick Littledale (London: Longmans, 1897), 224.

May 24

Morning

The Liturgical Poetry of Adam of St. Victor, trans. Digby S. Wrangham, vol. 1 (London: Kegan Paul, Trench, and Co., 1881), 99.

Evening

Robert Freeman, *The Land I live In and Other Verse* (Pasadena: Post, 1921), 72.

May 25

Morning

Robert Louis Stevenson, quoted in *Favourite Heroes and Holy People*, ed. Deborah Cassidi (New York: Coninium, 2008), 96.

Evening

“Bed Blessing,” *Carmina Gadelica: Hymns and Incantations*, trans. Alexander Carmichael, vol. 1 (Edinburgh: T. and A. Constable, 1900), 65.

May 26

Morning

Living Liturgy: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, ed. Joyce Ann Zimmerman, et al. (Collegeville, MN: Order of Saint Benedict, 2010), 46.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 175–6.

May 27

Morning

Johann Arndt, quoted in *Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year*, ed. Philip Law (New York: Continuum, 2005), 350.

Evening

Brian Wren, “Empire,” quoted by *World Student Christian Federation*, “Universal Day of Prayer for Students (UDPS) 2006,”
<http://www.wscfglobal.org/allUDPS.php?id=2006&english> (accessed March 12, 2012).

May 28

Morning

Ashton Oxenden, quoted in *Prayers We Love to Pray: Including the World's Greatest Prayers Suitable for Private Devotion*, ed. Edward Leigh Pell (Richmond, VA: Robert Harding, 1909), 188.

Evening

Jane Austen, quoted in Irene Collins, *Jane Austen and the Clergy* (London: Hambledon, 2002), 198–9.

May 29

Morning

Walter Farquhar Hook, *Private Prayers* (London: J. G. and F. Rivington, 1836), 30.

Evening

Henry Hyams, *Ceremonies of the Modern Jews*, quoted in “Prayer,” *The Bible Cyclopedia*, ed. William Goodhugh and William Cooke Taylor, vol. 2 (London: John W. Parker, 1843), 1076.

May 30

Morning

Clare of Assisi, quoted in *Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year*, ed. Philip Law (New York: Continuum, 2005), 313.

Evening

“The Didache,” quoted in *Early Christian Writings: The Apostolic Fathers*, trans.

Andrew Louth, ed. Maxwell Staniforth (London: Penguin, 1968), 195.

May 31

Morning

The Works of Nicholas Ridley, ed. Henry Christmas (Cambridge: Cambridge University, 1841), 5.

Evening

Alcuin of York, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 22–3.

June 1

Morning

Joseph Tetlow, “You Have Called Me by Name,” quoted in *Hearts on Fire: Praying with Jesuits*, ed. Michael Harter (Chicago: Loyola, 1993), 14.

Evening

Rufino Zaragoza, “Radiant Light Divine,” Spirtandsong.com, <http://www.spiritandsong.com/compositions/2497> (accessed March 12, 2012).

June 2

Morning

“For a Sunday or Holy-Day Morning,” *Ancient Collects and Other Prayers: Selected for Devotional Use From Various Rituals*, ed. William Bright, 2nd ed. (London: J. H. and Jas. Parker, 1862), 12.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 134.

June 3

Morning

Saint Clement of Alexandria, “To the Divine Tutor,” quoted in *The Catholic Prayer Book*, ed. Michael Buckley (London: Hodder and Stoughton, 1986), 156.

Evening

James Marineau, *Home Prayers: With Two Services for Public Worship* (London: Woodfall and Kinder, 1892), 69.

June 4

Morning

Richard Harries, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 288.

Evening

Albert Schweitzer: An Anthology, ed. Charles R. Joy (Boston: Beacon, 1947), xvii.

June 5

Morning

Clement XI, “Universal Prayer,” quoted in James B. Stenson, *Anchor: God’s Promises of Hope to Parents* (New York: Scepter, 2003), 80.

Evening

William R. Featherstone, “My Jesus I Love Thee” (1864), quoted in Robert J. Morgan *Then Sings My Soul: 150 of the World’s Greatest Hymn Stories* (Nashville: Thomas Nelson, 2003), 150.

June 6

Morning

Bede the Venerable, quoted in *The Book of Private Prayer Part I: Short Forms of Daily Prayer*, Lower House of Convocation of the Province of Canterbury (London: J. Whitaker, 1885), 70.

Evening

Christina Rossetti, quoted in *The Catholic Prayer Book from Downside Abbey*, ed. David Foster (Edinburgh: T and T Clark, 1999), 69.

June 7

Morning

Richard Rolle, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 66.

Evening

John Leland, “Evening Mediation” (1792), quoted in *Hymn Studies: An Illustrated and Annotated edition of the Hymnal of the Methodist Episcopal Church*, ed. Charles S. Nutter, 4th ed. (New York: Easton and Mains, 1900), 50.

June 8

Morning

The Prose Works of Thomas Ken, ed. James Thomas Round (London: J. G. and F. Rivington, 1838), 420.

Evening

Jeanna Rasmussen, “A Prayer for Close of Day,” Nancy Freier: Intuitive Interiors and Design, <http://nancyfreier.com/prayers/> (accessed March 12, 2012).

June 9

Morning

A. Hamman, ed. *Early Christian Prayers*, trans. Walter Mitchell (Chicago: Henry Regnery, 1961), 69.

Evening

A Manual of Eastern Orthodox Prayers (Crestwood, NY: St. Vladimir’s Seminary, 1983), 14.

June 10

Morning

William Canton, “A Child’s Prayer,” quoted in *A Patchwork of Blessings and Graces*, ed. Mary Daniels (Herefordshire, England: Gracewing, 1996), 17.

Evening

Marian Wright Edelman, *Guide My Feet: Prayers and Mediations for Our Children* (Boston: Beacon 1995), 73.

June 11

Morning

Clement of Alexandria, trans. F. Bland Tucker, quoted in *Poems of Grace: Tests of the Hymnal 1982* (New York: Church, 1998), 394.

Evening

Angela Ashwin, ed., *The Book of a Thousand Prayers* (Grand Rapids, MI: Zondervan), 696.

June 12

Morning

Ralph Waldo Emerson, “We Thank Thee,” quoted in *Arbor Day Manual: An Aid in Preparing Programs for Arbor Day Exercises*, ed. Charles Rufus Skinner (Syracuse, NY: C. W. Dardeen, 1896), 351.

Evening

[[TO COME]]

June 13

Morning

Augustine, quoted in *The Gift of Prayer: A Treasure of Personal Prayer from the World’s Spiritual Traditions* (London: Continuum, 1995), 148.

Evening

The Writings of John Bradford, ed. Aubrey Townsend (Cambridge: Cambridge University, 1848), 242.

June 14

Morning

“May 2009,” *Monthly Prayers from St Leonard’s*,

<http://www.stleonardschurchhytheKent.org/MonthlyPrayer/MonthlyPrayer.html> (accessed March 12, 2012).

Evening

Matthew 6:9–13 *nasb*.

June 15

Morning

“Prayer at Daybreak of Elder Sophrony,” *God Is Wonderful in His Saints: Orthodox Resources*, <http://www.abbamoses.com/daybreak.html> (accessed March 12, 2012).

Evening

Prayer of Padre Pio After Holy Communion,” in *The Essential Catholic Prayer Book: A Collection of Private and Community Prayers*, ed. Judy Bauer (Liguori, MO: Liguori, 1999), 44.

June 16

Morning

Jacob Boehme, *The Way to Christ* (Mahwah, NJ: Paulist, 1978), 63, 84.

Evening

Edward White Benson, *Prayers Public and Private* (London: Isbister and Co., 1899), 49.

June 17

Morning

Gelasian Sacramentary, “For the Divine Presence in the Home,” in *St. Andrew’s Cross: A Church Magazine for Laymen*, October 1921, 169.

Evening

Dietrich Bonhoeffer, *Letters and Papers from Prison*, ed. (1953; New York: Touchstone, 1997), 142.

June 18

Morning

Mechtild of Magdeburg, quoted in *The Soul Afire: Revelations of the Mystics*, ed. Hans Ansgar Reinhold (New York: Pantheon, 1944), 310.

Evening

Horace Lorenzo Trim, quoted in Sharon K. Grossman, “The Song that Always Changes our Focus,” *American History Examiner*, July 21, 2010, <http://www.examiner.com/american-history-in-national/the-song-that-always-changes-our-focus> (accessed March 12, 2012).

June 19

Morning

[[TO COME]]

Evening

Bernard of Clairvaux, “Jesu! The Very Thought of Thee,” quoted in *Gleanings from the Sacred Poets* (London: Gall and Inglis, 1875), 18–9.

June 20

Morning

John R. Macduff, *The Morning and Night Watches* (New York: Robert Carter, 1883), 5, 8.

Evening

2 John 1:3 **nkjv**.

June 21

Morning

The Christian Register 79, no. 1 (February 1, 1900): 119.

Evening

The Whole Sermons of Jeremy Taylor (Edinburgh: A. and C. Black, 1841), 521.

June 22

Morning

Psalms 25:4–5 **nkjv**.

Evening

George W. Briggs, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 223.

June 23

Morning

Martin Luther's Large and Small Catechism (Sioux Falls: NuVision, 2007), 116.

Evening

“Prayer of Trust in God’s Heavenly Promise,” *Prayers of Augustine*, Villanova University, <http://www.villanova.edu/mission/spirituality/restlesshearts/prayers.htm> (accessed March 12, 2012).

June 24

Morning

Michael Bowman, “A Scout’s Prayer,” U.S. Scouting Service Project, <http://usscouts.org/scoutduty/sd2gc65.asp> (accessed March 12, 2012).

Evening

John Iliytch Sergieff, *My Life in Christ, or Moments of Spiritual Serenity and Contemplation* (London: Cassell and Co., 1897), 250.

June 25

Morning

The Catholic Prayer Book from Downside Abbey, ed. David Foster (Edinburgh: T and T Clark, 1999), 33.

Evening

“Going to Bed,” *Carmina Gadelica*, quoted in *Circle of Prayer: Prayers and Blessings in the Celtic Tradition*, ed. Joyce Denham (Oxford: Lion, 2003), 24–5.

June 26

Morning

Saint Gertrude the Great, quoted in *Honoring Motherhood: Prayers, Ceremonies, and*

Blessings, ed. Lynn L. Caruso (Woodstock, VT: SkyLight Paths, 2008), 221.

Evening

[[TO COME]]

June 27

Morning

Psalms 19:14 *nkjv*.

Evening

[[TO COME]]

June 28

Morning

“The Universal Prayer,” *The Poetical Works of Alexander Pope*, vol. 1 (New York: D. Appleton, 1869), 250–1.

Evening

The Private Devotions of Lancelot Andrews, ed. Edmund Venables (London: Suttaby and Co., 1883), 16.

June 29

Morning

Thérèse of Lisieux, quoted in *The Big Book of Women Saints*, ed. Sarah Gallick (New York: HarperCollins, 2007), 296.

Evening

Every Earthly Blessing: Rediscovering the Celtic Tradition, ed. Esther De Waal (New York: Church, 1999), 14.

June 30

Morning

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 15.

Evening

“Sleep Consecration,” *Carmina Gadelica: Hymns and Incantations*, trans. Alexander Carmichael, vol. 1 (Edinburgh: T. and A. Constable, 1900), 62.

July 1

Morning

“The Celestial Surgeon,” *The Poems and Ballads of Robert Louis Stevenson*, (New York: Charles Scribner’s Sons, 1919), 130.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 70–1.

July 2

Morning

[[TO COME]]

Evening

Helen Taylor, “There’s a Spirit in the House,” quoted in Gregory P. Sipes with Susan

Pandorf, *Soulful Parent–Soulful Teen: Moving from Control to Care* (Bloomington: AuthorHouse, 2007), 79.

July 3

Morning

E. B. Pusey, *Private Prayers*, ed. H. P. Liddon, 2nd ed. (London: Rivingtons, 1884), 18.

Evening

Saint Macarius of Egypt, quoted in Rosemarie Scott, *Clean of Heart* (R.A.G.E., 2006), 38.

July 4

Morning

William J. Johnson, *George Washington, the Christian* (New York: Abingdon, 1919), 28–9.

Evening

Walter Rauschenbusch, *For God and the People: Prayers of the Social Awakening* (Boston: Pilgrim, 1910), 107.

July 5

Morning

[[TO COME]]

Evening

A Celtic Primer: The Complete Celtic Worship Resource and Collection, ed. Brendan

O'Malley (Norfolk, England: Canterbury, 2002), 253.

July 6

Morning

Lesslie Newbigin, "Give me, Lord, a stout heart," quoted in *SPCK Book of Christian Prayer* (London: SPCK, 1995).

Evening

Martin Luther, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 334.

July 7

Morning

"Praise and Prayer," *Anglican Books Revitalized*,
http://www.anglicanbooksrevitalized.us/Collects_and_Prayers/pastorspb.htm (accessed March 9, 2012).

Evening

Alistair MacLean, *Hebridean Altars: The Spirit of an Island Race* (Edinburgh: Moray, 1937).

July 8

Morning

"Psalm CXXXVI," *The Poetical Works of John Milton*, ed. Thomas Newton (London: Routledge, 1857), 516–7.

Evening

“Phos hilaron,” in *A Catholic Book of Hours and Other Devotions*, ed. and trans. William G. Storey (Chicago: Loyola, 2007), 82.

July 9

Morning

Lancelot Andrewes, *The Devotions of Bishop Andrewes*, trans. and ed. John Henry Newman (New York: Richmond and Co., 1897), 9.

Evening

Common Worship: Services and Prayers for the Church of England, Archbishops’ Council (London: Church House, 2000), 97.

July 10

Morning

[[TO COME]]

Evening

The Book of Common Worship, Presbyterian Church in the U.S.A. General Assembly (Philadelphia: Presbyterian Board, 1906), 165.

July 11

Morning

W. E. B. DuBois, quoted in quoted in *Prayers for Healing: 365 Blessings, Poems and Meditations From Around the World*, ed. Maggie Oman (Boston: Conari, 1999), 79.

Evening

J. Philip Newell, *Celtic Benediction: Morning and Night Prayer* (Grand Rapids, MI: Eerdmans, 2000), 74.

July 12

Morning

Saint Benedict, “A Searcher’s Prayer,” in Bill, Patty, and Lisa Coleman, *Basics of Catholic Faith* (New London, CT: Twenty-Third, 2000), 122.

Evening

[[TO COME]]

July 13

Morning

Prayers Ancient and Modern, ed. Mary Wilder Tileston (New York: Little, Brown, and Co., 1897), 116.

Evening

The Priest’s Book of Private Devotion, ed. Joseph Oldknow and Augustine David Crake (Oxford: A. R. Wowbray and Co., 1884), 38.

July 14

Morning

[[TO COME]]

Evening

“A Benediction,” in *St. Andrew’s Cross: A Church Magazine for Laymen*, March 1922, 173.

July 15

Morning

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 16.

Evening

“Early Christian Prayers,” *Faith and Worship: Prayers and Resources*,
http://www.faithandworship.com/early_Christian_prayers.htm (accessed March 12, 2012).

July 16

Morning

Thomas More, “A Devout Prayer,” The Center for Thomas More Studies,
<http://www.thomasmorestudies.org/docs/A%20DEVOUT%20PRAYER.pdf> (accessed March 12, 2012).

Evening

The Poetical Works and Remains of Henry Kirke White, ed. Robert Southey (New York: D. Appleton and Co., 1869), 340.

July 17

Morning

[[TO COME]]

Evening

[[TO COME]]

July 18

Morning

[[TO COME]]

Evening

[[TO COME]]

July 19

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 56.

Evening

Teresa of Avila, “Closer than breath,” quoted in *500 Prayers for Young People: Prayers for a New Generation*, ed. Martin Saunders (Oxford: Monarch, 2011), 67.

July 20

Morning

Stephen Grellet, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 283.

Evening

Saint Alphonsus de Liguori, quoted in *The Wisdom of the Saints*, ed. Suzanne Clores (New York: Citadel, 2002), 26–7.

July 21

Morning

Jean-Pierre Médaille, “Jesus, Join My Life to Yours,” quoted in quoted in *Hearts on Fire: Praying with Jesuits*, ed. Michael Harter (Chicago: Loyola, 1993), 19.

Evening

“All Through the Night,” in Kent Freeland, *Odyssey to Iowa* (Lincoln, NE: iUniverse, 2003), 28.

July 22

Morning

“Morning Prayer,” Oremus: A Prayer Book for the Old Catholic Priest, The Old Catholic Church of the United States (Lincoln, NE: iUniverse, 2004), 63.

Evening

Family Prayers for Four Weeks, ed. John Hall (Edinburgh: Johnstone, Hunter, and Co., 1871), 84.

July 23

Morning

Blessed Peter Faber, “Teach Me Thy Paths,” quoted in *Hearts on Fire: Praying with Jesuits*, ed. Michael Harter (Chicago: Loyola, 1993), 93.

Evening

The Macmillan Book of Earliest Christian Prayers, ed. F. Forrester Church and Terrence J. Mulry (New York: Collier, 1990), 99.

July 24

Morning

Jeanie Gushee, 2012.

Evening

Saint John of the Cross, “Prayer for Peace,” quoted in *The Catholic Prayer Book*, ed. Michael Buckley (London: Hodder and Stoughton, 1986), 87.

July 25

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 57.

Evening

Francis of Assisi, quoted in *Every Eye Beholds You: A World Treasury of Prayer*, Thomas J. Craughwell (New York: Harcourt Brace, 1999), 256.

July 26

Morning

Anselm: Basic Writings, ed. and trans. Thomas Williams (Indianapolis: Hackett, 2007), 79, 81.

Evening

John Calvin, “At Night,” quoted in *Prayers at 3 A.M.: Poems, Songs, Chants, and Prayers for the Middle of the Night*, ed. Phil Cousineau (San Francisco: HarperCollins, 1995), 63.

July 27

Morning

Saint Augustine, quoted in *Prayers Ancient and Modern*, ed. Mary Wilder Tileston (New York: Little, Brown, and Co., 1897), 312.

Evening

Thomas Merton, *New Seeds of Contemplation* (New York: New Directions, 2007), 45.

July 28

Morning

“St. Patrick’s Breastplate,” in *The Poem Book of the Gael: translations from Irish Gaelic Poetry Into English Prose and Verse*, ed. and trans. Eleanor Hull (London: Chatto and Windus, 1913), 105.

Evening

John Cennick, quoted in *All Through the Night: Prayers and Readings from Dusk Till Dawn*, ed. Michael Counsell (Louisville, KY: Westminster Knox, 2000), 2.

July 29

Morning

William Ellery Channing, quoted in *Prayers Ancient and Modern*, ed. Mary Wilder Tileston (New York: Little, Brown, and Co., 1897), 323.

Evening

[[TO COME]]

July 30

Morning

The Pocket Book of Prayers, ed. Jim Palmer (Nashville: Thomas Nelson, 2005), 27.

Evening

“Smoothing the Fire,” *Carmina Gadelica: Hymns and Incantations*, trans. Alexander Carmichael, vol. 1 (Edinburgh: T. and A. Constable, 1900), 237.

July 31

Morning

“A Blessing Prayer,” Xavier University, JesuitResource.org,
<http://www.xavier.edu/jesuitresource/online-resources/Miscellaneous-Prayers.cfm> (accessed March 13, 2012).

Evening

George Appleton, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 330.

August 1

Morning

[[TO COME]]

Evening

Hilary of Poitiers, “God is in His Creation,” quoted by Blessed Kateri Tekakwitha Conservation Center, http://conservation.catholic.org/saints_2.htm (accessed March 13, 2012).

August 2

Morning

Saint Patrick, quoted in *A Celtic Primer: The Complete Celtic Worship Resource and Collection*, ed. Brendan O'Malley (Norfolk, England: Canterbury, 2002), 13.

Evening

The Anglican Family Prayer Book, Anne E. Kitch, ed. (Harrisburg, PA: Morehouse, 2004), 67.

August 3

Morning

Jacob Boehme quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 67.

Evening

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August 4

Morning

Thomas Cranmer, "All Our Gifts," quoted in *A Prayer Treasury: A Collection of Best-Loved Prayers*, ed. (Oxford: Lion, 1998), 72.

Evening

Jeanie Gushee, 2012.

August 5

Morning

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Evening

Walter Rauschenbusch, *For God and the People: Prayers of the Social Awakening* (Boston: Pilgrim, 1910), 31.

August 6

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 68.

Evening

Edmund Rich, quoted in *The Catholic Prayer Book from Downside Abbey*, ed. David Foster (Edinburgh: T and T Clark, 1999), 41.

August 7

Morning

“The Universal Prayer (attributed to Pope Clement XI),” quoted in *The Catholic Prayer Book from Downside Abbey*, ed. David Foster (Edinburgh: T and T Clark, 1999), 102.

Evening

Prayers for Hope and Comfort: Reflections, Meditations, and Inspirations, ed. Maggie Oman Shannon (San Francisco: Conari, 2008), 27–8.

August 8

Morning

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 25.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 140.

August 9

Morning

Philaret of Moscow, quoted in *The Catholic Prayer Book from Downside Abbey*, ed. David Foster (Edinburgh: T and T Clark, 1999), 25.

Evening

[[TO COME]]

August 10

Morning

W. J. Carey quoted in Joseph Isaac Brice, *Pentecost* (London: Hodder and Stoughton, 1936), 263.

Evening

The Pocket Book of Prayers, ed. Jim Palmer (Nashville: Thomas Nelson, 2005), 149.

August 11

Morning

“Sunday,” *Letters and Miscellanies of Robert Louis Stevenson* (New York: Charles Scribner’s Sons, 1898), 596.

Evening

Mark Earey, *Producing Your Own Orders of Service* (London: Church House, 2000), 91.

August 12

Morning

Henry Alford, *The Year of Prayer: Being Family* (London: Alexander Strahan, 1867), 43–4.

Evening

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 138.

August 13

Morning

Jeanie Gushee, 2012.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 69.

August 14

Morning

Psalm 108:1–5

Evening

“Evening Prayer—I,” Oremus: A Prayer book for the Old Catholic Priest, The Old Catholic Church of the United States (Lincoln, NE: iUniverse, 2004), 65.

August 15

Morning

Saint Richard of Chichester, quoted in *Catholic Prayer Book*, ed. Jacquelyn Lindsey (Huntington: IL, Our Sunday Visitor, 2003), 103.

Evening

Jim Cotter, *Prayer at Night's Approaching* (Harrisburg, PA: Morehouse, 1997), 76.

August 16

Morning

Dialogue of St. Catherine of Siena, trans. Algar Thorold (1907; New York: Cosimo, 2007), 332–4.

Evening

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August 17

Morning

Dag Hammarskjöld, *Markings*, trans. Leif Sjöberg and W. H. Auden (New York: Ballantine, 1964), 83.

Evening

Saint Frances Xavier Cabrini, quoted in *Catholic Family Prayer Book*, ed. Jacquelyn Lindsey (Huntington: IL, Our Sunday Visitor, 2001), 169.

August 18

Morning

The Book of Catholic Prayers: Prayers for Every Day and All Occasions, ed. Seán Finnegan (Chicago: Loyola, 1998), 525.

Evening

Lancelot Andrewes, *The Devotions of Bishop Andrewes*, trans. and ed. John Henry Newman (New York: Richmond and Co., 1897), 17–8.

August 19

Morning

Psalm 63:1–4.

Evening

[[TO COME]]

August 20

Morning

Saint Thomas More, quoted in *The Book of Catholic Prayers: Prayers for Every Day and All Occasions*, ed. Seán Finnegan (Chicago: Loyola, 1998), 296.

Evening

[[TO COME]]

August 21

Morning

“To Know Thy Will,” *The Prayers of Kierkegaard*, ed. Perry D. LeFevre (Chicago:

University of Chicago, 1956), 37.

Evening

Lancelot Andrewes, quoted in *A Barclay Prayer Book*, ed. William Barclay (Louisville, KY: Westminster John Knox, 2003), 227.

August 22

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 833.

Evening

Sabine Baring-Gould, “Day is Over,” in Charles Seymour Robinson, *Annotations Upon Popular Hymns* (New York: Hunt and Eaton), 93.

August 23

Morning

“The Prayer of Thanksgiving,” *The Book of Hours*,
<http://www.agpeya.org/Vespers/vespers.html> (accessed March 13, 2012).

Evening

“Evening Prayer,” Carmina Gadelica, in *Celtic Devotions: A Guide to Morning and Evening Prayer*, ed. Calvin Miller, (Downers Grove, IL: InterVarsity, 2008), 43.

August 24

Morning

Robert Collyer, quoted in *The Christian Register* 97 (September 19, 1918): 905.

Evening

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August 25

Morning

Abbot of Greve, “For the Beauty of the Universe,” quoted in *Looking for God in All the Right Places: Prayers and Poems to Comfort, Inspire, and Connect Humanity*, ed. June Cotner (Chicago: Loyola, 2004), 188.

Evening

Pierre Talec, quoted in “A Good Old Prayer,” Saint Elizabeth Ann Seton Parish, <http://www.seton-parish.org/faith/GoodOldPrayer.htm#pierre> (accessed March 13, 2012).

August 26

Morning

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Evening

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August 27

Morning

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Evening

William Laud, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 280.

August 28

Morning

Gilbert of Hoyland, “River and Sky,” in June Cotner, *Bedside Prayers* (New York: HarperCollins, 2012), 48.

Evening

The Complete Book of Christian Prayer (London: Continuum, 2000), 327.

August 29

Morning

“A Prayer for Wisdom and Understanding,” quoted by Charles Royden (Intercessions, Putnoe Heights Church, Bedford, England, March 31, 2002), available at http://www.thisischurch.com/prayer_worship/intercession/inter020331.htm (accessed March 13, 2012).

Evening

Saint Catherine of Siena, in *The Pocket Book of Prayers*, ed. Jim Palmer (Nashville: Thomas Nelson, 2005), 330.

August 30

Morning

Basil of Caesarea, quoted in Julie Irwin Zimmerman, *A Spiritual Companion to Infertility*

(Skokie, IL: ACTA, 2009), 116.

Evening

John Greenleaf Whittier, “The Brewing of Soma,” *The Complete Poetical Works of Whittier*, ed. Horace Elisha Scudder (Boston: Houghton, Mifflin and Co., 1891), 450.

August 31

Morning

“Variation on Psalm 23,” quoted in Mary Kathleen Glavich, *The Catholic Companion to the Psalms*, ed. Gregory F. Augustin Pierce (Skokie, IL: ACTA, 2008), 71.

Evening

[[TO COME]]

September 1

Morning

Hildegard of Bingen, “Antiphon for the Holy Spirit,” *Symphonia*, trans. Barbara Newman (Ithaca, NY: Cornell, 1988), 141.

Evening

[[TO COME]]

September 2

Morning

John Baillie, *A Diary of Private Prayer* (New York: Scribner, 1939), 9.

Evening

[[TO COME]]

September 3

Morning

Jacob Boehme, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 67.

Evening

Psalm 63:6–8 *niv*.

September 4

Morning

François Fénelon, *The Complete Fenelon*, ed. Robert Edmonson (Boston: Paraclete, 2008), 207.

Evening

A Shorter Morning and Evening Prayer: The Psalter of the Liturgy of the Hours, ed. John Brook (London: Collins, 1987), 50.

September 5

Morning

The Pocket Book of Prayers, ed. Jim Palmer (Nashville: Thomas Nelson, 2005), 337.

Evening

Acaysha Dolfin, “Night Time Prayers,” *Show Me, Teach Me, Heal Me: A Beginner’s Guide to Natural Answers*, ed. Patricia Behnke (Victoria, Canada: Trafford, 2004), 47.

September 6

Morning

John Wesley, *John and Charles Wesley: Selected Writings and Hymns*, ed. Frank Whaling (Mahwah, NJ: Paulist, 1981), 82.

Evening

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September 7

Morning

John Ross MacDuff, *The Morning Watches* (London: James Nisbet and Co., 1852), 11.

Evening

Chalice Worship, ed. Colbert S. Cartwright (Boston: Chalice, 1997), 20.

September 8

Morning

Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year, ed. Philip Law (New York: Continuum, 2005), 113.

Evening

John Baillie, *A Diary of Private Prayer* (New York: Scribner, 1939), 55.

September 9

Morning

Angela Ashwin, ed., *The Book of a Thousand Prayers* (Grand Rapids, MI: Zondervan),

65–6.

Evening

Augustine, quoted in Regina Brett, *Be the Miracle: 50 Lessons for Making the Impossible Possible* (New York: Hachette, 2012), 135.

September 10

Morning

Seasons of Devotion: 365 Bible Readings and Prayers to Guide You Through the Year, ed. Philip Law (New York: Continuum, 2005), 56.

Evening

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September 11

Morning

“For Family Prayers,” *The Church* 4, no. 4, June 1898, 77.

Evening

“Carmina Gaedelica,” *Celtic Daily Prayer: Prayers and Readings From the Northumbria Community* (New York: HarperCollins, 2002), 364.

September 12

Morning

“A Thanksgiving After the Sermon,” *Prayers and Other Pieces of Thomas Becon*, ed. John Ayre (Cambridge: Cambridge University, 1844), 53.

Evening

All Through the Night: Prayers and Readings from Dusk Till Dawn, ed. Michael Counsell (Louisville, KY: Westminster Knox, 2000), 64–5.

September 13

Morning

Gregory of Nazianzus, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 283.

Evening

Francis of Assisi, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 280.

September 14

Morning

Thomas à Kempis, quoted in *Glimpses of the Divine: A Spiritual Anthology for Use on Every Day of the Year*, ed. Cyril Bulley (Brighton, England: Churchman, 1994), March the Fifth.

Evening

Thomas Paxton, “God of the Glorious Sunshine,” in *International Journal of Religious Education* 12 (1935): 26.

September 15

Morning

John of Cronstadt, quoted in *Journal of Russian Studies* 33 (1977): 51.

Evening

[[TO COME]]

September 16

Morning

Michel Quoist, *Prayers*, trans. Michel Quoist (1954; Landham, MD: Sheed and Ward, 1999), 98.

Evening

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September 17

Morning

Erasmus, quoted in *Canticles of the Earth: Celebrating the Presence of God in Nature*, ed. F. Lynn Bachleda (Chicago: Loyola, 2004), 23.

Evening

Daniel Johnson Fleming, *The World at One in Prayer* (New York: Harper and Brothers, 1942), 76.

September 18

Morning

[[TO COME]]

Evening

[[TO COME]]

September 19

Morning

Christina Rossetti: The Complete Poems, ed. Betty S. Flowers (London: Penguin, 1990), 462.

Evening

James Dillet Freeman, quoted in *Prayers for Healing: 365 Blessings, Poems and Meditations From Around the World*, ed. Maggie Oman (Boston: Conari, 1999), 71.

September 20

Morning

[[TO COME]]

Evening

“Benediction,” *The Treasury of Devotion: A Manual of Prayer for General and Daily Use*, ed. T. T. Carter (London: Rivingtons, 1876), 20.

September 21

Morning

Alan Paton, *Instrument of Thy Peace: The Prayer of St. Francis* (New York: Seabury, 1975), 18.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 70.

September 22

Morning

[[TO COME]]

Evening

Psalm 141:2 **esv**.

September 23

Morning

Saint Thomas Aquinas, “For All Good Things,” quoted in *Catholic Prayer Book*, ed. Jacquelyn Lindsey (Huntington: IL, Our Sunday Visitor, 2003), 109–10.

Evening

The Celtic Way of Prayer: The Recovery of the Religious Imagination, ed. Esther de Waal, (New York: Random House, 1999).

September 24

Morning

David Adam, “Help in Trouble,” *Tides and Season: Modern Prayers in the Celtic Tradition* (London: SPCK, 2010).

Evening

Quoted in David Yount, *Breaking Through God’s Silence: A Guide to Effective Prayer* (New York: Touchstone, 1996), 207.

September 25

Morning

The Prose Works of Thomas Ken, ed. James Thomas Round (London: J. G. and F. Rivington, 1838), 351–2.

Evening

“Phos hilaron,” quoted in M. Olivier Clement, *The Living God: A Catechism for the Christian Faith* (Crestwood, NY: St Vladimir’s Seminary, 1989), 85.

September 26

Morning

Charles H. Spurgeon, *Mornings and Evenings with Spurgeon*, ed. Larry and Marion Pierce (Green Forest, AR: New Leaf, 2010), 15.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 110.

September 27

Morning

David P. Gushee

Evening

“Evening Prayer,” *The Poetical Works of Frances Ridley Havergal* (New York: E. P. Dutton, 1888), 128.

September 28

Morning

“Blessing on a Fisherman,” *Irish Culture and Customs*,

<http://www.irishcultureandcustoms.com/blessings/bless.html> (accessed March 14, 2012).

Evening

Quoted in, Joan M. Nuth, *God's Lovers in an Age of Anxiety: The Medieval English Mystics* (London: Dartman, Longman, and Todd, 2001), 141.

September 29

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 193.

Evening

Celtic Daily Prayer: Prayers and Readings From the Northumbria Community (New York: HarperCollins, 2002), 31–2.

September 30

Morning

John Calvin, quoted in *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 77.

Evening

David Adam, “I Wave a Silence on My Lips,” *Border Lands: The Best of David Adam's Celtic Vision* (Franklin, WI: Sheed and Ward, 1999).

October 1

Morning

Tom Noe, “A Morning Prayer to the Holy Spirit,” quoted in *Prayers of Christian*

Consolation, ed. William G. Storey (Chicago: Loyola, 2008), 165–6.

Evening

“Prayer of a Lay Apostle,” *The New Marian Missal for Daily Mass*, ed. Sylvester P. Juergens (Dublin: Veritas, 1953).

October 2

Morning

[[TO COME]]

Evening

“Another Blessing of a Home,” Paranormal Warriors of St. Michael, <http://www.smg-ri.org/pwsm-ri/Ritual-Prayers/Clergy-Simple-Blessing-Of-A-Home.html> (accessed March 14, 2012).

October 3

Morning

William G. Storey, *Prayers of Christian Consolation* (Chicago: Loyola, 2008), 224.

Evening

A Manual of Eastern Orthodox Prayers (Crestwood, NY: St. Vladimir’s Seminary, 1983), 14.

October 4

Morning

“A Simple Prayer,” *Simple Peace: The Spiritual Life of St. Francis of Assisi*, ed. Bruce

Davis (Lincoln, NE: iUniverse, 2000), 63.

Evening

John XXIII, quoted in *The Rosary Hour: The Private Prayers of Pope John Paul II* (New York: Atria, 1993), 104.

October 5

Morning

“God Guide Me,” *Carmina Gadelica: Hymns and Incantations*, trans. Alexander Carmichael, vol. 1 (Edinburgh: T. and A. Constable, 1900), 33.

Evening

[[TO COME]]

October 6

Morning

Norman Goodacre, *Layman's Lent* (Oxford: Mowbray, 1969).

Evening

William Barclay, *A Book of Everyday Prayers* (New York: Harper and Row, 1959), 31.

October 7

Morning

“The New Year Prayer,” *African Methodist Episcopal Church Hymnal* (Nashville: African Methodist Episcopal Church, 2000), 781.

Evening

“Prayer When One Is to Take Up Abode in a New House,” *Every Eye Beholds You: A World Treasury of Prayer*, Thomas J. Craughwell (New York: Harcourt Brace, 1999), 280.

October 8

Morning

Saint Patrick, ed. William J. Federer (St. Louis, MO: Amerisearch, 2002), 48.

Evening

Francis of Assisi, quoted in *Divine Intimacy*, ed. Gabriel of St. Mary Magdalen, vol. 4 (New York: Ignatius, 1987), 12.

October 9

Morning

[[TO COME]]

Evening

Caedmon, quoted in Julian Willis Abernethy, *English Literature* (New York: Charles E. Merrill, 1916), 19.

October 10

Morning

William G. Storey, *Prayers of Christian Consolation* (Chicago: Loyola, 2008), 195.

Evening

[[TO COME]]

October 11

Morning

Quoted in Philip Zaleski and Paul Kaufman, *Gifts of the Spirit: living the Wisdom of the Great Religious Traditions* (New York: HarperCollins, 1997), 12.

Evening

Ambrose, quoted in Prosper Guéranger, *The Liturgical Year: Advent*, trans. Laurence Shepherd (Worcester: Stanbrook Abbey, 1901), 20–1.

October 12

Morning

John Henry Newman, “Learning Christ,” quoted in Kathleen Flavich, *The Catholic Way to Pray: An Essential Guide for Adults* (New London, CT: Twenty-Third, 2009), 103.

Evening

Jan Struther, “Lord of All Hopefulness,” quoted in Martin Manser, *Best Loved Hymns, Poems, and Readings* (London: HarperCollins, 2010), 110.

October 13

Morning

[[TO COME]]

Evening

[[TO COME]]

October 14

Morning

The Private Devotions of Lancelot Andrews, ed. Edmund Venables (London: Suttaby and Co., 1883), 7.

Evening

“An Evening Visit,” CathWorld,
<http://www.cathworld.org/worlds/light/delapena/prayers5.html> (accessed March 14, 2012).

October 15

Morning

John Baillie, *A Diary of Private Prayer* (New York: Scribner, 1939), 41.

Evening

Ulrich Zwingli, quoted in Gottfried Wilhelm Locher, *Zwingli’s Thought: New Perspectives* (Leiden, Netherlands: Brill, 1981), 28.

October 16

Morning

Martin Luther, *Sermons on the Most Interesting Doctrines of the Gospel* (London: James Duncan, 1830), 389.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 132.

October 17

Morning

[[TO COME]]

Evening

“Act of Consecration to the Holy Spirit,” <http://www.ainglkiss.com/prayers/chs.htm>
(accessed March 14, 2012).

October 18

Morning

[[TO COME]]

Evening

[[TO COME]]

October 19

Morning

Dietrich Bonhoeffer, *Letters and Papers from Prison*, ed. (1953; New York: Touchstone, 1997), 196.

Evening

Jeanie Gushee, 2012.

October 20

Morning

J. Philip Newell, *Celtic Benediction: Morning and Night Prayer* (Grand Rapids, MI: Eerdmans, 2000), 74.

Evening

[[TO COME]]

October 21

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 831.

Evening

Saint Nicholas of Flue, “Prayer of Self-Offering to God,” quoted in Carolyn Thomas, *Reading the Letters of Saint Paul: Study, Reflection, and Prayer* (Mahwah, NJ: Paulist, 2002), 138.

October 22

Morning

[[TO COME]]

Evening

[[TO COME]]

October 23

Morning

E. B. Pusey, quoted at *Anglican Books Revitalized*, http://www.anglicanbooksrevitalized.us/Collects_and_Prayers/parishprs4.htm (accessed March 14, 2012).

Evening

Charles Spurgeon, “Help From on High,” *Spurgeon on Prayer: How to Converse with God* (Alachua, FL: Bridge Logos, 2009), 367.

October 24

Morning

Raïssa Maritain, *Raïssa's Journal*, ed. Jacques Maritain (Baltimore: St. Bedes, 1974), 168.

Evening

Saint Gregory Nazianzen: Selected Poems, ed. John McGuckin (San Jose, CA: SLG, 1986), 7.

October 25

Morning

First Glance at Adrienne von Speyr, ed. Hans Urs von Balthasar (San Francisco: Ignatius, 1981), 195.

Evening

Antiochus, quoted in Brian John Schuettler, *Got Grace?* (Bloomington, IN: AuthorHouse, 2005), 76.

October 26

Morning

Augustine, “For Help to Know God Truly,” quoted in *Chalice Worship*, ed. Colbert S. Cartwright (Boston: Chalice, 1997), 328.

Evening

William Penn, (sermon, Wheeler Street, Philadelphia, April 13, 1694), <http://www.qhpress.org/quakerpages/qhoa/penn1694.htm> (accessed March 14, 2012).

October 27

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 59–60.

Evening

[[TO COME]]

October 28

Morning

Evening

Petrus Herbert, “Now God Be With Us,” trans. Catherine Winkworth (1863), in *The Hymns and Hymn Writers of the Church: An Annotated Edition of the Methodist Hymnal*, ed. Charles S. Nutter and Wilbur F. Tillett (New York: Methodist Book Concern, 1911), 66.

October 29

Morning

“You Have Prepared in Peace the Path,” quoted in *An African Prayer Book*, ed. Desmond Tutu (New York: Random House, 2006), 118.

Evening

Saint Thomas Aquinas, quoted in Joseph P. Christopher, *The Raccolta: Prayers and Devotions Enriched with Indulgences* (Dickeyville, WI: St. Athanasius, 1957), 571.

October 30

Morning

Praying with the Orthodox Tradition, ed. Stepano Parenti, trans. Paula Clifford
(Crestwood, NY: St. Vladimir's Seminary, 1988), 26.

Evening

Psalms 145:1–3 *gnt.*

October 31

Morning

Saint Macarius, “Morning Praise,” quoted in *An African Prayer Book*, ed. Desmond Tutu
(New York: Random House, 2006), 30.

Evening

New Dimensions in Evangelical Thought: Essays in Honor of Millard J. Erickson, ed.
(Chicago: InterVarsity, 1998), 123.

November 1

Morning

The Complete Book of Christian Prayer (London: Continuum, 2000), 425.

Evening

“Antiphon at Lauds,” quoted in Evelyn Birge Vitz, *A Continual Feast: A Cookbook to Celebrate the Joys of Family and Faith* (New York: Harper Row, 1985), 278.

November 2

Morning

The Complete Book of Christian Prayer (London: Continuum, 2000), 425.

Evening

The Parochial Hymn Book (London: Burns and Oates, 1881), 123.

November 3

Morning

“The Trisagion Prayers,” in *The Orthodox Study Bible: Ancient Christianity Speaks to Today’s World* (Nashville: Thomas Nelson, 2008), 1791.

Evening

The Letters of Robert Louis Stevenson to His Family and Friends, ed. Sidney Colvin, vol. 2 (London: Methuen, 1901), 376–7.

November 4

Morning

[[TO COME]]

Evening

Elizabeth Searle Lamb, “Preparation for Prayer,” in June Cotner, *Bedside Prayers* (New York: HarperCollins, 2012), 91.

November 5

Morning

The Works of George Fox: A Collection of Many Select and Christian Epistles, vol. 7 (Philadelphia: Marcus T. C. Gould, 1831), 19.

Evening

Jane Austen, quoted in Irene Collins, *Jane Austen and the Clergy* (London: Hambledon, 2002), 199.

November 6

Morning

Amish Prayers: Heartfelt Expressions of Humility, Gratitude, and Devotion, ed. Beverly Lewis, trans. Katie Polley (Grand Rapids, MI: Bethany House), 22.

Evening

[[TO COME]]

November 7

Morning

“Saint Patrick’s Hymn,” quoted in *Companion to the Spiritual Exercises of Saint Ignatius*, ed. Aloysius Ambrozzi (Whitefish, MT: Kessinger, 2003), 332.

Evening

[[TO COME]]

November 8

Morning

Alistair Maclean, quoted in *Celtic Daily Prayer: Prayers and Readings From the Northumbria Community* (New York: HarperCollins, 2002), 64.

Evening

Irenaeus, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M.

Stewart (Louisville, KY: Westminster John Knox, 2002), 183.

November 9

Morning

[[TO COME]]

Evening

The Charlestown Convent: Its Destruction by a Mob, on the Night of August 11, 1834

(Boston: Patrick Donahoe, 1870), 95.

November 10

Morning

Saint Claude La Colombière, quoted in *Hearts on Fire: Praying with Jesuits*, ed. Michael Harter (Chicago: Loyola, 1993), 33.

Evening

Prayers of Augustine, Villanova University,
<http://www.villanova.edu/mission/spirituality/restlesshearts/prayers.htm> (accessed March 14, 2012).

November 11

Morning

William Shakespeare, *Henry VI, Part II* (Minneapolis: Filiquarian, 2007), 1.1.19–20.

Evening

Francis Xavier Lasance, *With God: A Book of Prayers and Reflections* (New York:

Benziger Brothers, 1911), 576.

November 12

Morning

Percy Dearmer, quoted in *Give Us Grace: An Anthology of Anglican Prayers*, ed.

Christopher L. Weber (Harrisburg, PA: Morehouse, 2004), 344.

Evening

Anne Wadey, quoted in *Celtic Daily Prayer: Prayers and Readings From the Northumbria Community* (New York: HarperCollins, 2002), 295.

November 13

Morning

[[TO COME]]

Evening

John Henry Cardinal Newman, quoted in Mother Teresa, *A Simple Path*, ed. Lucinda Vardey (New York: Ballantine, 1995), 165.

November 14

Morning

Francis de Sales, quoted in *Ignite your Faith: 365 Devotions to Set Your Faith on Fire*, Christianity Today (Grand Rapids, MI: Revell, 2009), 145.

Evening

Lancelot Andrewes, *The Devotions of Bishop Andrewes*, trans. and ed. John Henry

Newman (New York: Richmond and Co., 1897), 20–1.

November 15

Morning

“A Morning or Evening Prayer,” quoted in *Catholic Family Prayer Book*, ed. Jacquelyn Lindsey (Huntington: IL, Our Sunday Visitor, 2001), 90.

Evening

Memoirs of Thomas Chalmers, ed. William Hanna (Edinburgh: Edmonston and Douglas, 1867), 705.

November 16

Morning

James Martineau, *Home Prayers: With Two Services for Public Worship* (London: Longmans, Green and Col, 1892), 2–4.

Evening

Thomas à Kempis, “In a Personal Crisis,” quoted in *Book of Common Worship, Daily Prayer*, Presbyterian Church U.S.A. (New York: Westminster John Knox, 1994), 97.

November 17

Morning

[[TO COME]]

Evening

E. B. Pusey, *Private Prayers*, ed. H. P. Liddon, 2nd ed. (London: Rivingtons, 1884), 39.

November 18

Morning

The Book of Common Prayer of the Protestant Episcopal Church (Boston: Charles Williams, 1811), 279.

Evening

Teresa of Avila, quoted in *At Prayer with the Saints*, ed. Anthony F. Chiffolo (Liguori, MO: Liguori, 1998), 39.

November 19

Morning

Roy B. Zuck, *The Speaker's Quote Book: Over 5,000 Illustrations and Quotations for All Occasions, Revised and Expanded* (Grand Rapids, MI: Kregel, 2009), 407.

Evening

“Prayer V,” *The Rule of the Prayers Before Sleep*, quoted by Duke University Orthodox Christian Student Association, <http://www.duke.edu/web/orthodoxy/liturgics/evening.html> (accessed March 15, 2012).

November 20

Morning

Saint Thomas More, quoted in *Blessed Are You! A Prayerbook for Catholics*, ed. Gwen Costello (Mystic, CT: Twenty-Third, 2003), 100.

Evening

“The Ita Compline,” Northumbria Community,

<http://www.northumbriacommunity.org/pray-the-daily-office/complines/sunday> (accessed March 15, 2012).

November 21

Morning

Matthew Kelly, “The Dynamic Catholic Prayer,” *Rediscover Catholicism: A Spiritual Guide to Living with Passion and Purpose, Study Guide* (Boston: Beacon, 2011), 14.

Evening

Lancelot Andrewes, *The Devotions of Bishop Andrewes*, trans. and ed. John Henry Newman (New York: Richmond and Co., 1897), 41–2.

November 22

Morning

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Evening

“The Concluding Prayer of the Church,” quoted in *The Divine Hours: Prayers for Autumn and Wintertime*, ed. Phyllis Tickle (New York: Random House, 2006), 25.

November 23

Morning

Saint Bonaventure, quoted in *Adoration: Eucharistic Texts and Prayers Throughout Church History*, ed. Daniel Guernsey (San Francisco: Ignatius, 1999), 146.

Evening

Teresa of Avila, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 116.

November 24

Morning

Clean of Heart, ed. Rosemarie Scott (R.A.G.E., 2006), 115.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 185.

November 25

Morning

Clement XI, “Universal Prayer,” quoted in James B. Stenson, *Anchor: God’s Promises of Hope to Parents* (New York: Scepter, 2003), 81.

Evening

Allan Jahsmann, *Little Folded Hands* (St. Louis, MO: Concordia, 1959), #.

November 26

Morning

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Evening

“Prayer,” quoted in *St. Benedict and St. Thérèse: The Little Rule and the Little Way*, ed. Dwight Longenecker (Herefordshire, England: Gracewing, 2002), 166.

November 27

Morning

Maya Angelou, *Celebrations: Rituals of Peace and Prayer* (New York: Random House, 2006), 103–4.

Evening

Augustine, quoted in *Ancient Christian Devotional: A Year of Weekly Readings*, ed. Thomas C. Oden and Cindy Crosby (Downers Grove, IL: InterVarsity, 2009), 25.

November 28

Morning

“After Harvest,” *The Poetical Works of Henry Alford*, 3rd ed. (London: Rivingtons, 1859), 376.

Evening

“Thanksgiving Poem,” *The Collected Works of Paul Laurence Dunbar*, ed. Joanne M. Braxton (1913; Charlottesville: University of Virginia, 1993), 281–2.

November 29

Morning

“Hymn II,” *The Poems of Anna Letitia Barbauld*, ed. William McCarthy and Elizabeth Kraft (Athens: University of Georgia, 1994), 55–6.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 836–7.

November 30

Morning

The Book of Common Prayer of the Episcopal Church, ed. John E. Goodwin (1979; Forgotten Books, 2007), 503.

Evening

Saint Maria Soledad Torres Acosta, “Night Prayer,” quoted in *Praying with the Saints: Making Their Prayers Your Own*, ed. Woodeene Koenig-Bricker (Chicago: Loyola, 2001), 168.

December 1

Morning

John Goter, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 2.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 159.

December 2

Morning

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Evening

[[TO COME]]

December 3

Morning

[[TO COME]]

Evening

Living Liturgy: Spirituality, Celebration, and Catechesis for Sundays and Solemnities, ed.

Joyce Ann Zimmerman, et al. (Collegeville, MN: Order of Saint Benedict, 2010), 4.

December 4

Morning

[[TO COME]]

Evening

William Temple's Teaching, ed. Albert Edward Baker (London: Westminster, 1951), 128.

December 5

Morning

[[TO COME]]

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 212–3.

December 6

Morning

[[TO COME]]

Evening

E. B. Pusey, “At Christmas-tide,” *Private Prayers*, ed. H. P. Liddon, 2nd ed. (London: Rivingtons, 1884), 241–4.

December 7

Morning

Prayers Offered by the Chaplain Reverend Edward Gardiner Latch, vol. 4 (Rockville, MD: Wildside, 2009), 226.

Evening

Henry Nouwen, quoted in *That You Might Believe: Praying Advent with the Gospel of John*, ed. Brother Maynard (Raleigh, NC: lulu.com, 2007), 37.

December 8

Morning

“Closing Prayer,” *A Prayer Book of Catholic Devotions: Praying the Seasons and Feasts of the Church Year*, ed. William George Storey (Chicago: Loyola, 2004), 21.

Evening

Joyce Huggett, *Approaching Christmas: Meditations for Advent* (Oxford: Lion, 1987), #.

December 9

Morning

[[TO COME]]

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 162.

December 10

Morning

A Classic Nativity Devotional: A Collection of Timeless Christmas Readings, ed. James

Stuart Bell (London: Tyndale, 2006), 114.

Evening

“From Heaven Above,” *What Luther Says: An Anthology*, vol. 1 (St. Louis, MO: Concordia, 1959), 157.

December 11

Morning

Charles Wesley, “Come, Though Long Expected Jesus,” in *The Divine Hours: Prayers for Autumn and Wintertime*, ed. Phyllis Tickle (New York: Random House, 2006), 293.

Evening

“Advent Prayer,” *Weekly Reflection*, University of Mary Campus Ministry, <http://www.umary.edu/campusministry/reflection.php> (accessed March 15, 2012).

December 12

Morning

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Evening

[[TO COME]]

December 13

Morning

Mark Neilsen, “Advent Prayer,” quoted in *Christmas Blessings: Prayers and Poems to Celebrate the Season*, ed. June Cotner (New York: Warner, 2002), 51.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 159.

December 14

Morning

John Appleseed, quoted in Judi Buncher, “Advent Prayer,” *A Time for God, Saint Louis University Prayerbook*, <http://slu.edu/prayerbook/page/2/> (accessed March 15, 2012).

Evening

“Destined for Happiness in Jesus!”, *In Christo*, <http://www.inchristo.nl/english/pb03.html> (accessed March 15, 2012).

December 15

Morning

George Weissel, quoted in *Christmastide: Prayers for Advent Through Epiphany from the Divine Hours*, ed. Phyllis Tickle (New York: Galilee, 2003), 39.

Evening

A Prayer Book of Catholic Devotions: Praying the Seasons and Feasts of the Church Year, ed. William George Storey (Chicago: Loyola, 2004), 21.

December 16

Morning

Origen, quoted in J. Robert Baker and Larry J. Nyberg, *A Baptism Sourcebook* (Chicago: Liturgy, 1993), 71.

Evening

Mary Reed Newland, *The Year and Our Children* (New York: P. J. Kenedy, 1956).

December 17

Morning

Karl Barth, *HarperCollins Book of Prayers*, ed. Robert Van de Weyer (Edison, NJ: Castle Books, 1993), 55.

Evening

Pierre Talec, quoted in *Prayers Encircling the World: An International Anthology* (Louisville, KY: Westminster John Knox, 1999), 40.

December 18

Morning

William Breault, quoted in *Hearts on Fire: Praying with Jesuits*, ed. Michael Harter (Chicago: Loyola, 1993), 44–5.

Evening

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December 19

Morning

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Evening

Cyril of Jerusalem, quoted in *The Liturgy of the Hours* (New York: Catholic, 1975), 142–

4.

December 20

Morning

Robert Louis Stevenson, quoted in *The Westminster Collection of Christian Prayers*, ed. Dorothy M. Stewart (Louisville, KY: Westminster John Knox, 2002), 171.

Evening

“Prayer for World Youth Day 2005” (prayer, Cologne, Germany, August 2005).

December 21

Morning

David Adam, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 181.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 160.

December 22

Morning

Ephrem the Syrian, quoted in *A Classic Nativity Devotional: A Collection of Timeless Christmas Readings*, ed. James Stuart Bell (London: Tyndale, 2006), 90.

Evening

Wilhelm IV of Sachsen-Weimar, “Lord Jesus Christ Be Present Now,” trans. Catherine Winkworth (1863), quoted by CyberHymnal.org,

<http://www.cyberhymnal.org/htm/l/j/ljcbpnow.htm> (accessed March 15, 2012).

December 23

Morning

Bernard of Clarivaux, “Prayer for Christmas,” quoted in *Catholic Family Prayer Book*, ed. Jacquelyn Lindsey (Huntington: IL, Our Sunday Visitor, 2001), 116.

Evening

David Silk, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 379.

December 24

Morning

Edward Foley, *A Commentary on the Order of Mass of the Roman Missal* (Collegeville, MN: Pueblo, 2011), 149.

Evening

Frank Colquhoun, quoted in *The Complete Book of Christian Prayer* (London: Continuum, 2000), 376.

December 25

Morning

Christmastide: Prayers for Advent Through Epiphany from the Divine Hours, ed. Phyllis Tickle (New York: Galilee, 2003), 184.

Evening

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December 26

Morning

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 161.

Evening

“Martin Luther’s Christmas Carol,” quoted in *The Christian Witness and Church Members’ Magazine*, ed. John Campbell (London: John Snow, 1861), 43.

December 27

Morning

A Journal of a Soul: The Autobiography of Pope John XXIII (London: Image, 1980), 413.

Evening

The Book of Common Prayer, 1979 ed. (Oxford: Oxford University, 2005), 212.

December 28

Morning

Robert Louis Stevenson, “A Christmas Prayer,” quoted in *Christmas Blessings: Prayers and Poems to Celebrate the Season*, ed. June Cotner (New York: Warner, 2002), 60.

Evening

Pope Paul VI, “Prayer for Peace #3,” Catholic Doors,
<http://www.catholicdoors.com/prayers/english/p02230c.htm> (accessed March 15, 2012).

December 29

Morning

The Visions, Revelations, and Teachings of Angela of Foligno, ed. Margaret Gallyon (Brighton, England: Alpha, 2000), 129.

Evening

Lutheran Book of Worship Inter-Lutheran Commission on Worship (Minneapolis: Augsburg, 1978), [[pg. #]].

December 30

Morning

The Complete Book of Christian Prayer (London: Continuum, 2000), 379.

Evening

“An Act of Thanksgiving for the Blessings of the Past Year,” Catholic Online, <http://www.catholic.org/prayers/prayer.php?p=1078> (accessed March 15, 2012).

December 31

Morning

Francis Brien, quoted in *Prayers Encircling the World: An International Anthology* (Louisville, KY: Westminster John Knox, 1999), 161.

Evening

Dag Hammarskjöld, *Markings*, trans. Leif Sjöberg and W. H. Auden (New York: Ballantine, 1964), 74.

About the Editors

Jeanie Gushee, a published poet with a BA in English literature from the College of William and Mary, has been collecting prayers for her own morning and evening devotional experiences. She felt that her personal prayers often lacked the depth, beauty, unselfishness, and breadth she wished for. After filling multiple notebooks with prayers over the course of seven years, she realized she could help others by turning these prayers into a devotional book.

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David Gushee, PhD, received his doctorate from Union Theological Seminary, New York, and is a well-known Christian ethicist, serving as Distinguished University Professor of Christian Ethics and Director of the Center for Theology and Public Life at Mercer University. He is the author of twelve published books and numerous essays, book chapters, articles, reviews, and opinion pieces focusing primarily on controversial moral and public policy issues. His published works include coauthor of the award-winning *Kingdom Ethics*, as well as author of *Righteous Gentiles of the Holocaust*, *Getting Marriage Right*, and *Only Human*. He is regularly quoted in major national media, including the *New York Times*, *Washington Post*, and *Wall Street Journal*. David is a columnist for the *Huffington Post*, *Washington Post*, and *Associated Baptist Press*; a regular contributor to the editorial page of *USA Today*; and a contributing editor for *Christianity Today*.

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